

**AMA CHAMPIONSHIP RECORDS as at 3 May 2011**

\* indicates 2010 changes

\*\*also Aust Record

AGE	N A M E	STATE	TIME	YEAR	AGE	N A M E	STATE	TIME	YEAR
<b>60 METRES</b>				<b>MEN</b>					
* M30	**ROBERT VIDLER	VIC	6.96s	2011	* W30	**FIONA CULLEN	QLD	7.95s	2011
* M35	**LEIGH PHELAN	VIC	7.25s	2011	W35	RANEL HOBSON	NSW	8.05s	2008
* M40	KRIS WARDECKI	NSW	7.39s	2011	W40	**GIANNA MOGENTALE	NSW	7.86s	2007
M45	DARREN HUGHES	NSW	7.57s	2009	* W45	**JULIE BRIMS	QLD	7.75s	2011
M50	LEO KENNEDY	ACT	7.71s	2008	* W50	**MARIE KAY	QLD	8.54s	2011
* M55	GARRY RALSTON	WA	7.85s	2011	W55	LYNNE CHOATE	WA	9.04s	2009
M60	KEITH HOWDEN	VIC	8.13s	2009	* W60	WENDY SHEAVES-DORAN	QLD	9.25s	2011
M65	**ROB MCDONALD	QLD	8.10s	2010	W65	**PEGGY MACLIVER	WA	9.43s	2010
* M70	**GLEN WILSON	QLD	8.41s	2011	W70	ANNETTE HORSNELL	QLD	10.00s	2008
* M75	**HUGH COOGAN	QLD	8.92s	2011	W75	ANN COOPER	SA	10.23s	2007
* M80	LEO COFFEY	VIC	9.83s	2011	W80	**GWENDOLIN GLEESON	ACT	13.22s	2009
* M85	JAMES SINCLAIR	VIC	11.04s	2011					
<b>100 METRES</b>				<b>100 METRES</b>					
* M30	ROBERT VIDLER	VIC	11.05s	2011	W30	LORRAINE GRAINGER	NSW	12.31s	1981
M35	JOHN DUBLEWICZ	NSW	10.9s	1991	W35	D. IRWIN	VIC	12.44s	1981
M40	REG AUSTIN	NSW	11.12s	1981	W40	GIANNA MOGENTALE	NSW	12.37s	2007
M45	HAL THOMAS	SA	11.56s	1981	* W45	JULIE BRIMS	QLD	12.55s	2011
M50	**LLOYD SNELLING	SA	11.56s	1981	* W50	**JULIE FORSTER	NSW	12.64s	2011
M55	HAL THOMAS	SA	11.63s	1992	W55	LYNNE CHOATE	WA	13.99s	2010
M60	**BERNIE HOGAN	QLD	12.15s	1981	W60	**ANN COOPER	SA	14.40s	1990
M65	JOHN COOPER	QLD	12.68s	2006	W65	DAPHNE PIRIE	QLD	14.7s	1987
M70	HUGH COOGAN	QLD	13.37s	2006	W70	ANNETTE HORSNELL	QLD	16.14s	2008
* M75	**HUGH COOGAN	QLD	14.19s	2011	W75	**ANN COOPER	SA	16.09s	2005
* M80	**LEO COFFEY	VIC	15.27s	2011	W80	RUTH FRITH	NSW	20.2s	1990
* M85	JAMES SINCLAIR	VIC	17.68s	2011	W85	MARGARET PROWSE	VIC	34.60s	2006
M90	BILL EMPEY	NSW	24.1s	1986					
<b>200 METRES</b>				<b>200 METRES</b>					
M30	**MARK ROSENBERG	NSW	22.13s	1994	W30	MELISSA MEDLICOTT	NSW	24.74s	1999
M35	KEVIN SILVER	QLD	22.29s	1987	W35	MELISSA MEDLICOTT	NSW	25.43s	2006
M40	BRENDON WILSON	SA	22.54s	1983	W40	JULIE BRIMS	QLD	25.14s	2008
M45	REG AUSTIN	NSW	22.6s	1984	* W45	**JULIE BRIMS	VIC	25.21s	2011
M50	**REG AUSTIN	NSW	23.1s	1987	W50	**MARGE ALLISON	NSW	26.4s	1995

M55	REG AUSTIN	NSW	24.26	1994	W55	WENDY SHEAVES DORAN	QLD	28.64s	2005
M60	REG AUSTIN	NSW	24.93s	1999	W60	**ANN COOPER	SA	29.8s	1991
M65	JOHN COOPER	QLD	26.17s	2004 *	W65	**MARGE ALLISON	QLD	31.40s	2011
M70	HUGH COOGAN	QLD	27.46s	2006	W70	ANN COOPER	SA	33.81s	2002
* M75	**HUGH COOGAN	QLD	28.83s	2011	W75	ANN COOPER	SA	34.72s	2005
M80	**MIKE JOHNSTON	VIC	31.82s	2002	W80	SHIRLEY BRASHER	TAS	49.20s	2008
M85	HARRY GATHERCOLE	QLD	36.78	1993	W85	MARGARET PROWSE	VIC	77.10s	2006
M90	ALEX PITTENDRICH	QLD	46.24	1998					
	<b>400 METRES</b>					<b>400 METRES</b>			
M30	**MARK ROSENBERG	NSW	48.35s	1994	W30	**GLENDA DOUGLASS	NSW	55.5s	1996
M35	ROBERT MCCUBBIN	VIC	49.46s	2002	W35	MARIE KAY	NSW	57.41s	1999
M40	**ROBERT MCCUBBIN	VIC	49.33s	2004	W40	JUDY POLLOCK	VIC	57.0s	1983
M45	S. HAYWOOD	NSW	52.6s	1993	W45	BARBARA BLURTON	VIC	58.6s	1996
M50	LLOYD SNELLING	SA	52.5s	1981	W50	MARGE ALLISON	NSW	59.5s	1995
M55	STUART HAYWARD	NSW	55.11s	2005	W55	BARBARA BLURTON	WA	64.68s	2005
M60	**PETER CROMBIE	NSW	56.85s	2005	W60	MARGE ALLISON	NSW	67.37s	2005
M65	COLIN BUYERS	QLD	59.85s	2009 *	W65	MARGE ALLISON	QLD	72.23s	2011
M70	HUGH COOGAN	QLD	62.17s	2006	W70	MIRIAM CUDMORE	SA	84.63s	2008
* M75	HUGH COOGAN	QLD	66.91s	2011	W75	HELEN AGOSTINI	SA	104m 34s	2002
M80	**MIKE JOHNSTON	VIC	72.85s	2002	W80	**SHIRLEY BRASHER	TAS	2m 06.15s	2009
M85	HARRY GATHERCOLE	QLD	93.5s	1993	W85	**MARGARET PROWSE	VIC	2m 51.21s	2006
M90	ALEX PITTENDRICH	QLD	1m 57.78s	1997					
	<b>800 METRES</b>					<b>800 METRES</b>			
M30	**PAUL SCHNYDER	VIC	1m 55.40s	1997	W30	DEBBIE LANGE	SA	2m 14.3s	1986
M35	PETER TIPPET	SA	1m 54.8s	1986	W35	ANNE HOLCOMBE	VIC	2m 14.2s	1986
M40	ROBERT MCCUBBIN	VIC	1m 55.88s	2004	W40	**SUZY COLE	TAS	2m 10.48s	2010
M45	KEITH WHEELER	WA	2m 00.0s	1989	W45	BARBARA BLURTON	VIC	2m 17.2s	1996
* M45	ROBERT SCHWERKOLT	VIC	2m 00.00s	2011	W50	JENNY FLYNN	QLD	2m 18.07s	2005
M50	TOM ROBERTS	VIC	2m 00.7s	1984	W55	BARBARA BLURTON	WA	2m 31.66s	2005
M55	PAUL CRITCHLEY	NSW	2m 06.55s	1998	W60	JAN MORREY	VIC	2m 41.20s	2003
M60	DAVID CARR	WA	2m 16.28s	1993	W65	ANNE STOBAUS	VIC	3m 00.09s	2010
M65	ALAN BRADFORD	QLD	2m 22.15s	2004	W70	**SHIRLEY BRASHER	TAS	3m 23.89s	1997
M70	DAVID CARR	WA	2m 29.64s	2004	W75	HELEN AGOSTINI	SA	4m 05.10s	2002
M75	DAVID CARR	WA	2m 38.5s	2009	W80	SHIRLEY BRASHER	TAS	4m 46.97s	2007
M80	MIKE JOHNSTON	VIC	3m 10.00s	2002	W85	**MARGARET PROWSE	VIC	6m 35.91s	2006

M85	KEN MATCHETT	VIC	4m 23.94s	2007					
M90	**ALEX PITTENDRICH	QLD	4m 28.2s	1997					
<b>1500 METRES</b>					<b>1500 METRES</b>				
M30	BRENDAN GRAY	QLD	4m 06.17s	2004	W30	T. BELL	NSW	4m 43s	1983
M35	ALBIE THOMAS	NSW	3m 58.5s	1974	W35	MARCIA SHEER	SA	4m 30.16s	1993
M40	**ALBIE THOMAS	NSW	3m 55.4s	1975	W40	**DOT BROWNE	VIC	4m 31.8s	1983
M45	**KEITH WHEELER	WA	4m 02.1s	1989	W45	DOT BROWNE	VIC	4m 47.7s	1986
M50	RON YOUNG	VIC	4m 20.95s	1981	W50	JENNY FLYNN	QLD	4m 49.04s	2004
M55	JACK RYAN	VIC	4m 27.2s	1982	W55	JEAN ALBURY	VIC	5m 15.7s	1985
M60	BERT CARSE	WA	4m 40.11s	2002	W60	JEAN ALBURY	VIC	5m 36s	1990
* M65	DONALD MATHEWSON	NSW	4m 51.60s	2011 *	W65	LAVINIA PETRIE	VIC	6m 00.40s	2011
M70	JOHN GILMOUR	WA	5m 10.2s	1991 *	W70	**LORRAINE LOPES	WA	6m 38.71s	2011
M75	RANDALL HUGHES	VIC	5m 32.09s	1999	W75	HELEN AGOSTINI	SA	8m 06.78s	2002
M80	**BOB LEWIS	VIC	6m 34.57s	2008	W80	**SHIRLEY BRASHER	TAS	9m 34.52s	2007
M85	KEN MATCHETT	VIC	8m 51.48s	2007					
M90	ALEX PITTENDRICH	QLD	11m 04.39s	1998					
<b>5000 METRES</b>					<b>5000 METRES</b>				
M30	PAUL WILSON	VIC	15m 08.60s	2002	W30	BILLINDA SCHIPP	NSW	17m 03.13s	2008
M35	**GARY HAND	ACT	14m 36.8s	1985	W35	MARCIA SHEER	SA	16m 42.74s	1994
M40	ALBIE THOMAS	NSW	14m 50.8s	1975	W40	GLENDA BANAGHAN	QLD	17m 05.51s	2007
M45	DAVE POWER	NSW	15m 33.6s	1975	W45	**DOT BROWNE	VIC	17m 33.3s	1986
M50	JIM LANGFORD	WA	16m 02.7s	1996	W50	**BRONWEN CARDY	VIC	17m 44.75s	2002
M55	JOHN GILMOUR	WA	16m 28.3s	1975	W55	BRONWEN CARDY	VIC	18m 52.64s	2007
M60	JOHN GILMOUR	WA	16m 38.3s	1982	W60	LAVINIA PETRIE	VIC	19m 58.73s	2004
M65	JOHN GILMOUR	WA	17m 44.4s	1986	W65	LAVINIA PETRIE	VIC	21m 09.72s	2010
M70	JOHN GILMOUR	WA	18m 47.0s	1990	W70	**SHIRLEY YOUNG	VIC	23m 21.4s	2000
M75	**RANDALL HUGHES	VIC	20m 18.04s	1999	W75	**SHIRLEY YOUNG	VIC	27m 56.65s	2005
M80	BILL BURRIDGE	NSW	24m 39.08s	2006					
M85	**PETER BROWNBILL	VIC	29m 24.79s	2004					
<b>10,000 METRES</b>					<b>10,000 METRES</b>				
M30	PAUL WILSON	VIC	31m 50.16s	2002	W30	**BILLINDA SCHIPP	NSW	35m 07.4s	2008
M35	**ERIC COYLE	TAS	29m 58.6s	1985	W35	DESIREE LETHERBY	SA	35m 39s	1983
M40	STEVE AUSTIN	VIC	30m 23.18s	1992	W40	DOT BROWNE	VIC	35m 41s	1983
M45	DAVE POWER	NSW	32m 10s	1974	W45	**BRONWEN CARDY	VIC	36m 06.26s	2001
M50	ALAN BRADFORD	QLD	33m 25.8s	1991	W50	THERESIA BAIRD	VIC	38m 00.32s	1992

M55	JOHN GILMOUR	WA	34m 19s	1976	W55	**BRONWEN CARDY	VIC	37m 50.93	2007
M60	JOHN GILMOUR	WA	35m 10s	1980	W60	LAVINIA PETRIE	VIC	42m 06.09s	2004
M65	PETER SANDERY	SA	37m 40.41	2007	W65	LAVINIA PETRIE	VIC	44m 07.82s	2010
M70	JOHN GILMOUR	WA	39m 49s	1990	W70	**SHIRLEY YOUNG	VIC	49m 30.43s	2000
M75	**RANDALL HUGHES	VIC	43m 05.41s	2000	W75	SHIRLEY YOUNG	VIC	59m 06.37s	2005
M80	**BILL BURRIDGE	NSW	50m 23.45s	2006					
M85	**KEN MATCHETT	VIC	60m 52.92s	2007					

### MARATHON

M30	STEVE EVANS	?	2h 27m 25s	1995
M35	GARRY HAND	ACT	2h 23m 38s	1985
M40	**GARRY HAND	ACT	2h 19m 00s	1987
M45	BILL RAIMOND	NSW	2h 29m 07s	1982
M50	TONY LARKUM	NSW	2h 36m 30s	1991
M55	JOHN GILMOUR	WA	2h 40m 56s	1978
M60	COLIN MCLEOD	QLD	2h 47m 22s	1999
M65	**COLIN MCLEOD	QLD	2h 54m 41s	2003
M70	COLIN MCLEOD	QLD	3h 04m 07s	2006
M75	RANDALL HUGHES	VIC	3h 40m 47s	1999
M80	KEN MATCHETT	VIC	5h 17m 41s	2003
M85	KEN MATCHETT	VIC	5h 25m 19s	2007

### 3000 METRES STEEPLECHASE

M30	BRENDAN GRAY	QLD	10m 05.24s	2004
M35	JEFF BRODERICK	VIC	9m 13s	1991
M40	DOUG WORLING	QLD	9m 31.6s	1975
M45	DOUG WORLING	QLD	9m 50.66s	1981
M50	ALAN BRADFORD	QLD	10m 15.1s	1991
M55	ALAN BRADFORD	QLD	10m 29.16s	1994

### 2 km STEEPLECHASE

M60	ALAN BRADFORD	QLD	7m 05.51s	1999*
M65	ALAN BRADFORD	QLD	7m 28.46s	2004
M70	**ALAN BRADFORD	QLD	8m 20.95s	2009
M75	**DAVID CARR	WA	8m 56.59s	2008
M80	EDDIE GAMBLE	VIC	12m 25.0s	1997
M85	**KEN MATCHETT	VIC	13m 23.05s	2007

### 110 METRES HURDLES .991m/3'3"

### MARATHON

W30	CAROL EY	ACT	2h 50m 29s	1992
W35	SUSAN HOBSON	ACT	2h 32m 57s	1994
W40	JOANNE COWAN	NSW	2h 44m 16s	1997
W45	BEV LUCAS	SA	2h 43m 45s	1995
W50	BEV LUCAS	SA	2h 49m 42s	1997
W55	JANET UPCHER	TAS	3h 18m 09s	2002
W60	MARIE O'DONOVAN	NSW	3h 20m 28s	1993
W65	CAROLINE CAMPBELL	ACT	4h 32m 32s	2008
W70	NORMA WALLETT	NSW	4h 57m 44s	2001
W75	NORMA WALLETT	NSW	5h 29m 40s	2006

### 2 km STEEPLECHASE

W30	MARY FIEN	NSW	7m 24.74s	2007
W35	MARY FIEN	NSW	7m 33.68s	2009
W40	ELAINE COOPER	ACT	7m 17.61s	2001
W45	ANTOINETTE SHAW	WA	8m 05.4s	1996
W50	JANUS WRIGHT	VIC	8m 34.25s	2001
W55	**ANTOINETTE SHAW	WA	8m 23.96s	2003
W60	HEATHER CARR	VIC	9m 55.59s	2010
W65	**ANNE LANG	SA	10m 45.45s	2011
W70	**SHIRLEY BRASHER	TAS	11m 24.25s	2000

### 100 METRES HURDLES

### .840m/2'9"

M30	TERRY BALDWIN	VIC	15.78s	1994	W30	EILEEN HINDLE	WA	14.67s	1983
M35	**TERRY BALDWIN	VIC	15.10s	1998	W35	EILEEN HINDLE	WA	14.7s	1984
M40	CONRAD BURGE	ACT	15.5s	1991		<b>80 METRES HURDLES</b>		<b>.762m/2'6"</b>	
M45	**HARRY GILES	QLD	15.5s	1990	W40	EILEEN HINDLE	WA	11.8s	1989
	<b>100 METRES HURDLES</b>		<b>.914m/3'</b>		W45	MARIE KAY	QLD	12.72s	2007
M50	MICK STEVENSON	TAS	15.2s	1991 *	W50	**SALLY STAGLES	NSW	12.86s	2011
M55	**HARRY GILES	QLD	15.42s	1994	W55	BRENDA PARKINSON	SA	14.53s	1994
	<b>100 METRES HURDLES</b>		<b>.840m/2'9"</b>			<b>80 METRES HURDLES</b>		<b>.686m/2'3" from 2000</b>	
M60	HARRY GILES	QLD	16.68s	2005 *	W60	MARGARET TAYLOR	ACT	14.63s	2011
M65	MICK STEVENSON	TAS	16.95s	2007	W65	JUDITH KNIGHT	NSW	18.78s	1994
	<b>80 METRES HURDLES</b>		<b>.762m/2'6"</b>		W70	ANNA ZEITZEN-VANDERBURG	VIC	22.27s	2005
* M70	**MICK STEVENSON	TAS	14.13s	2011					
M75	**FRED O'CONNOR	NSW	15.78s	1999					
M80	**FRED O'CONNOR	NSW	18.64s	2005					
M85	STAN STANKOVIC	VIC	34.62s	2008					
	<b>400 METRES HURDLES</b>		<b>.914m/3'</b>			<b>400 METRES HURDLES</b>		<b>.762m/2'6"</b>	
* M30	STEPHEN RAE	TAS	55.72s	2011	W30	**GLENDA DOUGLASS	NSW	61.6s	1996
M35	HARRYGILES	QLD	56.09s	1981	W35	JULIE BRIMS	QLD	66.51s	2005
M40	HARRYGILES	QLD	56.73s	1988	W40	STACEY QUITZAU	NSW	64.97s	2001
M45	HARRYGILES	QLD	58.8s	1990	W45	**JAN HYNES	QLD	64.09s	1994
	JOHN MOLLOY	WA	58.8s	1996		<b>300 METRES HURDLES</b>		<b>.762m/2'6"</b>	
	<b>400 METRES HURDLES</b>		<b>.840m/2'9"</b>		* W50	MICHELE HOSSACK	VIC	53.79s	2011
M50	HARRY GILES	QLD	62.14s	1994	W55	SUSAN HANEK	TAS	58.1s	1999
M55	**RICHARD TREMBATH	VIC	62.60s	1999		<b>300 METRES HURDLES</b>		<b>.686m/2'3" from 2000</b>	
	<b>300 METRES HURDLES</b>		<b>.762m/2'6"</b>		W60	MARGE ALLISON	NSW	54.87s	2005
M60	RICHARD TREMBATH	VIC	45.24s	2003	W65	**FRANCES HARRIS	ACT	67.37s	2007
M65	FRED O'CONNOR	NSW	50.7s	1990					
	<b>300 METRES HURDLES</b>		<b>.686m/2'3" from 2000</b>						
M70	FRED O'CONNOR	NSW	53.51s	1994					
M75	JACK THACKRAY	ACT	59.68s	2007					
M80	**FRED O'CONNOR	NSW	66.33s	2004					
	<b>300 METRES HURDLES</b>		<b>.686m/2'3"</b>						
* M80	RAD LEOVIC	ACT	63.25s	2011					
	<b>1500m TRACK WALK</b>					<b>1500m TRACK WALK</b>			
* M30	PAUL CROTHERS	QLD	11m 26.83s	2011	W30	JUSTIJANA ROSEMAN	VIC	7m 58.30s	2010

M35	unclaimed				W35	KYLIE IRSHAD	VIC	6m 54.84s	2010
* M40	JAMES SEID-CHRISTMASS	VIC	6m 32.56s	2011	* W40	LYNETTE SMITH	NSW	8m 03.81s	2011
* M45	GARRY HASTIE	WA	6m 35.60s	2011	* W45	ANN STAUNTON-JUGOVIC	ACT	7m 26.45s	2011
* M50	MARK DONAHO	VIC	6m 41.86s	2011	W50	PAM TINDAL	VIC	7m 04.54s	2010
* M55	PETER BENNETT	QLD	6m 48.21s	2011	* W55	BARBARA BRYANT	VIC	8m 23.75s	2011
* M60	ANDREW JAMIESON	VIC	7m 14.91s	2011	W60	HEATHER CARR	VIC	7m 21.20s	2010
* M65	RUSSELL DICKENSON	VIC	7m 37.19s	2011	W65	GWEN STEED	VIC	8m 47.79s	2010
* M70	TONY JOHNSON	VIC	8m 45.13s	2011	* W70	MARGARET BEAUMONT	VIC	12m 25s	2011
* M75	OSMO MILLRIDGE	NSW	10m 04.16s	2011	W75	SYLVIA BYERS	WA	10m 57.92s	2010
M80	COLIN HAINSWORTH	SA	10m 12.73s	2010	* W80	CHRISTIANE DAUPHINET	QLD	11m 32.7s	2011
* M85	DICK KEATINGE	QLD	12m 23.29s	2011					
M90	**PETER KENNEDY	WA	16m 11.60s						
<b>5km TRACK WALK</b>					<b>5km TRACK WALK</b>				
M 30	IGNACIO JIMENEZ	QLD	22m 55.1s	1995	W30	MIRIAM HARDING	ACT	25m 46.9s	1988
M 35	DAVID SMITH	QLD	20m 43.8s	1995	W35	LISA PAOLINI	NSW	23m 46s	2001
M 40	DAVID SMITH	QLD	21m 26.18s	1998	W40	LYN VENTRIS	WA	23m 55.5s	2001
M 45	JOHN SMITH	NSW	22m 32s	1984	W45	LYN VENTRIS	WA	23m 51.03s	2006
M 50	ANDREW JAMIESON	VIC	23m 15.65s	1999	W50	**LYN VENTRIS	WA	23m 37.78s	2007
M 55	BOB GARDINER	VIC	23m 40.1s	1991	W55	HEATHER CARR	VIC	26m 01.40s	2007
M 60	ANDREW JAMIESON	VIC	23m 40.81s	2009	W60	**HEATHER CARR	VIC	26m 29.26s	2010
M 65	THEO ORR	VIC	25m 47.04s	1987	W65	BRENDA RILEY	VIC	27m 51.04s	2006
M 70	**TOM DAINTRY	VIC	27m 01.8s	1982	W70	**JEAN ALBURY	TAS	29m 42.75s	2000
M 75	TOM DAINTRY	VIC	28m 43.86s	1987	W75	JEAN ALBURY	VIC	35m 31.62s	2007
M 80	TOM DAINTRY	VIC	30m 42.80s	1992	W80	NANCE JEFFREYS	VIC	39m 04s	1990
M 85	**GUS THEOBALD	VIC	33m 14.2s	1982	* W80	CHRISTIANE DAUPHINET	QLD	39m 04.68s	2011
M 90	**GUS THEOBALD	VIC	35m 10s	1987					
<b>10km ROAD WALK (Best times, not records)</b>					<b>10 KM ROAD WALK (Best times, not records)</b>				
M30	ADAM PATTERSON	VIC	1h 07m 06s	2007	W30	LORRAINE JACHNO	ACT	47m 39s	1991
M35	unclaimed				W35	LISA PAOLINI	NSW	49m 49s	2001
M40	ROB MCFADDEN	SA	53m 17s	2007	W40	**LYN VENTRIS	WA	47m 25s	2001
* M45	IGNACIO JIMENEZ	QLD	49m 27s	2011	W45	LYN VENTRIS	WA	48m 34s	2006
M50	MARK DONAHO	VIC	50m 38.3s	2010	W50	**LYN VENTRIS	WA	48m 27s	2007
* M55	COLIN HEYWOOD	ACT	50m 17s	2011	W55	HEATHER CARR	VIC	54m 33m	2007
* M60	ANDREW JAMIESON	VIC	50m 02s	2011	W60	**HEATHER CARR	VIC	54m 12s	2010
* M65	RUSSELL DICKENSON	VIC	57m 05s	2011	W65	BRENDA RILEY	VIC	56m 53s	2006

M70	MURRAY DICKINSON	VIC	59m 34s	2009	W70	**JEAN ALBURY	TAS	62m 31s	2000
M75	RICHARD LYNCH	QLD	1h 05m 41s	2004	W75	LORNA THOMPSON	QLD	74m 53s	2005
M80	RICHARD KEATINGE	QLD	1h 11m 10.5	2003		CHRISTIANE DAUPHINET	QLD	74m 53s	2007
M85	RICHARD KEATINGE	QLD	1h 20m 12s	2009	W80	NANCE JEFFREYS	VIC	77m 35s	1990
<b>20km ROAD WALK (Best times, not records)</b>					<b>20km ROAD WALK (Best times, not records)</b>				
M30	RICHARD EVERSON	SA	1h 42m 44s	1998		unclaimed			
M35	CHRIS LOCKWOOD	NSW	1h 37m 03s	2001		unclaimed			
M40	GEORGE WHITE	VIC	1h 37m 53s	1990	W40	ANNETTE MAJOR	VIC	2hv 08m 27s	2007
M45	JOHN SMITH	NSW	1h 37m 16s	1984		unclaimed			
M50	ANDREW JAMIESON	VIC	1h 38m 58s	1997	W50	BARBARA BRYANT	VIC	1h 59m 04s	2007
M55	ANDREW JAMIESON	VIC	1h 39m 44s	2006		unclaimed			
M60	ANDREW JAMIESON	VIC	1h 38m 18s	2007		unclaimed			
M65	MURRAY DICKINSON	VIC	1h 56m 09s	2004	W65	JOAN PURCELL	NSW	2h 34m 56s	2008
M70	**TOM DAINTRY	VIC	2h 00m 16.1	1985	W70	MARGARET BEAUMONT	VIC	2h 45m 11s	2008
M75	TOM DAINTRY	VIC	2h 06m 40s	1987					
M80	A. WARBURTON	VIC	2h 58m 57s	1988					
M85	GUS THEOBALD	VIC	2h 28m 24s	1983					
M90	**GUS THEOBALD	VIC	2h 34m 01s	1987					
<b>HIGH JUMP</b>					<b>HIGH JUMP</b>				
M30	TERRY BALDWIN	VIC	1.90m	1994	W30	**LYNETTE SMITH	NSW	1.66m	2005
M35	CLAYTON TOMPKINS	NSW	1.85m	1988	W35	LYNETTE SMITH	NSW	1.59m	2010
M40	**GRAEME MORRISH	VIC	1.95m	1982	W40	DEANN MAYFIELD	QLD	1.70m	2005
* M45	BEN DICKSON	QLD	1.78m	2011	W45	MARGARET TAYLOR	ACT	1.45m	1997
M50	JOHN HUNT	ACT	1.74m	1992 *		DEANN MAYFIELD	QLD	1.45m	2011
M55	JOHN HUNT	ACT	1.68m	1997	W50	**MARIE KAY	QLD	1.45m	2010
	CLAYTON TOMPKINS	NSW	1.68m	2008	W55	**MARGARET TAYLOR	ACT	1.35m	2003
M60	TOM HANCOCK	VIC	1.52m	1997	W60	MARGARET TAYLOR	ACT	1.27m	2010
M65	GORDON GOURLAY	VIC	1.43m	1994	W65	GWEN DAVIDSON	VIC	1.18m	1988
M70	**ALAN ROLFE	QLD	1.41m	1999	W70	**GWEN DAVIDSON	VIC	1.16m	1993
M75	**GORDON GOURLAY	VIC	1.33m	2005	W75	GWEN DAVIDSON	VIC	1.05m	2001
M80	VIC YOUNGER	QLD	1.17m	1994					
M85	VIC YOUNGER	QLD	1.05m	1998					
M90	**VIC YOUNGER	VIC	0.95m	2004					
<b>LONG JUMP</b>					<b>LONG JUMP</b>				
M30	TERRY BALDWIN	VIC	6.46m	1994	W30	EILEN HINDLE	WA	5.55m	1982

M35	CLAYTON TOMPKINS	NSW	6.73m	1986	W35	EILEEN HINDLE	WA	5.71m	1987
M40	RUSSELL SARAH	VIC	6.57m	1986	W40	HELEN SEARLE	NSW	5.59m	1983
M45	P. VALLANCE	NSW	6.26m	1991	W45	MARIE KAY	NSW	5.21m	2006
M50	GRAHAM TAYLOR	ACT	5.76m	1997	W50	**MARIE KAY	QLD	5.41m	2010
M55	DON FRASER	ACT	5.69m	1994	W55	**MARGARET TAYLOR	ACT	4.57m	2003
M60	DON FRASER	ACT	5.27m	1999 *	W60	MARGARET TAYLOR	ACT	4.36m	2011
M65	GRAEME NODEN	VIC	5.01m	2003	W65	PAT CARR	WA	3.68m	1998
M70	DAVID CLIVE	WA	4.57m	2009	W70	PAT CARR	WA	3.46m	2003
M75	**FRED O'CONNOR	NSW	4.12m	1999	W75	PAT CARR	WA	2.99m	2007
M80	**FRED O'CONNOR	NSW	3.60m	2004	W80	RUTH FRITH	NSW	2.14m	1990
* M85	MAURICE DAUPHINET	QLD	2.98m	2011					
M90	ALEX PITTENDRICH	QLD	2.14m	1998					
	<b>TRIPLE JUMP</b>					<b>TRIPLE JUMP</b>			
M30	ROGER GROPP	VIC	13.10m	1997	W30	**MAREE BUGEJA	QLD	11.68m	2006
M35	CLAYTON TOMPKINS	NSW	14.19m	1988	W35	EILEEN HINDLE	WA	11.31m	1987
M40	DEREK BOOSEY	QLD	14.01m	1987	W40	JULIE BRIMS	QLD	11.17m	2007
M45	GRAEME ANNAND	VIC	12.53m	1983	W45	MARGARET TAYLOR	ACT	10.74m	1995
M50	MURRAY TOLBERT	WA	12.12m	1996	W50	MARGARET TAYLOR	ACT	10.45m	2000
M55	KEN McCONNELL	TAS	12.19m	1980	W55	**MARGARET TAYLOR	ACT	10.20m	2003
	CLAYTON TOMPKINS	NSW	12.19m	2010 *	W60	MARGARET TAYLOR	ACT	9.03m	2011
M60	KEN McCONNELL	TAS	11.19m	1986	W65	GWEN DAVIDSON	VIC	7.95m	1992
M65	KEN McCONNELL	TAS	10.58m	1990	W70	PAT CARR	WA	7.47m	2002
M70	**FRED O'CONNOR	NSW	9.85m	1994	W75	GWEN DAVIDSON	VIC	5.99m	2001
M75	FRED O'CONNOR	NSW	8.92m	2000	W80	RUTH FRITH	NSW	5.36m	1994
M80	**FRED O'CONNOR	NSW	8.23m	2004					
M85	VIC YOUNGER	QLD	5.87m	1998					
M90	ALEX PITTENDRICH	QLD	5.50m	1998					
	<b>POLE VAULT</b>					<b>POLE VAULT</b>			
M30	WARREN EVANS	QLD	3.65m	2005	W30	MONTSE ROS	NSW	3.00m	2009
M35	WAYNE GARTH	VIC	4.05m	1988	W35	IRIE HILL	VIC	3.85m	2006
* M40	HOWARD ARBUTHNOT	QLD	4.20m	2011	W40	IRIE HILL	VIC	3.50m	2010
M45	BRUCE ARNOLD	QLD	3.70m	2000	W45	DAWN HARTIGAN	VIC	3.35m	2006
M50	BRUCE ARNOLD	QLD	3.65m	2005	W50	DAWN HARTIGAN	VIC	3.20m	2010
M55	GARVIN BROWN	QLD	3.20m	1986	W55	**WILMA PERKINS	QLD	2.50m	2005
	JIM POULTER	VIC	3.20m	1997	W60	**WILMA PERKINS	QLD	2.33m	2010

M60	KEN PRIESTLEY	VIC	3.20m	1999	W65	VAL CHESTERTON	ACT	1.40m	2006
M65	ROB BARCLAY	VIC	3.10m	2004					
M70	GARVIN BROWN	QLD	2.80m	2001					
M75	FRED O'CONNOR	NSW	1.88m	2001					
M 80	**FRED O'CONNOR	NSW	1.90m	2004					
M 85	VIC YOUNGER	QLD	1.50m	1999					

#### DISCUS THROW

M30	YOHAN AMERASEKERA	VIC	44.65m	2004
M35	STUART GYNGELL	NSW	48.71m	2003
* M40	DARRON HAWORTH	QLD	50.65m	2011
M45	STUART GYNGELL	NSW	45.95m	2009
M50	ATTILLA SPAITS	ACT	44.60m	1992
M55	WARWICK SELVEY	QLD	44.38m	1996
M60	RAY GREEN	ACT	49.66m	2005
M65	WARWICK SELVEY	QLD	45.76m	2005
* M70	TOM HANCOCK	VIC	38.92m	2011
M75	ROY FOLEY	VIC	35.50m	1992
M80	**SYDNEY COLEMAN	WA	29.56m	1996
M85	**FELIKS JEKABSONS	QLD	25.28m	2008
M90	VIC YOUNGER	VIC	11.64m	2004

#### SHOT PUT

M30	YOHAN AMERASEKERA	VIC	13.87m	2004
M35	STUART GYNGELL	NSW	17.78m	2003
M40	STUART GYNGELL	NSW	17.68m	2008
M45	STUART GYNGELL	NSW	17.69m	2010
M50	GEORGE MENCIK	ACT	13.48m	1987
M55	GRAEME ROSE	VIC	13.08m	2000
M60	GEORGE MENCIK	ACT	13.69m	1994
M65	JIM PERIDIS	NSW	12.68m	1993
M70	**JIM PERIDIS	NSW	13.03m	1997
M75	RUDI HOCHREITER	VIC	10.79m	2002

#### #M80+ 3kg from 2005

#### DISCUS THROW

W30	CHRIS SCHULTZ	VIC	48.12m	1984
W35	CHRIS SCHULTZ	VIC	47.36m	1986
W40	CHRIS SCHULTZ	VIC	44.42m	1991
W45	CHRIS SCHULTZ	VIC	43.00m	1996
W50	ISABELLE DENEFE	VIC	37.60m	1986
W55	CHRIS SCHULTZ	VIC	32.35m	2006
W60	HEATHER DOHERTY	QLD	31.78m	1994
W65	**HEATHER DOHERTY	QLD	30.74m	1999
W70	HEATHER DOHERTY	QLD	25.30m	2005
W75	HEATHER DOHERTY	QLD	#22.09m	2009
	GWEN DAVIDSON	VIC	18.99m(1kg)	1999
W80	GWEN DAVIDSON	VIC	15.05m(1kg)	2007
	RAEMA MCMILLAN	WA	#15.59m	2010
W85	RUTH FRITH	NSW	13.34m(1kg)	1998
W90	**RUTH FRITH	NSW	12.10m(1kg)	2000
W95	RUTH FRITH	QLD	#10.29m	2005
W100	RUTH FRITH	QLD	#8.14m	2010

#### #W75+ 750gm from 2005

#### SHOT PUT

W30	CHRIS SCHULTZ	VIC	14.98m	1984
W35	CHRIS SCHULTZ	VIC	14.67m	1988
W40	CHRIS SCHULTZ	VIC	13.22m	1991
W45	CHRIS SCHULTZ	VIC	13.16m	1996
W50	CHRIS SCHULTZ	VIC	12.96m	1992
W55	HELEN SEARLE	NSW	12.00m	1999
W60	HELEN SEARLE	NSW	12.05m	2000
W65	HELEN SEARLE	QLD	11.41m	2005
W70	HELEN SEARLE	QLD	9.67m	2010
W75	HEATHER DOHERTY	QLD	#8.20m	2009

#### #W75+ 2kg from 2005

M80	FELIKS JEKABSONS	QLD	#10.05m	2006		GWEN DAVIDSON	VIC	6.62m(3kg)	1999
M85	FELIKS JEKABSONS	QLD	#9.10m	2008	W80	**RUTH FRITH	NSW	6.93m(3kg)	1994
M90	VIC YOUNGER	VIC	4.69m(4kg)	2004		RAEMA MCMILLAN	WA	#7.03m	2010
					W85	RUTH FRITH	NSW	5.52m(3kg)	1999
					W90	**RUTH FRITH	NSW	5.37m(3kg)	2001
					W95	RUTH FRITH	QLD	#5.04m	2006
					W100	RUTH FRITH	QLD	#4.37m	2010
	<b>HAMMER THROW</b>		<b>#M80+ 3kg from 2005</b>			<b>HAMMER THROW</b>		<b>#W75+ 2kg from 2005</b>	
M30	DAVID ALLAN	QLD	57.10m	2005	W30	KARYNE DI MARCO	NSW	59.27m	2008
M35	RUSSELL DEVINE	VIC	60.04m	2004	W35	PAM MATTHEWS	VIC	47.16m	1993
M40	HANS LOTZ	VIC	57.26m	1990	W40	JAYNE HARDY	ACT	45.58m	2004
M45	HANS LOTZ	VIC	56.14m	1997	W45	SHARON GIBBONS	ACT	43.10m	2004
M50	BOB WAGNER	QLD	51.93m	2007	W50	**MARJA PARVIAINEN	NSW	51.73m	1998
M55	**KEN READWIN	VIC	49.34m	1996	W55	MARJA PARVIAINEN	NSW	50.56m	2000
M60	GRAEME ROSE	VIC	47.56m	2008	W60	HELEN SEARLE	QLD	42.85m	2002
M65	WIM VAN WEENEN	VIC	48.32m	1997	W65	**HELEN SEARLE	QLD	41.41m	2006
M70	WIM VAN WEENEN	VIC	46.99m	2004	W70	HELEN SEARLE	QLD	32.51m	2010
M75	ROY FOLEY	VIC	43.10m	1992 *	W75	VAL WORRELL	VIC	#27.53m	2011
						GWEN DAVIDSON	VIC	22.92m(3kg)	1999
M80	FELIKS JEKABSONS	QLD	#30.82m	2006	W80	**GWEN DAVIDSON	VIC	23.12m(3kg)	2006
M85	FELIKS JEKABSONS	QLD	#27.36m	2008	W85	RUTH FRITH	NSW	13.36m(3kg)	1999
M90	VIC YOUNGER	VIC	9.73m(4kg)	2004	W90	**RUTH FRITH	NSW	13.13m(3kg)	2000
					W95	RUTH FRITH	QLD	#12.93m	2005
					* W100	RUTH FRITH	QLD	#10.87m	2011
	<b>JAVELIN THROW</b>		<b>#Old Centre of Gravity</b>			<b>JAVELIN THROW</b>		<b>#Old Centre of Gravity</b>	
M30	ANDREW CURREY	NSW	77.65m	2001	W30	LYNETTE SMITH	NSW	38.88m	2005
						MARY THOMAS	NSW	#45.78m	1979
M35	MANFRED ROHKAMPER	VIC	#60.70m	1990	W35	JAYNE HARDY	ACT	41.28m	2000
						MARY THOMAS	NSW	#44.20m	1981
M40	JOHN KAY	NSW	61.78m	2001	W40	JAYNE HARDY	ACT	38.44m	2003
						MARY THOMAS	NSW	#41.94m	1985
M45	JOHN KAY	NSW	57.18m	2006	W45	JAYNE HARDY	ACT	36.38m	2008
						MARY THOMAS	NSW	#39.38m	1990
M50	BOB BANENS	ACT	54.22m	2001	W50	YASHA WATKINS	QLD	32.20m(500g)	2006
						MARY THOMAS	NSW	#46.75m(400g)	1998

M55	BOB BANENS	ACT	51.45m	2004	W55	**MARY THOMAS	NSW	39.17m(500g)	2001
M60	GRAEME ROSE	VIC	45.88m	2006	W60	MARY THOMAS	NSW	32.72m	2008
M65	GRAEME ROSE	VIC	41.08m	2009	W65	HEATHER DOHERTY	QLD	30.52m	1999
M70	**ERKKI SAARINEN	QLD	42.00m	2006	W70	**HEATHER DOHERTY	QLD	26.14m	2006
* M75	ERKKI SAARINEN	QLD	34.83m	2011	W75	HEATHER DOHERTY	QLD	19.00m	2009
M80	**FRED O'CONNOR	NSW	28.72m	2005	W80	**RAEMA MCMILLAN	WA	15.34m	2010
M85	KEVIN HOPKINS	NSW	21.32m	2004	W85	RUTH FRITH	NSW	9.96m	1998
M90	VIC YOUNGER	VIC	11.34m	2004	W90	RUTH FRITH	NSW	9.64m	2002
					W95	RUTH FRITH	QLD	7.70m	2005
					W100	RUTH FRITH	QLD	5.90m	2010

#### WEIGHT THROW

M30	DAVID ALLAN	QLD	16.32m	2005
M35	**RUSSELL DEVINE	VIC	17.76m	2004
M40	GRANT EDWARDS	ACT	15.79m	2005
M45	BOB WAGNER	QLD	15.76m	2005
M50	BOB WAGNER	QLD	19.64m	2007
M55	GRAEME ROSE	VIC	16.60m	2000
M60	**GRAEME ROSE	VIC	19.03m	2006
M65	**WIM VAN WEENEN	VIC	18.57m	1997
M70	WIM VAN WEENEN	VIC	16.79m	2004
* M75	RON SIMCOCK	NSW	14.81m	2011
M80	ROY FOLEY	VIC	13.32m	1997
M85	JOHN FRASER	VIC	11.56m	2001

#### WEIGHT PENTATHLON (2010 Scoring) #new specs from 2005

M30	YOHAN AMERASEKERA	VIC	2980	2004
M35	STUART GYNGELL	NSW	3611	2002
M40	**STUART GYNGELL	NSW	3946	2006
M45	**STUART GYNGELL	NSW	4199	2009
M50	GRAEME ROSE	VIC	3979	1996
M55	GRAEME ROSE	VIC	4085	2001
M60	**GRAEME ROSE	VIC	4242	2006

#### WEIGHT THROW

								<b>#W75+ 4kg from 2005</b>	
W30	**KARYNE DI MARCO	NSW	18.57m	2008					
W35	JAYNE HARDY	ACT	13.56m	2002					
W40	JAYNE HARDY	ACT	13.70m	2003					
W45	**CHRIS SCHULTZ	VIC	13.57m	1997					
W50	MARJA PARVIAINEN	NSW	16.42m	1999					
W55	HELEN SEARLE	NSW	14.59m	1999					
W60	**HELEN SEARLE	NSW	17.52m	2000					
W65	HELEN SEARLE	QLD	16.10m	2006					
W70	HELEN SEARLE	QLD	11.95m	2010					
W75	**VAL WORRELL	VIC	#11.57m	2010					
W80	GWEN DAVIDSON	VIC	8.76m	2006					
	RAEMA MCMILLAN	WA	#9.13m	2010					
W85	RUTH FRITH	NSW	6.07m	1999					
W90	**RUTH FRITH	NSW	6.19m	2001					
W95	RUTH FRITH	QLD	#6.00m	2005					
W100	RUTH FRITH	QLD	#4.72m	2010					

#### WEIGHT PENTATHLON (2010 Scoring) #new specs from 2005

W30	**BYRONY GLASS	WA	3831	2009
W35	JAYNE HARDY	ACT	3584	2002
W40	**JAYNE HARDY	ACT	3929	2003
W45	CHRIS SCHULTZ	VIC	4160	1996
W50	MARJA PARVIAINEN	NSW	4252	1998
W55	HELEN SEARLE	NSW	4213	1998
W60	**HELEN SEARLE	NSW	4789	2000

M65	**GRAEME ROSE	VIC	4325	2009	W65	**HELEN SEARLE	QLD	4939	2005
M70	COLIN MURRAYLEE	QLD	4146	1999	W70	HELEN SEARLE	QLD	4572	2010
* M75	RON SIMCOCK	NSW	3981	2011	*W75	**HEATHER DOHERTY	QLD	#4053	2009
M80	FELIKS JEKABSONS	QLD	#3611	2006	W80	RAEMA MCMILLAN	WA	#3862	2010
M85	**FELIKS JEKABSONS	QLD	#3897	2008	W85	RUTH FRITH	NSW	4489	1998
					W90	RUTH FRITH	NSW	4337	2000
					W95	RUTH FRITH	QLD	#4539	2006
					W100	RUTH FRITH	QLD	#5426	2010
	<b>PENTATHLON w/DISCUS (2010 SCORING)</b>					<b>PENTATHLON w/SHOT from 2009</b>			
* M30	GEOFF GIBBONS	TAS	2938	2011	* W30	MELISSA FOSTER	QLD	2172	2011
M35	CLAYTON TOMPKINS	NSW	*3719 3150	1988	W35	LYNETTE SMITH	NSW	2754	2009
M40	CLAYTON TOMPKINS	NSW	*3292 3069	1993	* W40	LYNETTE SMITH	NSW	2838	2011
M45	JOHN GORDON	NSW	*3784 3513	1993	W45	DEBBIE LANCE	TAS	3015	2009
M50	KEN DANIELS	ACT	*3519 3209	1989	* W50	ROBYN PRESTON	QLD	2544	2011
M55	**DON FRASER	ACT	*4101 3619	1994	W55	ADELE LUCAS	TAS	2825	2010
M60	QUENTIN ANTHONY	ACT	*4221 3617	1992	W60	**MARGARET TAYLOR	ACT	3699	2009
M65	MIKE JOHNSTON	VIC	*4142 3325	1991	W65	PEGGY MACLIVER	WA	3858	2010
M70	MIKE JOHNSTON	VIC	*4269 3547	1993		<b>PENTATHLON w/DISCUS (2010 SCORING)</b>			
M75	FRED O'CONNOR	NSW	*3139 3010	2001	W30	**LYNETTE SMITH	NSW	3255	2005
M80	**FRED O'CONNOR	NSW	*3456 3247	2004	W35	EILEEN HINDLE	WA	*3014 2787	1987
* M85	MAURICE DAUPHINET	QLD	2770	2011	W40	JAN HYNES	QLD	*3501 3357	1988
M90	PETER KENNEDY	WA	1359	2010	W45	CHRIS BATTERSBY	VIC	*3422 3162	1991
	* Original Scoring, otherwise 2010 scoring				W50	CHRIS BATTERSBY	VIC	*3490 3292	1994
					W55	MARGARET TAYLOR	ACT	2922	2003
					W60	PAT CARR	WA	*3118 2743	1994
					W65	LYDIA WIDERA	VIC	*3527 3129	1991
					W70	GWEN DAVIDSON	VIC	*2798 3054	1993
					W80	**SHIRLEY BRASHER	TAS	2510	2008
						* Original Scoring, otherwise 2010 scoring			
	<b>DECATHLON (2010 SCORING)</b>					<b>HEPTATHLON (2010 SCORING)</b>			
M30	WARREN EVANS	QLD	6352	2003	W30	LEANNE MCMURDY	QLD	3192	2003
M35	JASON BURT	QLD	4919	2009	W35	JENNIFER BALDWIN	VIC	3945	2002
M40	ANDREW WHEELER	QLD	4165	2002	W40	DEANN MAYFIELD	QLD	3910	2003
M45	MATTHEW MUELL	ACT	5370	2008					
M50	BRUCE BODSWORTH	QLD	4885	2004					
M55	NELSON VINEY	QLD	5192	2003					
M60	GREG MAMALIS	NSW	5875	2003					

M65	**DON FRASER	ACT	6746	2005	W45	CHRISTINE BRIDLE	VIC	3839	2003
M70	**DON FRASER	ACT	6503	2009	W50	WILMA PERKINS	QLD	4406	2003
M75	FRANK PIETERS	QLD	3740	2004	W55	**WILMA PERKINS	QLD	5200	2005
M80	RAD LEOVIC	ACT	3806	2009					
M90	**VIC YOUNGER	VIC	3217	2003					

#### CHAMPION OF CHAMPIONS SPRINTS MEN

1987	FRED TURNER M45	NSW	12.57s	SYD
1988	HARRY GATHERCOLE M80	VIC	12.3s (110)	BRIS
1994	ROY FEARNALL M50	WA	11.26s	SYD
1998	MICK PIRIE M65	QLD	?	BRIS
1999	REG AUSTIN M60	NSW	10.52s	CANB
2000	JEFF KING M35	ACT	10.94s	HOB
2001	REG AUSTIN M60	NSW	10.46s	SYD

2002	JOHN WIGHT M55	QLD	10.63s	ADEL
2003	PETER CROMBIE M55	NSW	10.50s	PERTH
2004	DAVID CLIVE M67	WA	10.86s	MELB
2005	JOHN COOPER M65	QLD	10.20s	BRIS
2006	JOHN COOPER M66	QLD	10.42s	CANB
2007	HUGH COOGAN M70	QLD	10.40s	HOB
2008	NEVILLE MCINTYRE M65	NSW	10.56s	SYD
2009	NEVILLE MCINTYRE M66	NSW	10.54s	ADEL
2010	ROB MCDONALD M66	QLD	10.33s	PERTH
*	2011 HUGH COOGAN M75	QLD	10.49s	BRIS *

#### CHAMPION OF CHAMPIONS THROWS MEN

1999	P. O'BRIEN M30	ACT	73.06m (JA)	ACT
2000	J. DAVIS M65	QLD	60.20m (DT)	HOB
2001	KEN READWIN M60	VIC	61.36m (HT)	SYD
2002	TED VICKERS M82	QLD	18.12m (SP)	ADEL
2003	BOB BANENS M50	ACT	20.37m (WT)	PERTH
2004	BOB WATSON M62	NSW	59.95m (JA)	MELB
2005	WARREN EVANS	QLD	51.80m (DT)	BRIS
2006	GRAEME ROSE M60	VIC	59.19m (HT)	CANB
2007	STUART GYNGELL M40	NSW	20.77m (SP)	HOB
2008	GRAEME ROSE M60	VIC	18.21m (WT)	SYD

#### CHAMPION OF CHAMPIONS SPRINTS WOMEN

1987	WILMA PERKINS W35	QLD	13.07s	SYD
1988	KAREN ADAMS W35	NSW	11.9s (110)	BRIS
1994	MAVIS COLLINS W75	QLD	11.46s	SYD
1998	NOREEN PARISH W55	NSW	?	BRIS
1999	J. CASEY W50	NSW	12.14s	CANB
2000	M. REID W45	ACT	11.13s	HOB
2001	LYNNE CHOATE W45	WA	11.8sh	PERTH
	WILMA PERKINS W50	QLD	11.8sh	SYD
2002	ANN COOPER W70	SA	11.63s	ADEL
2003	ANN COOPER W70	SA	11.64s	PERTH
2004	ANN COOPER W75	SA	11.81s	MELB
2005	WENDY SHEAVES/DORAN	QLD	12.11s	BRIS
2006	ANN COOPER W77	SA	11.23m	CANB
2007	ANN COOPER W78	SA	11.03s	HOB
2008	GIANNA MOGENTALE W40	NSW	11.68s	SYD
2009	GIANNA MOGENTALE W45	NSW	11.80s	ADEL
2010	GIANNA MOGENTALE W46	NSW	11.29s	PERTH
2011	GIANNA MOGENTALE W47	NSW	11.56s	BRIS

#### CHAMPION OF CHAMPIONS THROWS WOMEN

1999	MARY THOMAS W50	NSW	55.65 (JAV)	CANB
2000	CHRIS SCHULTZ W45	VIC	50.02 (DT)	HOB
2001	M. PARVIAINEN W55	NSW	60.65m (HT)	NSW
2002	MARY THOMAS W55	NSW	15.99m (SP)	ADEL
2003	RAEMA MCMILLAN W75	WA	20.72m (WT)	PERTH
2004	MARY THOMAS W59	NSW	50.80m (JAV)	MELB
2005	LYNETTE SMITH W30	NSW	48.21m (DT)	BRIS
2006	TATIANA SUDARIKOVA	NSW	51.34m (HT)	CANB
2007	LISA KIRSCH	TAS	20.82m (SP)	HOB
2008	RAYLEA RUDOV	ACT	13.33m (WT)	SYD

2009 ANDREW ATKINSON-HOWATT M50	NSW	59.73m (JA)	ADEL	2009 MARY THOMAS W60	NSW	55.03m (JAV)	ADEL
2010 MARK HAMILTON M39	WA	51.06m (DT)	PERTH	2010 RAEMA MCMILLAM W82	WA	53.44m (DT)	PERTH
* 2011 PETER NEALE M43	VIC	47.64m (HT)	BRIS *	2011 JILL TAYLOR	NSW	35.94m (HT)	

**ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an age group)**

1996 GRAEME ROSE M50	VIC	4256	PERTH	1996 CHRIS SCHULTZ W45	VIC	4464	PERTH
1997 WIM VAN WEENEN M65	VIC	4516	MELB	1997 HEATHER DOHERTY W60	QLD	4272	MELB
1998 TOM HANCOCK M60	VIC	4233	BRIS	1998 HELEN SEARLE W55	NSW	4337	BRIS
1999 COLIN MURRAYLEE M70	QLD	4484	CANB	1999 HEATHER DOHERTY W65	QLD	4587	CANB
GRAEME ROSE M55	VIC	4484	CANB				
2000 RAY GREEN M55	ACT	4070	HOB	2000 HELEN SEARLE W60	NSW	5022	HOB
2001 BOB BANEN M50	ACT	4094	SYD	2001 RUTH FRITH W90	NSW	4215	SYD
2002 WIM VAN WEENEN M70	VIC	4232	ADEL	2002 MARY THOMAS W55	NSW	4118	ADEL
2003 TOM HANCOCK M65	VIC	4295	PERTH	2003 GWEN DAVIDSON W80	VIC	4257	PERTH
2004 FELIKSS JEKABSONS M80	QLD	3985	MELB	2004 HEATHER DOHERTY W70	QLD	4571	MELB
2005 COLIN MURRAYLEE M75	QLD	4272	BRIS	2005 RUTH FRITH W95	QLD	7380	BRIS
2006 GRAEME ROSE M60	VIC	4538	CANB	2006 HELEN SEARLE W65	QLD	5145	CANB
2007 KEITH JAMES M65	NSW	4027	HOB	2007 JAN BANENS W65	ACT	4363	HOB
2008 FELIKS JEKABSONS M85	QLD	4505	SYD	2008 JAYNE HARDY W45	ACT	4394	SYD
2009 GRAEME ROSE M65	VIC	4766	ADEL	2009 HEATHER DOHERTY W75	QLD	4986	ADEL
2010 RAY GREEN M65	ACT	4126	PERTH	2010 RUTH FRITH W100	QLD	11169	PERTH

**BRIAN FOLEY AWARD (Best Age-Graded 800m/1500m Performance)**

2009 DAVID CARR M76	WA	95.99%	ADEL
2010 LIVINIA PETRIE W66	VIC	95.73%	PERTH

**Location of Australian Championships:**

Melbourne	1973	Adelaide	1993
Sydney	1974	Sydney	1994
Adelaide	1975	Townsville	1995
Brisbane	1976	Perth	1996
Perth	1977	Melbourne	1997
Melbourne	1978	Brisbane	1998
Sydney	1979	Canberra	1999
Adelaide	1980	Hobart	2000
Brisbane	1981	Bankstown	2001
Perth	1982	Adelaide	2002
Melbourne	1983	Perth	2003

Canberra	1984	Melbourne	2004
Hobart	1985	Brisbane	2005
Adelaide	1986	Canberra	2006
Sydney	1987	Hobart	2007
Brisbane	1988	Blacktown	2008
Perth	1989	Adelaide	2009
Melbourne	1990	Perth	2010
Canberra	1991	Brisbane	2011
Hobart	1992	Melbourne	2012

Compiled by Clyde Riddoch, AMA Records Officer, 5/1236-1238 Old Burke Road, Kew East Vic 3102  
 Tel 03 9859 9855, Mobile 0439 902 907, Email [clyderiddoch@msn.com](mailto:clyderiddoch@msn.com)



