

AUSTRALIAN MASTERS ATHLETICS & WORLD MASTERS ATHLETICS RECORDS

AMAI Club Records compiled by Records Officer, Clyde Riddoch, 5/1236-1238 Old Burke Road, Kew East Vic 3102

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7-May-10

MEN AGE		NAME	STATE	TIME	DATE	WOMEN					
						AGE		NAME	STATE	TIME	DATE
60 METRES						60 METRES					
M30	AR	ROBERT VIDLER	VIC	7.03s	2010	W30	AR	RANELL HOBSON	NSW	8.02s	2007
		MICHAEL RUTTER	ACT	6.8s h	1995	W35	AR	JULIE BRIMS	QLD	7.99s	2005
M35	AR	GREGORY SMITH	NSW	7.29s	2009			KATH HOLLAND	WA	7.4s h	1978
		MICHAEL RODEN	ACT	7.0s h	2002	W40	AR	GIANNA MOGENTALE	NSW	7.86s	2007
		KEN TELFER	ACT	7.0s h	2002	W45	AR	GIANNA MOGENTALE	NSW	7.86s	2010
M40	AR	MICHAEL RODEN	ACT	7.25s	2008	W50	AR	LYNNE CHOATE	WA	8.66s	2003
		STEVE JONES	ACT	7.0s h	2004			MARGARET TAYLOR	ACT	8.3s h	2001
M45	AR	STEPHEN JONES	QLD	7.40s	2009	W55	AR	WENDY SHEAVES-DORAN	QLD	8.82s	2005
		MICHAEL WILSON	ACT	7.1s h	1995	W60	AR	WILMA PERKINS	QLD	9.22s	2010
M50	AR	WAYNE COUSINS	QLD	7.40s	2001	W65	AR	PEGGY MACLIVER	WA	9.43s	2010
M55	AR	JOHN WIGHT	QLD	7.41s	2001	W70	AR	ANNETTE HORSNELL	QLD	9.99s	2008
M60	AR	PETER CROMBIE	NSW	7.94s	2006	W75	AR	ANN COOPER	SA	10.23s	2007
M65	AR	ROB MCDONALD	QLD	8.10s	2010	W80	AR	GWENDOLIN GLEESON	ACT	13.22s	2009
M70	AR	HUGH COOGAN	QLD	8.55s	2006	W85	AR	MARGARET PROWSE	VIC	17.9s	2007
M75	AR	JACK THACKRAY	ACT	9.47s	2007						
M80	AR	TOM BROWN	QLD	9.42s	1999						
M85	AR	CHARLIE HANKINS	QLD	10.45s	2001						
100 METRES						100 METRES					
M30	AR	BRETT BLANCO	WA	10.88s	2005	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	2000
M35	AR	MATTHEW PILKINGTON	NSW	10.88s	2009	W35	AR	KATHY HOLLAND	WA	12.0s	1978
	WR	LINFORD CHRISTIE	GBR	9.97s	1995		WR	MERLENE OTTEY	JAM	10.74s	1996
M40	AR	REG AUSTIN	NSW	10.80s	1977	W40	AR	GIANNA MOGENTALE	NSW	12.26s	2007
	WR	TROY DOUGLAS	NED	10.29s	2003		WR	MERLENE OTTEY	SLO	11.09s	2004
M45	AR	BOB WISHART	VIC	11.2s	1989	W45	AR	GIANNA MOGENTALE	NSW	12.53s	2009
	WR	WILLIE GAULT	USA	10.72s	2006		WR	MERLENE OTTEY	SLO	11.34s	2008
M50	AR	LAURIE SNELLING	SA	11.56s	1981	W50	AR	MARGE ALLISON	NSW	13.06s	1995
	WR	WILLIAM COLLINS	USA	10.95s	2002		WR	PHIL RASCHKER	USA	12.50s	1997
M55	AR	BERNIE HOGAN	QLD	11.5s	1976	W55	AR	WENDY EY	SA	13.80s	1993
	WR	WILLIAM COLLINS	USA	11.44s	2008		WR	PHIL RASCHKER	USA	13.30s	2002
M60	AR	BERNIE HOGAN	QLD	12.15s	1981	W60	AR	ANN COOPER	SA	14.40s	1990
	WR	RON TAYLOR	GBR	11.70s	1995		WR	BRUNHILDE HOFFMAN	GER	13.89s	1999
M65	AR	MALCOLM PIRIE	QLD	12.62s	1994	W65	AR	ANN COOPER	SA	14.85s	1995
	WR	STEPHEN ROBBINS	USA	12.37s	2008		WR	NADINE O'CONNOR	USA	14.10s	2007
M70	AR	HUGH COOGAN	QLD	13.34s	2005	W70	AR	ANN COOPER	SA	15.72s	1999
	WR	BOBBY WHILDON	USA	12.77s	2005		WR	MARGARET PETERS	NZL	15.16s	2004
M75	AR	MIKE JOHNSTON	VIC	14.3s	1997	W75	AR	ANN COOPER	SA	16.09s	2005
	WR	BRUNO KIMMEL	GER	13.54s	2009		WR	PAULA SCHNEIDERHAN	GER	15.91s	1997
M80	AR	MIKE JOHNSTON	VIC	15.1s	2002	W80	AR	GWEN DAVIDSON	VIC	19.93s	2003
	WR	PAYTON JORDAN	USA	14.35s	1997		WR	HANNA GELBRICH	GER	18.42s	1993
M85	AR	CHARLIE BOOTH	VIC	16.98s	1989	W85	AR	MARGARET PROWSE	VIC	34.53s	2007
	WR	SUDA GIICHI	JPN	16.16s	1998		WR	NORA WEDEMO	SWE	19.83s	1999
M90	AR	HARRY GATHERCOLE	QLD	19.99s	1997	W90	AR	unclaimed			
	WR	FREDERICO FISCHER	BRA	17.53s	2007		WR	NORA WEDEMO	SWE	23.18s	2003
M95	AR	CHARLIE BOOTH	VIC	28.57s	2002						
	WR	FREDRICH MAHLO	GER	21.44s	2007						
M100	AR	LES AMEY	QLD	58.29s	2000						
	WR	PHILIP RABINOWITZ	RSA	30.86s	2004						
200 METRES						200 METRES					
M30	AR	MARK ROSENBERG	NSW	22.13s	1994	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	2000
M35	AR	PETER O'DWYER	VIC	21.98s	2002	W35	AR	KATHY HOLLAND	WA	24.6s	1978
	WR	LINFORD CHRISTIE	GBR	20.11s	1995		WR	MERLENE OTTEY	JAM	21.93s	1995
M40	AR	REG AUSTIN	NSW	21.9s	1977	W40	AR	KYLIE STRONG	NSW	25.10s	2007
	WR	TROY DOUGLAS	NED	20.64s	2003		WR	MERLENE OTTEY	SLO	22.72s	2004
M45	AR	REG AUSTIN	NSW	22.40s	1983	W45	AR	JAN HYNES	QLD	25.63s	1991
	WR	WILLIE GAULT	USA	21.80s	2008		WR	MERLENE OTTEY	SLO	23.82s	2006
M50	AR	REG AUSTIN	NSW	23.1s	1987	W50	AR	MARGE ALLISON	NSW	26.4s	1995
	WR	EVERAD SAMUELS	USA	22.53s	2008		WR	MARIE LANDE MICHEL	PUR	25.65s	2007
M55	AR	HAL THOMAS	SA	24.02s	1992	W55	AR	WENDY SHEAVES-DORAN	QLD	28.08s	2005
	WR	WILLIAM COLLINS	USA	23.36s	2006		WR	INGRID MEIER	GER	27.26s	2003
M60	AR	PETER CROMBIE	NSW	24.83s	2005	W60	AR	ANN COOPER	SA	29.8s	1991
	WR	RON TAYLOR	GBR	24.00s	1995		AR	MARGE ALLISON	QLD	30.03s	2005
M65	AR	BERNIE HOGAN	QLD	25.6s	1985		WR	PHIL RASCHKER	USA	28.54s	2007
	WR	STEPHEN ROBBINS	USA	25.20s	2008	W65	AR	ANN COOPER	SA	31.41s	1994
M70	AR	HUGH COOGAN	QLD	26.84s	2005		WR	NADINE O'CONNOR	USA	29.37s	2007
	WR	GUIDO MUELLER	GER	26.55s	2009	W70	AR	ANN COOPER	SA	32.83s	1999
M75	AR	MIKE JOHNSTON	VIC	29.76s	1998		WR	MARGARET PETERS	NZL	31.45s	2004
	WR	WOLFGANG REUTER	GER	27.97s	2005	W75	AR	ANN COOPER	SA	33.6s	2004
M80	AR	MIKE JOHNSTON	VIC	31.82s	2002		WR	PAULA SCHNEIDERHAN	GER	34.40s	1997
	WR	PAYTON JORDAN	USA	30.89s	1997	W80	AR	MARION SKARRATT	TAS	46.44s	2001
M85	AR	MIKE JOHNSTON	VIC	35.79s	2007		WR	MORITA MITSU	JPN	40.78s	2003

M65	AR	JOHN GILMOUR	WA	77m 17s	1985		WR	RONA FREDERIKS	GER	97m 46s	2005
	WR	WIL VAN DER LEE	NED	77m 13s	1997	W70	AR	ROWENA BARKER	VIC	112m 25.62s	2002
M70	AR	JOHN GILMOUR	WA	81m 41s	1989		WR	JUNE MACHALA	USA	102m 18s	2001
	WR	JOHN GILMOUR	AUS	81m 41s	1989	W75	AR	CORRIE DE GROOT	VIC	131m 15s	2004
M75	AR	BOB HORMAN	QLD	101m 44s	1994		WR	BETTY JEAN MCHUGH	CAN	113m 58s	2003
	WR	WARREN UTES	USA	90m 19s	1997	W80	WR	UNI WILMANN	NOR	134m 31s	2000
M80	AR	BOB HORMAN	QLD	106m 00s	2000						
	WR	JOHN KESTON	USA	99m 28s	1995						
M85	AR	BOB HORMAN	QLD	125m 11s	2004						
	WR	GEORG GABRIEL	GER	120m 05s	2006						
M90	WR	FAUJA SINGH	IND	158m 55s	2002						
MARATHON (BEST ON RECORD)						MARATHON (BEST ON RECORD)					
M30	AR	BRIAN SIMMONS	VIC	2:26:20	1990	W30	AR	KATE SEIBOLD-CROSBIE	VIC	2:44:11	2005
M35	AR	GARRY HAND	ACT	2:20:15	1985	W35	AR	KAREN GOBBY	WA	2:36:42	1991
	WR	CARLOS LOPES	POR	2:07:12	1985		WR	LYUDMILA PETROVA	RUS	2:21:29	2006
M40	AR	GARY HAND	ACT	2:19:00	1987	W40	AR	DOT BROWNE	VIC	2:41:25	1983
	WR	ANDRES ESPINOSA	MEX	2:08:46	2003		WR	PRISCILLA WELCH	GBR	2:26:51	1987
M45	AR	BILL RAIMOND	NSW	2:25:51	1982	W45	AR	BEV LUCAS	SA	2:43:45	1995
	WR	KJELL-ERIK STAHL	SWE	2:15:51	1991		WR	TATIANA POZDNIAKOVA	UKR	2:29:00	2002
M50	AR	PETER KALLIO	ACT	2:30:52	1987	W50	AR	BEV LUCAS	SA	2:44:12	1997
	WR	TITUS MAMABOLA	SAF	2:19:29	1991		WR	EDELTRAUD POHL	FRG	2:48:47	1988
M55	AR	RON PETERS	QLD	2:37:27	2009	W55	AR	JEAN ALBURY	VIC	3:09:14	1984
	WR	PIET VAN ALPHEN	NED	2:25:56	1986		WR	RAY BAYMILLER	USA	2:52:14	1998
M60	AR	JOHN GILMOUR	WA	2:41:07	1981	W60	AR	MARIE O'DONOVAN	NSW	3:20:28	1993
	WR	YOSHIHISA HOSAKA	JPN	2:36:30	2009		WR	BARBARA MILLER	USA	3:14:50	1999
M65	AR	COL MCLEOD	QLD	2:54:41	2003	W65	AR	SHIRLEY YOUNG	VIC	3:39:43	1995
	WR	DEREK TURNBULL	NZL	2:41:57	1992		WR	LIESELOTTE SCHULTZ	GER	3:28:10	1985
M70	AR	JOHN GILMOUR	WA	3:03:04	1989	W70	AR	SHIRLEY YOUNG	VIC	4:03:52	2001
	WR	ED WHITLOCK	CAN	2:54:48	2004		WR	GINETTE BEDARD	USA	3:46:18	2005
M75	AR	RANDALL HUGHES	VIC	3:40:47	1999	W75	AR	SHIRLEY YOUNG	VIC	4:36:46	2005
	WR	ED WHITLOCK	CAN	3:04:54	2007		WR	BETTY JEAN MCHUGH	CAN	4:10:07	2003
M80	AR	ROBERT HORMAN	QLD	3:39:18	1998	W80	AR	unclaimed			
	WR	ROBERT HORMAN	AUS	3:39:18	1998		WR	HELEN KLEIN	USA	4:49:50	2004
M85	AR	ROBERT HORMAN	QLD	4:34:55	2004	W85	AR	unclaimed			
	WR	ROBERT HORMAN	AUS	4:34:55	2004		WR	IDA MINTZ	USA	6:53:50	1990
M90	WR	FAUJA SINGH	GBR	5:40:01	2003	W90	WR	MAVIS LINDGREN	USA	8:53:08	1997
3,000 STEEPLECHASE						2,000 STEEPLECHASE					30" from 2000
M30	AR	SCOTT MCTAGGART	ACT	9m 05.44s	2007	W30	AR	KATE SEIBOLD-CROSBIE	VIC	7m 08.7s	2005
M35	AR	JEFF BRODERICK	VIC	8m 53.57s	1992	W35	AR	ELAINE COOPER	ACT	7m 07.0s	1999
	WR	SIMON VROEMEN	NED	8m 04.95s	2004		WR	LESLIE LEHANE	USA	6m 30.83s	1998
M40	AR	JEFF BRODERICK	VIC	9m 10.2s	1995	W40	AR	ELAINE COOPER	ACT	7m 06.6s	2000
	WR	ANDRES CAROSI	ITA	8m 38.40s	2004		WR	ANETTE WEIS	GER	7m 01.77s	2009
M45	AR	JEFF BRODERICK	VIC	9m 24.4s	2000	W45	AR	ANTOINETTE SHAW	WA	8m 02.4s	1993
	WR	NILS UNDERSAKOR	NOR	9m 16.1s	1984		WR	KAREN STEEN	USA	7m 07.49s	2009
M50	AR	ALAN BRADFORD	QLD	9m 51.62s	1989	W50	AR	LOUISE FAIRFAX	TAS	7m 55.74s	2003
	WR	NILS UNDERSAKOR	NOR	9m 38.8s	1989		WR	MARGARET ORMAN	NZL	7m 43.99s	1993
M55	AR	ALAN BRADFORD	QLD	10m 14.0s	1994	W55	AR	ANTOINETTE SHAW	WA	8m 23.96s	2003
	WR	RON ROBERTSON	NZL	9m 55.05s	1997		WR	MARGARET ORMAN	NZL	7m 58.43s	1997
2,000 STEEPLECHASE					30" from 2000	2,000 STEEPLECHASE					30" from 2000
M60	AR	ALAN BRADFORD	QLD	6m 54.31s	1999	W60	AR	JAN MORREY	VIC	8m 52.30s	2000
	WR	RON ROBERTSON	NZL	6m 30.21s	2001		WR	MARIE MICHELSON	USA	8m 47.61s	2002
M65	AR	ALAN BRADFORD	QLD	7m 18.2s	2004	W65	AR	MARGARET ROBINSON	WA	10m 50.90s	2003
	WR	RON ROBERTSON	NZL	7m 18.10s	2008		WR	MARIE MICHELSON	USA	9m 00.2s	2008
M70	AR	ALAN BRADFORD	QLD	8m 20.95s	2009	W70	AR	SHIRLEY BRASHER	TAS	11m 24.25s	2000
	WR	FRANCISCO VICENTE	POR	8m 00.83s	2003		WR	ANNE MARTIN	GBR	10m 49.22s	2008
M75	AR	DAVID CARR	WA	8m 56.59s	2008	W75	WR	DAWN CUMMING	NZL	12m 03.04s	2009
	WR	DAVID CARR	AUS	8m 56.59s	2008						
M80	AR	RAD LEOVIC	ACT	11m 17.54s	2008						
	WR	SOICHI TAMOI	JPN	10m 01.18s	2003						
M85	AR	KEN MATCHETT	VIC	13m 23.05	2007						
	WR	SOICHI TAMOI	JPN	11m 36.93s	2008						
110 METRE HURDLES					.991m	100 METRE HURDLES					.840m
M30	AR	MATT MCEWEN	QLD	14.89s	2004	W30	AR	EILEEN HINDLE	WA	14.3s	1983
M35	AR	TERRY BALDWIN	VIC	15.10s	1998	W35	AR	EILEEN HINDLE	WA	14.5s	1985
	WR	COLIN JACKSON	GBR	13.11s	2002		WR	LUDMILLA ENGQUIST	SWE	12.47s	1999
M40	AR	CONRAD BURGE	ACT	15.68s	1991						
	WR	DAVID ASHFORD	USA	13.73s	2003	80 METRES HURDLES					.762m
M45	AR	HARRY GILES	QLD	15.5s	1990	W40	AR	GLYNIS CEARNS	QLD	11.66s	2001
	WR	KARL SMITH	JAM	14.41s	2006		WR	MONICA PELLEGRINELLI	SUI	11.24s	2005
100 METRES HURDLES					.914m	W45	AR	MARIE KAY	QLD	12.32s	2009
M50	AR	TED BARNARD	VIC	15.03s	1995		WR	CHRISTINE MULLER	SUI	11.51s	2004
	AR	MIKE STEVENSON	TAS	15.2s	1991	W50	AR	JAN HYNES	QLD	12.8s	1994
	WR	WALT BUTLER	USA	13.57s	1991		WR	CHRISTINE MULLER	SUI	12.08s	2009
M55	AR	MIKE STEVENSON	TAS	15.53s	1997	W55	AR	BRENDA PARKINSON	SA	13.94s	1992
	WR	WALT BUTLER	USA	14.49s	1996		WR	HELGI LAMP	EST	12.31s	1999
100 METRES HURDLES					.840m	80 METRES HURDLES					.686m from 2000
M60	AR	MIKE STEVENSON	TAS	15.86s	2001	W60	AR	UNA LUND	QLD	14.24s	2001
	WR	COURTLAND GRAY	USA	14.62s	2004		WR	PHIL RASCHKER	USA	13.26s	2007

M65	AR	MIKE STEVENSON	TAS	16.42s	2005	W65	AR	MARGE ALLISON	QLD	15.11s	2009	
	WR	ROLF GEESE	GER	15.47s	2009			EDITH GRAFF	BEL	14.03s	2008	
80 METRES HURDLES				.762m		W70	AR	ANNA ZEITZEN	TAS	20.5s	2003	
M65	AR	RICHARD TREMBATH	VIC	13.4s	2007		WR	ASTA LARSSON	SWE	16.10s	2004	
M70	AR	DON CHAMBERS	VIC	14.14s	2007	W75	AR	unclaimed				
	WR	JAMES STOOKEY	USA	12.99s	2000		WR	FLORENCE MEILER	USA	18.63s	2009	
M75	AR	FRED O'CONNOR	NSW	15.78s	1999	W80	AR	unclaimed				
	WR	JAMES STOOKEY	USA	13.62s	2005		WR	JOHNNYE VALIEN	USA	24.34s	2005	
80 METRES HURDLES				.686m								
M80	AR	FRED O'CONNOR	NSW	18.64s	2005							
	WR	MELVIN LARSEN	USA	14.75s	2005							
M85	AR	VIC YOUNGER	QLD	26.65s	2000							
	WR	KIZO KIMURA	JPN	18.06s	1996							
M90	AR	VIC YOUNGER	VIC	44.4s	2003							
	WR	KIZO KIMURA	JPN	22.76s	2001							
400 METRES HURDLES				.914m		400 METRES HURDLES				.762m		
M30	AR	CAMERON YORKE	WA	53.76s	2010	W30	AR	GLENDA DOUGLASS	NSW	61.6s	1996	
M35	AR	MICHAEL EDWARDS	WA	53.79s	1992	W35	A R	STACEY QUITZAW	NSW	62.3s	1996	
	WR	DANNY MCFARLANE	JAM	48.57s	2008		WR	MARINA STEPANOVA	URS	52.94s	1986	
M40	AR	NOEL CLOUGH	VIC	54.3s	1982	W40	AR	JAN HYNES	QLD	62.80s	1987	
	WR	JAMES KING	USA	52.76s	1989		WR	BARBARA GAHLING	GER	58.35s	2007	
M45	AR	HARRY GILES	QLD	58.02s	1989	W45	AR	JAN HYNES	QLD	64.09s	1994	
	WR	GUIDO MUELLER	FRG	55.18s	1986		WR	JAN HYNES	AUS	64.09s	1994	
400 METRES HURDLES				.840m		300 METRES HURDLES				.762m		
M50	AR	JOHN GORDON	NSW	60.22s	1997	W50	AR	JAN HYNES	QLD	45.8s	1994	
	WR	HOWARD MOSCROP	GBR	56.56s	2008		WR	CHRISTINE MULLER	SUI	45.05s	2008	
M55	AR	RICHARD TREMBATH	VIC	62.60s	1999	W55	AR	MARGE ALLISON	NSW	51.71s	2003	
	WR	GUIDO MUELLER	GER	58.92s	1995		WR	PHIL RASCHKER	USA	49.14s	2002	
300 METRES HURDLES				.840m								
M50	AR	MIKE STEVENSON	TAS	43.58s	1991							
M55	AR	RICHARD TREMBATH	VIC	44.0s	1999							
300 METRES HURDLES				.762m		300 METRES HURDLES				.686m from 2000		
M60	AR	RICHARD TREMBATH	VIC	45.19s	2003	W60	AR	MARGE ALLISON	QLD	51.64s	2005	
	WR	GUIDO MUELLER	FRG	42.31s	1999		WR	MARGE ALLISON	AUS	51.64s	2005	
M65	AR	MIKE STEVENSON	TAS	47.69s	2005	W65	AR	MARGE ALLISON	QLD	58.04s	2010	
	WR	GUIDO MUELLER	GER	43.89s	2004		WR	RIEDTJE DIJKMAN	NED	55.69s	2005	
300 METRES HURDLES				.686m		W70	AR	ANNA ZEITZEN	TAS	96.1s	2003	
M70	AR	ALAN BRADFORD	QLD	53.10s	2009		WR	FLORENCE MEILOR	USA	67.16s	2004	
	WR	GUIDO MUELLER	GER	45.24s	2009	W75	AR	unclaimed				
M75	AR	FRED O'CONNOR	NSW	56.29s	1999		WR	JOHNNYE VALIEN	USA	89.00s	2001	
	WR	EARL FEE	CAN	52.91s	2005							
M80	AR	FRED O'CONNOR	NSW	66.33s	2004	200 METRES HURDLES						
	WR	DAN BULKLEY	USA	62.61s	1999	W70	WR	NORIKO NAKAMURA	JPN	39.26s	2009	
M85	AR	VIC YOUNGER	QLD	119.8s	1998							
	WR	HUGO A DELGADO FLORES		67.99s	2009							
M90	WR	ILMARI KOPPINEN	FIN	121.71s	2008							
1,500 METRES WALK						1,500 METRES WALK						
M30	AR	CLYDE RIDDOCH	VIC	6m 11s	1983	W30	AR	SUE COOK	ACT	6m 40s	1990	
M35	AR	STEVE HAUSFELD	ACT	6m 00.3s	1988	W35	AR	SHARON SCHNYDER	VIC	6m 47s	2000	
M40	AR	DAVE THOMPSON	ACT	5m 58.9s	1986	W40	AR	HEATHER MCDONALD	VIC	6m 45s	1990	
M45	AR	PAUL KENNEDY	VIC	6m 14.29s	2003	W45	AR	HEATHER MCDONALD	VIC	6m 49s	1996	
M50	AR	ANDREW JAMIESON	VIC	6m 21.1s	1999	W50	AR	LYNETTE VENTRIS	WA	6m 45.8s	2007	
M55	AR	MURRAY DICKINSON	VIC	6m 44.1s	1995	W55	AR	HEATHER CARR	VIC	7m 11.91s	2005	
M60	AR	ANDREW JAMIESON	VIC	6m 52.50s	2008	W60	AR	HEATHER CARR	VIC	7m 18.50	2010	
M65	AR	RALPH BENNETT	VIC	7m 23.56s	2009	W65	AR	BRENDA RILEY	VIC	7m 48.2s	2005	
M70	AR	MURRAY DICKINSON	VIC	8m 04.01s	2009	W70	AR	JEAN ALBURY	TAS	8m 24s	2000	
M75	AR	RICHARD LYNCH	QLD	9m 18.56s	2004	W75	AR	JEAN KNOX	VIC	9m 55s	2002	
M80	AR	JACK WEBBER	SA	9m 55s	1995	W80	AR	LORNA THOMPSON	QLD	11m 12.83s	2008	
M85	AR	RICHARD KEATINGE	QLD	11m 07s	2008	W85	AR	NANCE JEFFREYS	VIC	13m 44.3s	1995	
M90	AR	PETER KENNEDY	WA	16m 11.60s	2010							
2,000 METRES WALK						2,000 METRES WALK						
M30	AR	ANDREW JACHNO	ACT	8m 43s	1994	W30	AR	MIRIAM HARDING	ACT	9m 44s	1988	
M35	AR	ROSS REID	VIC	8m 36s	1994	W35	AR	LISA WILSON	ACT	9m 42s	2004	
M40	AR	DAVE THOMPSON	ACT	8m 07s	1986	W40	AR	LYN VENTRIS	WA	9m 05.7s	2001	
M45	AR	PAUL KENNEDY	VIC	8m 22.77s	2004	W45	AR	LYN VENTRIS	WA	9m 08.6s	2006	
M50	AR	ANDREW JAMIESON	VIC	8m 33s	2000	W50	AR	CAROL BAIRD	ACT	10m 42s	2000	
M55	AR	ANDREW JAMIESON	VIC	8m 47.7s	2003	W55	AR	HEATHER CARR	VIC	9m 57.5s	2006	
M60	AR	ANDREW JAMIESON	VIC	9m 23.5s	2009	W60	AR	HEATHER CARR	VIC	10m 10.4s	2010	
M65	AR	BOB GARDINER	VIC	10m 12s	2001	W65	AR	GWEN STEED	VIC	11m 27s	2009	
M70	AR	DICK HORSLEY	WA	11m 04s	1983	W70	AR	JAN MORREY	VIC	12m 47.1s	2009	
M75	AR	STAN JONES	WA	13m 19.2s	2005	W75	AR	GLENICE SHANAHAN	WA	16m 31s	2000	
M80	AR	STAN JONES	WA	13m 25.7s	2006							
M85	AR	FRANK HANSFORD-MILLER	WA	25m 14.8s	2002							
3,000 METRES WALK (WORLD BESTS ONLY)						3,000 METRES WALK (WORLD BESTS ONLY)						
M30	AR	IGNACIO JIMENEZ	QLD	12m 45.81s	1996	W30	AR	KAREN ISELIN	QLD	13m 55.8s	1989	
M35	AR	WILLI SAWALL	VIC	11m 28.2s	1980	W35	AR	ANNE MANNING	NSW	12m 43.2s	1995	
	WB	DAVID SMITH	AUS	11m 16.38s	1992	WB	WB	KERRY JUNNA-SAXBY	AUS	12m 02.39	1997	

M40	AB	WILLI SAWALL	VIC	1h 21m 36s	1982	W40	AB	LYNETTE VENTRIS	WA	1h 39m 26s	2001
	WB	WILLI SAWALL	AUS	1h 21m 36s	1982		WB	MARIA G MENDOZA	MEX	1h 33m 04s	2005
M45	AB	WILLI SAWALL	VIC	1h 33m 59s	1987	W45	AB	LYNETTE VENTRIS	WA	1h 34m 44s	2001
	WB	WILLI SAWALL	AUS	1h 25m 03s	1988		WB	LYNETTE VENTRIS	AUS	1h 34m 44s	2001
M50	AB	ANDREW JAMIESON	VIC	1h 34m 38s	1999	W50	AB	LYNETTE VENTRIS	WA	1h 45m 13s	2008
	WB	GARY LITTLE	NZL	1h 26m 32s	1992		WB	LYNETTE VENTRIS	AUS	1h 45m 13s	2008
M55	AB	ANDREW JAMIESON	VIC	1h 35m 13s	2001	W55	AB	HEATHER CARR	VIC	1h 54m 17s	2006
	WB	GRANZIANO MOROTTI	ITA	1h 33m 38s	2006		WB	WALTRAUD SEILER	GER	1h 53m 45s	1996
M60	AB	ANDREW JAMIESON	VIC	1h 35m 39s	2008	W60	AB	HEATHER CARR	VIC	1h 57m 38s	2009
	WB	ANDREW JAMIESON	AUS	1h 35m 39s	2008		WB	HEATHER CARR	AUS	1h 57m 38s	2009
M65	AB	RALPH BENNETT	VIC	1h 50m 54s	2007	W65	AB	BRENDA RILEY	VIC	1h 57m 39s	2006
	WB	GERHARD WEIDNER	GER	1h 43m 34s	1998		WB	BRENDA RILEY	AUS	1h 57m 39s	2006
M70	AB	TOM DAINTRY	VIC	2h 00m 17s	1985	W70	AB	MARGARET BEAUMONT	VIC	2h 45m 11s	2008
	WB	ARTHUR THOMSON	GBR	1h 52m 47s	2008		WB	MAUREEN SPELMAN	GBR	2h 18m 39s	2007
M75	AB	TOM DAINTRY	VIC	1h 59m 20s	1986	W75	AB	unclaimed			
	WB	JAMES GRIMWADE	GBR	1h 55m 19s	1987		WB	U. THUNE	GER	2h 39m 46s	1997
M80	AB	GUS THEOBALD	VIC	2h 11m 55s	1977	W80	AB	unclaimed			
	WB	JAMES GRIMWADE	GBR	2h 04m 49s	1992		WB	J. LUTHER	GER	3h 25m 09s	1996
M85	AB	GUS THEOBALD	VIC	2h 26m 07s	1982						
	WB	GUS THEOBALD	AUS	2h 26m 07s	1982						
M90	AB	GUS THEOBALD	VIC	2h 34m 01s	1987						
	WB	GUS THEOBALD	AUS	2h 34m 01s	1987						
M95	WB	P. RABINOWITZ	RSA	2h 48m 19s	1999						
30k ROAD WALK (BEST ON RECORD)											
M30	AB	DAVID SMITH	VIC	2h 05m 59s	1986						
M35	AB	unclaimed									
	WB	MAURIZIO DAMILANO	ITA	2h 06m 14s	1992						
M40	AB	WILLI SAWALL	VIC	2h 08m 0.4s	1982						
	WB	GERMAN SKURYGIN	RUS	2h 06m 34s	2004						
M45	AB	WILLI SAWALL	VIC	2h 19m 40s	1987						
	WB	GARY LITTLE	NZL	2h 18m 41s	1991						
M50	AB	ANDREW JAMIESON	VIC	2h 31m 20s	1999						
	WB	GARY LITTLE	NZL	2h 18m 14s	1992						
M55	AB	ANDREW JAMIESON	VIC	2h 32m 05s	2003						
	WB	GRANZIANO MOROTTI	ITA	2h 29m 34s	2006						
M60	AB	ANDREW JAMIESON	VIC	2h 28m 55s	2009						
	WB	ANDREW JAMIESON	AUS	2h 28m 55s	2009						
M65	AB	BOB CHAPMAN	ACT	3h 19m 05s	2001						
	WB	GERHARD WEIDNER	GBR	2h 51m 29s	2001						
M70	AB	BOB CHAPMAN	ACT	3h 36m 18s	2005						
	WB	ARTHUR THOMSON	GBR	2h 52m 47s	2006						
M75	WB	CHARLES COLMAN	GBR	3h 20m 38s	1996						
M80	WB	JAMES GRIMWADE	GBR	3h 24m 40s	1996						
50k ROAD WALK (BEST ON RECORD)						50k ROAD WALK (BEST ON RECORD)					
M30	AB	SIMON BAKER	VIC	3h 43m 13s	1989	W30	AB	unclaimed			
M35	AB	WILLI SAWALL	VIC	3h 46m 34s	1980	W35	AB	LISA WILSON	ACT	5h 23m 08s	2004
	WB	R.KORSZENIOWSKI	POL	3h 36m 03s	2003		WB	L.MILLEN	GBR	5h 01m 52s	1983
M40	AB	WILLI SAWALL	VIC	3h 59m 48s	1986	W40	AB	MARLENE STANWAY	VIC	5h 52m 03s	1982
	WB	J.MARIN	ESP	3h 49m 06s	1992		WB	S.BROWN	GBR	4h 50m 51s	1992
M45	AB	PETER BENNETT	QLD	4h 49m 28s	2001	W45	AB	unclaimed			
	WB	GERHARD WEIDNER	FRG	4h 00m 49s	1980		WB	S.BROWN	GBR	4h 56m 27s	1994
M50	AB	WILLI SAWALL	VIC	4h 12s 57s	1992	W50	AB	unclaimed			
	WB	GERHARD WEIDNER	GER	4h 14m 37s	1983		WB	S.BROSNAHAN	USA	5h 21m 52s	2002
M55	AB	ANDREW JAMIESON	VIC	4h 46m 44s	2004	W55	AB	LIZ FELDMAN	VIC	5h 45m 08s	2004
	WB	GERHARD WEIDNER	GER	4h 25m 21s	1992		WB	LIZ FELDMAN	AUS	5h 45m 08s	2004
M60	AB	ANDREW JAMIESON	VIC	4h 23m 16s	2008	W60	AB	VAL CHESTERTON	ACT	6h 55m	2002
	WB	ANDREW JAMIESON	AUS	4h 23m 16s	2008		WB	JANET HIGBIE	USA	6h 45m 01s	2006
M65	AB	BOB CHAPMAN	ACT	5h 59m 06s	2002	W65	AB	VAL CHESTERTON	ACT	7h 07m 53s	2006
	WB	EDMUND SHILLABEER	GBR	5h 26m 31s	2007		WB	R.SCOTT	GBR	6h 31m 12s	1993
M70	AB	BOB CHAPMAN	ACT	6h 07m 53s	2004						
	WB	ARTHUR THOMSON	GBR	5h 15m 40s	2007						
M75	WB	JAMES GRIMWADE	GBR	5h 19m 34s	1987						
HIGH JUMP						HIGH JUMP					
M30	AR	MATT MCEWEN	QLD	1.97m	2003	W30	AR	LYNETTE SMITH	NSW	1.66m	2005
M35	AR	CLAYTON TOMPKINS	NSW	1.93m	1992	W35	AR	DEANN MAYFIELD	QLD	1.73m	1999
	WR	DRAGUTIN TOPIC	SRB	2.29m	2009		WR	INGA BABAKOVA	UKR	2.01m	2003
M40	AR	GRAEME MORRISH	VIC	1.95m	1982	W40	AR	DEANN MAYFIELD	QLD	1.71m	2002
	WR	GRANT DALTON	GER	2.15m	2008		WR	PATRICIA PORTER	USA	1.76m	2004
M45	AR	VOLODYMYR SHELEVER	NSW	1.84m	2007	W45	AR	DEANN MAYFIELD	QLD	1.63m	2009
	WR	SEGATEL MARCO	ITA	2.04m	2007		WR	DEBBIE BRILL	CAN	1.76m	1999
M50	AR	CLAYTON TOMPKINS	NSW	1.75m	2003	W50	AR	MARIE KAY	QLD	1.45m	2010
	WR	THOMAS ZACHARAS	GER	1.98m	1997		WR	DEBBIE BRILL	CAN	1.60m	2004
M55	AR	JOHN HUNT	ACT	1.74m	1997	W55	AR	DAPHNE PIRIE	QLD	1.35m	1987
	WR	THOMAS ZACHARAS	GER	1.84m	2006		AR	MARGARET TAYLOR	ACT	1.35m	2003
M60	AR	JOHN HUNT	ACT	1.57m	2002		WR	FLORENCE PICAUT	FRA	1.55m	2008
	WR	THOMAS ZACHARAS	GER	1.80m	2007	W60	AR	MARGARET TAYLOR	ACT	1.30m	2009
M65	AR	ALAN ROLFE	QLD	1.47m	1994		WR	PHIL RASCHKER	USA	1.44m	2007
M65	AR	TOM HANCOCK	VIC	1.47m	2002	W65	AR	MARGE ALLISON	QLD	1.27m	2009

M90	AR	JOHN FRASER	VIC	19.72m	2005		WR	NORA KUTTI	EST	15.68m	2007	
	WR	DONALD PELLMAN	USA	27.93m	2005	W90	AR	RUTH FRITH	NSW	12.10m	2000	
M95	AR	unclaimed					WR	OLGA KOTELKO	CAN	13.92m	2009	
	WR	RIBONI MARIO	ITA	17.22m	2008	W95	AR	RUTH FRITH	QLD	9.85m	2004	
M100	WR	TAKASHI SHIMOKAWARA	JPN	10.72m	2007		AR	RUTH FRITH	QLD	*10.90m	2006	
							WR	RUTH FRITH	AUS	9.85m	2004	
						W100	AR	RUTH FRITH	QLD	*9.12m	2009	
	HAMMER			7.26kg			HAMMER			4kg		
M30	AR	STUART RENDELL	ACT	77.53m	2006	W30	AR	KARYNE DI MARCO	NSW	64.10m	2009	
M35	AR	HANS LOTZ	VIC	67.92m	1987	W35	AR	PAM MATTHEWS	VIC	48.14m	1994	
	WR	IGOR ASTAPKOVICH	BLR	83.62m	1998		WR	OLGA KUSENKOVA	RUS	72.36m	2007	
M40	AR	HANS LOTZ	VIC	66.94m	1987	W40	AR	JAYNE HARDY	ACT	46.33m	2004	
	WR	IGOR ASTAPKOVICH	BLR	82.23m	2004		WR	ONEITHEA LEWIS	USA	57.08m	2005	
M45	AR	HANS LOTZ	VIC	59.62m	1994	W45	AR	SHARON GIBBONS	ACT	43.87m	2003	
	WR	YURI SEDYKH	RUS	67.74m	2001		WR	ONEITHEA LEWIS	USA	56.21m	2005	
	HAMMER			6kg			HAMMER			3kg		
M50	AR	HANS LOTZ	VIC	60.39m	1998	W50	AR	MARJA-LEENA PARVIAINEN	NSW	51.73m	1998	
	WR	CHRISTOPHER BLACK	GBR	66.92m	2002		WR	MARJA-LEENA PARVIAINEN	AUS	51.73m	1998	
M55	AR	KEN READWIN	VIC	49.34m	1996	W55	AR	MARJA-LEENA PARVIAINEN	NSW	51.30m	2002	
	WR	HANS POTSCHE	AUT	63.70m	1990		WR	MARJA-LEENA PARVIAINEN	AUS	51.30m	2002	
	HAMMER			5kg			W60	AR	HELEN SEARLE	QLD	46.09m	2001
M60	AR	WIM VAN WEENEN	VIC	50.62m	1994		WR	HELEN SEARLE	AUS	46.09m	2001	
	WR	ARILD BUSTERUD	NOR	63.32m	2008	W65	AR	HELEN SEARLE	QLD	41.41m	2006	
M65	AR	WIM VAN WEENEN	VIC	50.38m	1997		WR	JUTTA SCHAEFER	GER	44.38m	1997	
	WR	EDWARD BURKE	USA	55.74m	2006	W70	AR	HELEN SEARLE	QLD	34.86m	2009	
	HAMMER			4kg			WR	EVAUN B. WILLIAMS	GBR	37.40m	2008	
M70	AR	WIM VAN WEENEN	VIC	48.74m	2003					*2kg from 10/2004		
	WR	ROBERT WARD	USA	53.12m	2004	W75	AR	GWEN DAVIDSON	VIC	23.82m	1999	
M75	AR	WIM VAN WEENEN	VIC	43.84m	2008		AR	VAL WORRELL	VIC	*28.96m	2010	
	WR	ROBERT WARD	USA	51.51m	2008		WR	JUTTA SCHAEFER	GER	28.78m	2006	
				3kg from 11/2005		W80	AR	GWEN DAVIDSON	VIC	23.12m	2006	
M80	AR	JOHN FRASER	VIC	37.18m	1996		AR	GWEN DAVIDSON	VIC	*24.20m	2005	
	WR	MANFRED RITTWEGER	GER	41.38m	2008		WR	MARIANNE NEUBERT	GER	22.65m	2009	
M85	AR	ANTON TESIJA	ACT	28.01m	2000	W85	AR	RUTH FRITH	NSW	18.26m	1995	
	WR	ERIK ERIKSSON	FIN	32.52m	2008		WR	OLGA KOTELKO	CAN	18.62m	2004	
M90	AR	JOHN FRASER	VIC	24.61m	2005	W90	AR	RUTH FRITH	NSW	13.13m	2000	
	WR	JOHN FRASER	AUS	24.61m	2005		WR	RUTH FRITH	AUS	13.13m	2000	
M95	AR	unclaimed				W95	AR	RUTH FRITH	QLD	11.37m	2004	
	WR	TRENT LANE	USA	20.15m	2006		AR	RUTH FRITH	QLD	*13.71m	2006	
M100	WR	EVERETT HOSACK	USA	8.86m	2002		WR	RUTH FRITH	AUS	11.37m	2004	
						W100	AR	RUTH FRITH	QLD	*10.80m	2009	
	JAVELIN	*Pre-1987 old centre of gravity		800g			JAVELIN	*Pre-2000 old centre of gravity		600g		
M30	AR	ANDREW CURREY	NSW	86.67m	2001	W30	AR	LYNETTE SMITH	NSW	38.88m	2005	
								*MARY THOMAS	NSW	49.40m	1979	
M35	AR	TONY SHIELD	VIC	62.11m	2007	W35	AR	JAYNE HARDY	ACT	41.28m	2000	
		*FRANCIS RYAK	NSW	64.40m	1986			*MARY THOMAS	NSW	46.98m	1983	
	WR	JAN ZELEZNY	CZE	92.80m	2001		WR	STEFFI NERIUS	GER	68.34m	2008	
M40	AR	JOHN KAY	NSW	66.90m	2001	W40	AR	JAYNE HARDY	ACT	39.32m	2004	
	WR	JAN ZELEZNY	CZE	85.92m	2006			*MARY THOMAS	NSW	48.84m	1985	
							WR	FELICIA MOLDOVAN	ROM	61.23m	2008	
M45	AR	BOB BANENS	ACT	57.38m	1999	W45	AR	JAYNE HARDY	ACT	36.38m	2008	
	WR	PETER BLANK	GER	77.15m	2007			*HEATHER DOHERTY	QLD	42.28m	1980	
							WR	ELISABETH WALLANDER	SWE	50.47m	2005	
	JAVELIN			700g from 2000			JAVELIN			500g from 2000		
M50	AR	BOB BANENS	ACT	58.68m	2001	W50	AR	DAWN HARTIGAN	VIC	32.26m	2009	
	WR	LUIS NOGUEIRA	ESP	71.01m	2007			MARY THOMAS	NSW	48.56m(400g)	1995	
							WR	INGRID THYSSEN	GER	44.20m	2006	
M55	AR	BOB BANENS	ACT	51.75m	2005	W55	AR	MARY THOMAS	NSW	39.17m	2001	
	WR	MICHAEL BROWN	USA	65.35m	2009			HEATHER DOHERTY	QLD	40.10m(400g)	1989	
							WR	NATASA BEZJAK	SLO	44.44m	2002	
	JAVELIN			600g			JAVELIN			400g		
M60	AR	GRAEME ROSE	VIC	48.98m	2004	W60	AR	HEATHER DOHERTY	QLD	36.08m	1993	
	WR	ESA KIURU	FIN	62.47m	2007		WR	GERTRAUD SCHONAUER	AUT	41.28m	1997	
M65	AR	AIVARS PAVULINS	VIC	45.00m	1989	W65	AR	MARY THOMAS	NSW	31.31m	2009	
	WR	GARY STENLUND	USA	57.67m	2006		WR	EVAUN B. WILLIAMS	GBR	38.07m	2006	
	JAVELIN			500g from 2000		W70	AR	HEATHER DOHERTY	QLD	26.14m	2006	
M70	AR	ERKKI SAARINEN	QLD	42.00m	2006		WR	EVAUN B. WILLIAMS	GBR	33.73m	2009	
	WR	WLADYSLAW KOWALCZYK	GER	51.25m	2008	W75	A R	HEATHER DOHERTY	QLD	19.83m	2008	
M75	AR	ERKKI SAARINEN	QLD	38.12m	2010		WR	BIRUTE KALEDIENE	LIT	26.21m	2008	
	WR	MATTI KAMILA	FIN	43.77m	2004	W80	AR	RAEMA MCMILLAN	WA	15.34m	2010	
	JAVELIN			400g from 2000			WR	RACHEL HANSENS	BEL	21.21m	2009	
M80	AR	FRED O'CONNOR	NSW	28.72m	2005	W85	AR	RUTH FRITH	NSW	11.11m	1998	
	WR	WILLIAM PLATTS	USA	39.06m	2008		WR	OLGA KOTELKO	CAN	18.56m	2004	
M85	AR	VIC YOUNGER	QLD	21.98m	2000	W90	AR	RUTH FRITH	NSW	10.51m	2002	
	WR	KLAUS LANGER	GER	31.72m	2002		WR	OLGA KOTELKO	CAN	13.54m	2009	
M90	AR	VIC YOUNGER	VIC	17.01m	2003	W95	AR	RUTH FRITH	QLD	9.03m	2006	
	WR	HELGE LONNROTH	FIN	23.87m	2007		WR	RUTH FRITH	AUS	9.03m	2006	
M95	WR	TRENT LANE	USA	20.80m	2005	W100	AR	RUTH FRITH	QLD	6.43m	2009	
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	2007							

M70	AR	COLIN MURRAYLEE	QLD	4432	1999	W70	AR	HELEN SEARLE	QLD	5235	2009	
	WR	BOB WARD	USA	5364	2004		WR	EVAUN WILLIAMS	GBR	6189	2008	
M75	AR	COLIN MURRAYLEE	QLD	4604	2004	W75	AR	GWEN DAVIDSON	VIC	4371	1998	
	WR	BOB WARD	USA	5646	2008		AR	HEATHER DOHERTY	QLD	*4986	2009	
M80	AR	JOHN FRASER	VIC	4357	1995		WR	KAIJA JORTIKKA	FIN	4539	1999	
	WR	HARVEY LEWELLEN	USA	5234	2009	W80	AR	GWEN DAVIDSON	VIC	4419	2003	
M85	AR	JOHN FRASER	VIC	4444	1999		AR	GWEN DAVIDSON	VIC	*4915	2005	
	AR	FELIKS JEKABSONS	QLD	*4505	2008		WR	RACHEL HANSENS	BEL	5225	2009	
	WR	ERIK ERIKSSON	FIN	5531	2008	W85	AR	RUTH FRITH	AUS	4561	1995	
M90	AR	JOHN FRASER	VIC	5201	2005		WR	OLGA KOTELKO	CAN	5465	2004	
	WR	JOHN FRASER	AUS	5201	2005	W90	AR	RUTH FRITH	NSW	5558	2000	
M95	WR	TRENT LANE	USA	5999	2005		WR	OLGA KOTELKO	CAN	5905	2009	
						W95	AR	RUTH FRITH	QLD	*7383	2005	
							WR	RUTH FRITH	AUS	6122	2004	
						W100	AR	RUTH FRITH	QLD	*11671	2009	
							WR	RUTH FRITH	AUS	*11671	2009	
PENTATHLON (2002 Tables) LJ, Javelin, 200m, Discus, 1500m						"NEW/OCEANIA" PENTATHLON: 100m, Shot, Long Jump, Javelin, 800m						
M30	AR	WARREN EVANS	QLD	3275	2003	W30	AR	LYNETTE SMITH	NSW	2463	2004	
M35	AR	TERRY BALDWIN	VIC	3589	1998			*WILMA PERKINS	QLD	2829	1984	
	WR	SILVIO HODOS	FRA	4003	1983	W35	AR	LYNETTE SMITH	NSW	2754	2009	
M40	AR	RAY MOONEY	VIC	3311	1987			*WILMA PERKINS	QLD	3039	1986	
	WR	WERNER SCHALLAU	FRG	4076	1978	W40	AR	JULIE BRIMS	QLD	2856	2006	
M45	AR	LLOYD MITCHELSON	NSW	3935	1985			*JAN HYNES	QLD	3568	1986	
	WR	GARY MILLER	USA	4009	1983	W45	AR	LISA CROUCH	QLD	3653	2009	
M50	AR	TERRY HICKS	VIC	3662	2005	W50	AR	CHRISTINE BRIDLE	VIC	3221	2009	
	WR	GARY MILLER	USA	4155	1988	W55	AR	WILMA PERKINS	QLD	3932	2004	
M55	AR	DON FRASER	ACT	3775	1994	W60	AR	MARGARET TAYLOR	ACT	3699	2009	
	WR	RICHMOND MORCOM	USA	3994	1977	W65	AR	MARG ALLISON	QLD	3882	2010	
M60	AR	RUDI HOCHREITER	VIC	4081	1987	W70	AR	unclaimed				
	WR	RUDI HOCHREITER	AUS	4081	1987	W75	AR	SHIRLEY BRASHER	TAS	2769	2002	
M65	AR	RUDI HOCHREITER	VIC	4019	1992	W80	AR	SHIRLEY BRASHER	TAS	2593	2008	
	WR	GUDMUND SKRIVERIK	NOR	4245	1986			*Pre-2000 with old Javelin				
M70	AR	MIKE JOHNSTON	VIC	3945	1991	"OLD" PENTATHLON: Long Jump, Javelin, 200m, Discus, 800m						
	WR	ADOLF KOCH	FRG	4223	1987	W30	AR	LYNETTE SMITH	NSW	3255	2005	
M75	AR	DAVID CARR	WA	3462	2008	W35	AR	PETA BIRD	NSW	2965	1995	
	WR	PIERRE DARROTT	FRA	3917	1996	W40	AR	JAN HYNES	QLD	3443	1987	
M80	AR	FRED O'CONNOR	NSW	3456	2004	W45	AR	JAN HYNES	QLD	3698	1991	
	WR	BILL CARTER	USA	3688	2003	W50	AR	UNA LUND	QLD	3719	1991	
M85	AR	HARRY GATHERCOLE	QLD	2632	1994	W55	AR	WILMA PERKINS	QLD	3532	2005	
	WR	KEN CARNINE	USA	2973	1993	W60	AR	PEGGY MACLIVER	WA	3373	2007	
M90	AR	VIC YOUNGER	VIC	2672	2003	W65	AR	JOYCE BANNISTER	ACT	3577	1991	
	WR	SACHIO YAMAMOTO	JPN	3434	2005	W70	AR	GWEN DAVIDSON	VIC	3373	1993	
						W75	AR	PAT CARR	WA	2797	2007	
						W80	AR	SHIRLEY BRASHER	TAS	2558	2008	
DECATHLON (2002 WMA Tables)			M80 3kg Shot from 11/2005			HEPTATHLON (2002 WMA Tables)						
M30	AR	MATT MCEWEN	QLD	7705	2003	W30	AR	LYNETTE SMITH	NSW	3886	2005	
M35	AR	JOHN GAN	QLD	5334	2006	W35	AR	MARIE KAY	NSW	4806	1999	
	WR	LEV LOBODIN	RUS	8648	2004		WR	SABINE BRAUN	GER	6701	2002	
M40	AR	TROY MCLAREN	QLD	5242	2006	W40	AR	MARIE KAY	NSW	5698	2001	
	WR	KIP JANVRIN	USA	8618	2005		WR	BARBARA GAELING	GER	5929	2005	
M45	AR	JOHN GORDON	NSW	6528	1993	W45	AR	MARIE KAY	QLD	6185	2009	
	WR	VIKTOR GROUZENKIN	RUS	7767	1997		WR	MARIE KAY	AUS	6185	2009	
M50	AR	TERRY HICKS	VIC	6319	2004	W50	AR	WILMA PERKINS	QLD	5119	2003	
	WR	HUBERT INDRA	ITA	7824	2007		WR	CHRISTINE MUELLER	SUI	6272	2009	
M55	AR	TERRY HICKS	VIC	6179	2009	W55	AR	WILMA PERKINS	QLD	5471	2005	
	WR	ROLF GEESE	GER	8390	1999		WR	RITA HANSCOM	USA	6382	2009	
M60	AR	RUDI HOCHREITER	VIC	7204	1989	W60	AR	MARJ ALLISON	QLD	5546	2008	
	WR	ROLF GEESE	GER	8440	2005		WR	PHIL RASCHKER	USA	6865	2007	
M65	AR	DON FRASER	ACT	7129	2005	W65	AR	MARGE ALLISON	QLD	5922	2010	
	WR	ROLF GEESE	GER	8260	2009		WR	MARIANNE MAIER	GER	6573	2009	
M70	AR	DON FRASER	ACT	6762	2009	W70	AR	unclaimed				
	WR	GUDMUND SKRIVERVIK	NOR	8231	1991		WR	BECKY SISLEY	USA	6098	2009	
M75	AR	FRED O'CONNOR	NSW	7317	1999	W75	AR	unclaimed				
	WR	ROBERT HEWITT	USA	8526	2008		WR	LEONORE MCDANIELS	USA	5874	2003	
M80	AR	FRED O'CONNOR	NSW	6082	2006	W80	AR	unclaimed				
	WR	DENNIS SULLIVAN	USA	7285	2006		WR	JOHNNYE VALIEN	USA	5521	2005	
M85	AR	VIC YOUNGER	QLD	5512	1999							
	WR	PEKKA PENTTILA	FIN	7265	2009							
M90	AR	VIC YOUNGER	VIC	4199	2003							
	WR	VIC YOUNGER	AUS	4199	2003							
4X100m RELAYS MEN												
M30	AR	Steve Jones, Kevin Matthews, Robert Barbaro, Michael Rutter							ACT	45.25s	Canberra	1998
M35	AR	Sandor Kazi VIC, Andrew Wilcox VIC, Richard Norris QLD, Ken Telfer ACT								45.52s	Lahti	2009
	WR	Scott, Dunwell, Tipper, Leight							GBR	42.51s	Ashford	2008
M40	AR	Ricky Irvine VIC, Peter Durham SA, Kealy, Peter Crombie NSW								43.69s	Melbourne	1987
	WR	Strong, Stephen, Berry, Gault							USA	42.20s	Irvine	2004
M45	AR	Martin Lynch NSW, Philip Lyons NSW, James Furlong QLD, Arch Moore QLD								45.35s	Brisbane	2001
	WR	Ross, Franklyn, Oliver, Peters							GBR	43.42s	Gateshead	1999

W70	AR	Cory Collins, Alison Ide, Consie Larmour, Anne Young				ACT	7m 00.77s	Canberra	2006
	WR	McCarron, Visser, Reed, Palmason				CAN	6m 12.25s	Calgary	2008
W75	AR	unclaimed							
	WR	Petley, Cumming, Van Der Veecken, Peters				USA	6m 58.70s	Lahti	2009
W80	AR	unclaimed							
	WR	Takinami, Mori Saito, Matsumoto, Avles				BRA	9m 49.43s	Rio de Janeiro	2007
4X800m RELAYS MEN									
M30	AR	Gary Parkinson 41, David Hill 38, Bruce Hill 38, Brendan Whelan 34				QLD	8m 30.74s	SAF Brisbane	2008
M35	AR	Steven Bell 36, Brendan Whelan 35, Steven Minns 40, Gary Parkinson 42				QLD	9m 02.09s	SAF Brisbane	2009
	WR	Cubells, Martinez, DeCossio, Tella				ESP	8m 11.84s	Valencia	2008
M40	AR	Andrew Evans 41, John Schuijers 49, Danny Hecker 41, Paul Skipper 41				VIC	8m 46.68s	Melbourne	2010
M45	AR	Richard McMahon 48, Jonathon Wheatland 45, Kris Wolszczak 49, Mark Worthing 47				SA	9m 02.5s	Adelaide	2010
M40-49	WR	Hinton, Pope, Paulk, Young				USA	7m 54.17s	Eugene	2004
M50	AR	Peter Hawes, Bruce Bodsworth, Bob Grayson, Terry Dauphinat				QLD	9m 14.4s	Nathan	2006
M55	AR	Jason Collie 57, Bruce Bodsworth 56, Bob Grayson 56, Terry Dauphinat 55				QLD	9m 34.44s	SAF Brisbane	2008
M50-59	WR	Chantry, Robinson, Prattner, Patton				USA	8m 40.32s	Honolulu	2005
M60	AR	Noel Wright 62, Steve Napper 62, Don Mathewson 64, Les Gillies 62				NSW	10m 09.32s	Illawong	2009
M65	AR	Alan Bradford 69, Brian Morling 69, Colin McLeod 72, Colin Buyers 65				QLD	11m 15.37s	SAF Brisbane	2008
M60-69	WR	Maijoor, Ravensbergen, Zethof, Herlaar				NED	9m 33.95s	Beverwyk	1992
M70	AR	Alan Burgoyne, Andy Smith, Eddie Gamble, Cliff Barling				VIC	11m 44.1s		
M75	AR	Brian Paxman 77, Ken Whistler 76, Bob Hayres 76, Cecil Walkley 78				WA	16m 07.1s	Perth	2008
M70-79	WR	Selby, Escobson, Linde, Bryant				USA	11m 09.87s	Orono	1998
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80				WA	16m 01.8s	Perth	2010
M80-89	WR	Gerry Heilmann 83, Michael Johnston 85, Ken Matchett 85, Jim Sinclair 82				AUS	17m 24.2s	Murrumbreena	2007
4X800m RELAYS WOMEN									
W30	AR	Petrina Brown 40, Anne Venema 30, Glenda Banaghan 44, Jeanette Flynn 57				QLD	10m 21.11s	SAF Brisbane	2008
W35	AR	Deborah Drennan 51, Robyn Sutter 50, Mary Fien 37, Marie Kay 49				NSW/QLD	10m 20.74s	Blacktown	2009
W35-39	WR	Van de Van, Pos, Ruyter, Verhoef				NED	9m 37.29s	Dordrecht	1992
W40	AR	Lisa Harrison 43, Karen Herrmann 41, Jane Boyd 46, Nancy Newsome 44				NSW	10m 04.48s	Illawong	2010
W45	AR	Margaret Saunders 54, Karen March 46, Kay Burt 51, Robin King 49				WA	11m 53.3s	Perth	2008
W40-49	WR	Everton, Dixon, Bunting, StCroix					9m 40.3s	Burnaby	2005
W50	AR	Robyn Basman 51, Erika Bunker 53, Deborah Drennan 51, Robyn Sutter 50				NSW	11m 08.12s	Illawong	2010
W55	AR	Fay McNeill Qld, Jeanette Flynn Qld, Betty Menzies Qld, Kathy Heagney Vic					10m 31.0s	Brisbane	2007
W50-59	WR	Groesz, Kunz, Martin, Steinbach				USA	10m 27.04s	Valkenswaard	2006
W60	AR	Marge Allison 63, Jean Hampson 62, Irene Davey 60, Betty Menzies 64				QLD	12m 18.0s	SAF Brisbane	2008
W65	AR	Peggy Macliver 65, Christine Oldfield 65, Lynne Schickert 68, Lorraine Lopes 70				WA	15m 04.3s	Perth	2010
W60-69	WR	Jonkers, Knapen, Raap, van Hal				NED	12m 00.36s	Amstelveen	2008
W70	AR	Anne Young, Alison Ide, Consie Larmour, Cory Collins				ACT	16m 43.22s	Bruce	2007
W70-79	WR	Anne Young, Alison Ide, Consie Larmour, Cory Collins				AUS	16m 43.22s	Bruce	2007
4X1500m RELAYS MEN (currently not listed by WMA, but available from ex-WMA Records Officer Pete Mundle)									
M30	AR	Ross Nicholls 43, Steven Bell 34, Brendan Whelan 35, Joshua Bridge 37				QLD	19m 57.62s	SAF Brisbane	2008
M35	AR	Ken Hastie 39, Tom Newman 42, Paul Tierney 35, Paul Jackson 36				QLD	18m 49.34s	SAF Brisbane	2009
M40	AR	Dale Moore, Colin Farlow, Paul Considine, Bryce Anderson				ACT	18m 57.9s	AIS, ACT	2004
M45	AR	Mark Jones, Peter Hallahan, Andy Clowes, Davis Sweeney				QLD	18m 31.73s	SAF Brisbane	2007
M40-49	WR	Faucheur, Crochemore, Bourdet, Ramdani				FRA	16m 44.78s	Bourgoin-Jallieu	2002
M50	AR	Robert Caldwell 50, Terry Pearce 51, Will Hersbach 53, Eero Keranen 51				VIC	18m 43.23s	Olympic Park, Vic	2007
M55	AR	Bruce Bodsworth, Dave Cundy, Bob Grayson, Jason Collie				QLD	20m 25.96s	SAF Brisbane	2007
M50-59	WR	Irvine, Combs, Sumner, Shapiro				USA	19m 12.67s	Irvine	2002
M60	AR	Noel Wright 63, Dennis Williams 61, Donald Mathewson 65, John Warren 71				NSW	21m 31.2s	Illawong	2010
M65	AR	Robert Schickert 66, David Roberts 65, Albert Carse 66, David Carr 75				WA	22m 15.3s	Perth	2008
M60-69	WR	Steijn, Terlow, Blom, Halter				NED	19m 55.43s	Tessenderlo	1996
M70	AR	Roger Abbott 71, Bob Chapman 74, Michael Freer 79, Tony Booth 70				ACT	27m 58.81s	AIS, ACT	2009
M75	AR	David Carr 76, Robert Hayres 77, Cecil Walkley 79, Irwin Barrett-Lennard 79				WA	30m 01.7s	Perth	2009
M80	AR	Victor Beaumont 80, Stanley Lockwood 80, Cecil Walkley 80, Irwin Barrett-Lennard 80				WA	34m 04.8s	Perth	2010
4X1500m RELAYS WOMEN (currently not listed by WMA, but available from ex-WMA Records Officer Pete Mundle)									
W30	AR	Anne Venema 30, Jeanette Flynn 57, Petrina Brown 40, Glenda Banaghan 44				QLD	21m 47.9s	SAF Brisbane	2008
W35	AR	Rachelle Ellis-Brownlee 36, Bronwyn Calver 39, Nadine Thomlinson 39, Katie Forestien 42				ACT	23m 56.61s	AIS, ACT	2008
W35-39	WR	Howard, Gallagher, Davison, Caig				GBR	20m 13.0s		1997
W40	AR	Sarah Fien 41, Jane Zeller 40, Amanda Walker 41, Jackie Fairweather 41				ACT	21m 17.01s	AIS, ACT	2009
W45	AR	Robyn Basman 50, Cris Penn 51, Erika Bunker 53, Jane Boyd 45				NSW	22m 00.95	Sydney	2009
W50	AR	Fay McNeill 54, Jeanette Flynn 54, Betty Menzies 60, Jean Hampson 59				QLD	23m 24.5s	Nathan	2006
W55	AR	Barbara Blurton 59, Carol Bowman 55, Margaret Saunders 56, Shirley Bell 61				WA	26m 26.9s	Perth	2010
W60	AR	Peggy Macliver 64, Jacquelin Halberg 62, Shirley Bell 60, Gillian Young 61				WA	26m 30.0s	Perth	2009
W65	AR	Peggy Macliver 65, Christine Oldfield 65, Lynne Schickert 68, Lorraine Lopes 70				WA	31m 16.7s	Perth	2010
W70	AR	Cory Collins 70, Anne Young 71, Alison Ide 71, Consie Larmour 71				ACT	34m 20.42s	AIS, ACT	2006

INDOOR RECORDS - from WMA Indoors Championships: 1st Sindelfingen, Germany, 10-14 March 2004, 2nd Linz, Austria, 15-20 March 2006 3rd Clermont-Ferrand, France, 17-22 March 2008, 4th Kamloops, Canada 1-6 March 2010; from 2007 & 2008 USA Masters, Boston; and from British Masters, 23-24 February 2008.

MEN		WOMEN		# World Record							
60 METRES											
M40	AR	Kris Wardecki	NSW	7.40s	2010	W35	AR	Ranel Hobson	NSW	8.17s	2010
M45	AR	Stephen Jones	QLD	7.57s	2010	W40	AR	Julie Brims	QLD	8.05s	2010
M50	AR	Colin Pocklington	VIC	7.88s	2010	W45	AR	Deborah Wolfenden	WA	11.12s	2010
M55	AR	John Fienieg	NSW	8.44s	2010	W50					
M60	AR	Peter Crombie	NSW	7.98s	2006	W55	AR	Kathy Heagney	VIC	9.27s	2010
M65	AR	Peter Crombie	NSW	8.35s	2010	W60	AR	Wilma Perkins	QLD	9.27s	2010

M70	AR	Don Chambers	VIC	8.95s	2010	W65	AR	Noreen Parrish	QLD	9.88s	2008
M80	AR	Radovan Leovic	ACT	11.51s	2010						
200 METRES						200 METRES					
M35	AR	Glenn Stephens	VIC	24.00s	2006	W35	AR	Ranell Hobson	NSW	28.67s	2010
M40	AR	Ken Telfer	ACT	23.90s	2008	W40	AR	Julie Brims	QLD	26.83s	2010
M45	AR	Stephen Jones	QLD	25.63s	2010	W45	AR	#Marie Kay	QLD	25.85s	2008
M50	AR	Colin Pocklington	VIC	26.13s	2010	W50	AR	Marie Kay	QLD	27.33s	2010
M55	AR	Peter Crombie	NSW	25.30s	2004	W55	AR	Kathy Heagney	VIC	31.01s	2010
M60	AR	Peter Crombie	NSW	25.59s	2006	W65	AR	Marge Allison	QLD	31.79s	2010
M65	AR	Peter Crombie	NSW	26.95s	2010						
M70	AR	Don Chambers	VIC	31.00s	2010						
M80	AR	Radovan Leovic	ACT	41.82s	2010						
400 METRES						400 METRES					
M35	AR	Glenn Stephens	VIC	52.94s	2006	W40	AR	Marie Kay	NSW	61.58s	2004
M40	AR	Ken Telfer	ACT	52.99s	2008	W45	AR	#Marie Kay	QLD	56.99s	2008
M55	AR	Peter Crombie	NSW	57.04s	2004	W50	AR	Marie Kay	QLD	62.96s	2010
M60	AR	Peter Crombie	NSW	57.62s	2006	W55	AR	Kathy Heagney	VIC	70.74s	2010
M65	AR	Peter Crombie	NSW	62.35s	2010	W65	AR	Marge Allison	QLD	74.05s	2010
M70	AR	Ken Daniels	QLD	74.45s	2010						
M80	AR	Rad Leovic	ACT	88.33s	2008						
800 METRES						800 METRES					
M30	AR	Brendan Whelan	QLD	2m 04.24s	2008	W40	AR	Amanda Coombe	TAS	2m 33.31s	2010
M50	AR	Stuart Paterson	NSW	2m 18.25s	2008	W45	AR	Marie Kay	NSW	2m 39.79s	2006
M55	AR	Robert Pearce	SA	2m 27.34s	2008	W50	AR	Marie Kay	QLD	2m 46.78s	2010
M60	AR	Neil MacDonald	VIC	2m 16.91s	2004	W55	AR	Kathy Heagney	VIC	2m 52.28s	2010
M65	AR	Peter Sandery	SA	2m 30.46s	2008	W65	AR	Marge Allison	QLD	3m 08.99s	2010
M80	AR	Rad Leovic	ACT	3m 44.71s	2008						
1000 METRES						1000 METRES					
M50	AR	Roger Pilkington	ACT	4m 12.78s	2010						
M55	AR	Viddy Jermacans	QLD	3m 43.88s	2006						
M60	AR	Viddy Jermacans	QLD	4m 09.49s	2010						
M70	AR	Ken Daniels	QLD	4m 40.41s	2010						
M80	AR	Rad Leovic	ACT	4m 47.96s	2008						
1500 METRES						1500 METRES					
M45	AR	John Lisiewicz	SA	4m 28.51s	2008	W50	AR	Amanda Coombe	TAS	5m 30.58s	2010
M50	AR	Stuart Paterson	NSW	4m 41.99s	2008						
M55	AR	Kevin Solomon	VIC	4m 27.49s	2004						
M60	AR	Neil MacDonald	VIC	4m 54.17s	2004						
M65	AR	Peter Sandery	SA	5m 07.61s	2008						
M80	AR	Rad Leovic	ACT	8m 19.76s	2010						
MILE						MILE					
M30	AR	Brendan Whelan	QLD	4m 31.43s	2008						
M55	AR	Robert Pearce	SA	5m 25.02s	2008						
M60	AR	Kevin Solomon	VIC	5m 01.62s	2008						
M65	AR	Peter Sandery	SA	5m 22.70s	2008						
3000 METRES						3000 METRES					
M30	AR	Brendan Whelan	QLD	9m 02.38s	2008						
M45	AR	John Lisiewicz	SA	9m 23.74s	2008						
M55	AR	Kevin Solomon	VIC	9m 30.32s	2004						
M60	AR	Kevin Solomon	VIC	10m 11.85s	2008						
M65	AR	Peter Sandery	SA	10m 36.54s	2008						
M80	AR	Rad Leovic	ACT	15m 56.73s	2008						
60 METRES HURDLES						60 METRES HURDLES					
M55	AR	Steve McGugan	NSW	9.94s	2010	W40	AR	Marie Kay	NSW	9.71s	2004
M60	AR	Viddy Jermacans	QLD	12.51s	2010	W45	AR	Marie Kay	NSW	9.43s	2006
M70	AR	Don Chambers	VIC	10.54s	2010	W50	AR	Marie Kay	QLD	9.55s	2010
M80	AR	Rad Leovic	ACT	15.33s	2008	W60	AR	Wilma Perkins	QLD	10.81s	2010
						W65	AR	Marge Allison	QLD	11.05s	2010
3000 METRES WALK						3000 METRES WALK					
M50	AR	Mark Wall	TAS	15m 21.33s	2008	W60	AR	#Heather Carr	VIC	15m 54.75s	2010
HIGH JUMP						HIGH JUMP					
M40	AR	Howard Arbuthnot	QLD	1.65m	2010	W40	AR	Irie Hill	VIC	1.52m	2010
M50	AR	Roger Pilkington	ACT	1.32m	2010	W45	AR	Marie Kay	NSW	1.51m	2006
M55	AR	John Fienieg	NSW	1.45m	2010	W50	AR	Marie Kay	QLD	1.51m	2010
M60	AR	Viddy Jermacans	QLD	1.28m	2010	W60	AR	Wilma Perkins	QLD	1.20m	2010
M70	AR	Ken Daniels	QLD	1.14m	2010	W65	AR	Marge Allison	QLD	1.17m	2010
M80	AR	Rad Leovic	ACT	0.99m	2008						
LONG JUMP						LONG JUMP					
M50	AR	Roger Pilkington	ACT	3.25m	2010	W35	AR	Ranell Hobson	NSW	4.43m	2010
M55	AR	Viddy Jermacans	QLD	4.99m	2006	W40	AR	Marie Kay	NSW	5.13m	2004
M60	AR	Viddy Jermacans	QLD	4.27m	2010	W45	AR	Marie Kay	QLD	5.57m	2008
M70	AR	Don Chambers	VIC	3.93m	2010	W50	AR	Marie Kay	QLD	5.19m	2010
M80	AR	Rad Leovic	ACT	3.11m	2008	W60	AR	Wilma Perkins	QLD	4.09m	2010
						W65	AR	Marge Allison	QLD	3.13m	2010
TRIPLE JUMP						TRIPLE JUMP					
M55	AR	Viddy Jermacans	QLD	8.88m	2006	W40	AR	Julie Brims	QLD	10.52m	2010
M60	AR	Viddy Jermacans	QLD	8.11m	2010						
M70	AR	Don Chambers	VIC	8.24m	2010						
M80	AR	Rad Leovic	ACT	6.98m	2008						
POLE VAULT						POLE VAULT					

M35	AR	Warren Hill	VIC	3.00m	2004	W40	AR	Irie Hill	VIC	3.65m	2010
M40	AR	Howard Arbutnot	QLD	4.40m	2010	W45	AR	Dawn Hartigan	VIC	3.35m	2004
						W60	AR	Wilma Perkins	QLD	2.40m	2010
SHOT PUT						SHOT PUT					
M50	AR	Roger Pilkington	ACT	7.13m	2010	W40	AR	Caroline Layt	QLD	9.72m	2010
M55	AR	Steve McGugan	NSW	8.90m	2010	W45	AR	Marie Kay	NSW	10.02m	2006
M60	AR	Bob Banens	ACT	11.31m	2010	W50	AR	Marie Kay	QLD	12.30m	2010
M70	AR	Don Chambers	VIC	9.98m	2010	W65	AR	Jan Banens	ACT	7.60m	2010
M80	AR	Rad Leovic	ACT	7.37m	2008						
WEIGHT THROW						WEIGHT THROW					
M50	AR	Terrence Gibbs	NSW	14.25m	2007	W40	AR	Caroline Layt	QLD	11.29m	2010
M60	AR	Bob Banens	ACT	14.44m	2010	W65	AR	Jan Banens	ACT	12.47m	2010
M70	AR	Don Chambers	VIC	12.05m	2010						
M80	AR	Rad Leovic	ACT	7.52m	2010						
56LB WEIGHT THROW						56LB WEIGHT THROW					
M50	AR	Terrence Gibbs	NSW	7.08m	2007						
PENTATHLON						PENTATHLON					
M50	AR	Roger Pilkington	ACT	1,405 points	2010	W40	AR	Marie Kay	NSW	3,311 points	2004
(60mH dnf, HJ 1.32m, SP 7.13m, LJ 3.25m, 1000m 4m 12.78s)						(60mH 9.71, HJ 1.45, SP 8.80, LJ 5.13, 800 2:57.32)					
M55	AR	Steve McGugan	NSW	2,995 points	2010	W45	AR	#Marie Kay	NSW	4,403 points	2006
(60mH 10.13s, LJ 4.17m, SP 8.90m, HJ 1.42m, 1000m 4m 09.19s)						(60mH 9.43, HJ 1.51, SP 10.02, LJ 5.41, 800 2:39.79)					
M60	AR	Viddy Jermacans	QLD	2,597 points	2010	W50	AR	#Marie Kay	QLD	4,906 points	2010
(60mH 12.51s, HJ 1.28m, SP 8.06m, LJ 4.12m, 1000m 4m 09.49s)						(60mH 9.55, HJ 1.51, SP 12.30, LJ 5.16, 800 2:46.78)					
M70	AR	Don Chambers	VIC	3,131 points	2010	W65	AR	Marge Allison	QLD	4,199 points	2010
(60mH 10.73s, HJ 1.11m, SP 8.85m, LJ 3.70m, 1000m 5m 00.31s)						(60mH 11.53, HJ 1.17, SP 6.57, LJ 3.13, 800 3:08.99)					
M80	AR	Rad Leovic	ACT	3,036 points	2008						
(60mH 15.33s, LJ 2.91m, SP 7.37m, HJ 0.99m, 1000m 4m 47.96s)											
4 x 200 METRES RELAY						4 x 200 METRES RELAY					
M40	AR	Kris Wardecki 41	NSW	1m 37.56s	2010	W35	AR	Ranell Hobson 37	NSW	2m 08.29s	2010
		Ken Telfer 42	ACT					Kathy Heagney 59	VIC		
		Stephen Jones 46	QLD					Amanda Coombe 42	TAS		
		Andrew Wilcox 41	VIC					Caroline Layt 44	NSW		
M50	AR	Colin Pocklington 51	VIC	1m 51.99s	2010	W40	AR	Jacqueline Bezuidenhout	NSW	1m 49.98s	2008
		Robert Pearce 58	SA					Caroline Layt 42	NSW		
		John Fienieg 55	NSW					Janet Naylor	NSW		
		Stuart Paterson 53	NSW					Marie Kay 48	QLD		
M60	AR	Viddy Jermacans 61	QLD	1m 58.90s	2010	W60	AR	Noreen Parrish 68	QLD	2m 15.78s	2010
		Don Chambers 72	VIC					Marge Allison 65	QLD		
		Ken Daniels 72	QLD					Lesley Hamilton 66	QLD		
		Peter Crombie 65	NSW					Wilma Perkins 60	QLD		