

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 16 July 2011

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THROWS PENTATHLON using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M30	Graham Hicks	Vic	3,444	14.12.08	44.89 592	13.94 725	50.57 882	52.09 620	13.07 625
M35	Darron Haworth	Qld	3,672	2.11.08	51.58 728	14.13 768	52.81 945	37.22 409	16.20 822
M40	Stuart Gyngell	NSW	3,946	16.4.06	43.48 659	17.63 1076	47.30 914	41.30 513	14.55 784
M45	Stuart Gyngell	NSW	4,199	12.4.09	43.75 747	17.22 1143	45.47 970	36.98 490	14.53 849
M50	Graeme Rose	Vic	4,037	22.7.95	50.48 841	13.36 830	42.64 737	51.08 779	16.22 850
M55	Graeme Rose	Vic	4,174	4.7.99	47.05 873	12.72 861	37.84 706	46.19 765	16.98 969
M60	Graeme Rose	Vic	4,242	16.4.06	48.38 898	13.14 876	39.36 702	43.12 752	19.03 1014
M65	Graeme Rose	Vic	4,325	12.4.09	43.98 917	12.12 882	38.97 774	40.46 786	17.05 966
M70	C. Murray-Lee	Qld	4,119	20.3.99	42.35 910	10.77 759	36.30 796	38.15 800	14.98 854
M75	Tom Hancock	Vic	4,290	15.7.11	36.89 905	11.12 878	33.97 843	33.04 776	14.38 888
M80	John Fraser	Vic	3,706	17.3.96	35.04 956	9.00 752	24.74 678	16.40 361	14.49 959
M85	Feliks Jekabsons New Specifications	Qld	3,897	23.3.08	27.36(3kg) 882	9.10(3kg) 877	25.28 856	19.44 550	10.35 732
M90	John Fraser Old Specification	Vic	4,005 WR	13.3.05	24.63 1123	6.90 795	19.74 832	12.96 410	10.12 845

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Y. Amerasekera	Vic	2,980	11.4.04	36.33 453	13.87 720	44.65 760	44.17 503	11.64 544
M35	Stuart Gyngell	NSW	3,611	2002	44.15 602	17.34 974	45.06 781	43.67 504	14.96 750
M40 & M45 – as above in Australian records Stuart Gyngell M40 3,946 & M45 4,199									
M50	Graeme Rose	Vic	3,979	1996	47.56 783	12.88 795	41.28 709	49.48 782	17.21 910
M55	Graeme Rose	Vic	4,085	2001	43.32 792	12.29 827	38.90 730	49.48 832	15.99 904
M60 & M65 – as above in Australian records Graeme Rose M60 4,242 & M65 4,325									
M70	C. Murray-Lee	Qld	4,146	1999	43.22 932	11.11 787	36.12 791	36.41 791	14.83 845
M75	Ron Simcock	NSW	3,981	24.4.11	35.33 859	10.06 782	30.19 731	31.15 722	14.36 887
M80	Feliks Jekabsons	Qld	3,611	16.4.06	30.30 805	10.13 862	26.92 751	19.88 466	11.40 727
M85 – as above in Australian records Feliks Jekabsons 3,897									

THROWS PENTATHLON using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W30	Byrony Glass	WA	3,831	12.4.09	56.99 1104	11.63 637	38.13 618	22.83 342	17.29 1130
W35	Chris Schultz	Vic	3,795	7.12.87	38.24 752	14.77 882	45.10 787	36.58 645	12.68 729
W40	Jayne Hardy	ACT	3,929	20.4.03	41.86 915	10.46 635	37.62 692	39.32 766	14.27 921
W45	Chris Schultz	Vic	4,174	26.7.97	37.24 873	12.68 870	42.46 875	31.12 645	12.94 911
W50	Chris Schultz	Vic	4,371	13.7.01	37.88 902	13.87 1028	40.35 911	32.18 711	12.94 819
W55	Mary Thomas	NSW	4,285	7.8.99	35.00 909	11.65 925	29.79 711	41.02 1043	10.32 697
W60	Helen Searle	NSW	4,789	24.4.00	41.81 1251	12.22 1086	29.61 797	24.32 619	15.48 1036
W65	Helen Searle	Qld	5,013	17.1.06	38.49 1282	11.23 1106	27.08 822	23.23 670	15.30 1133
W70	Helen Searle	Qld	4,800	Oct 2009	34.46 1292	9.54 1043	21.55 738	21.31 703	12.65 1024
W75	Heather Doherty	Qld	4,053	12.4.09	22.99(2kg) 842	8.20(2kg) 862	21.28(750g) 769	19.29 743	10.29(4kg) 837
New Specifications - before 1/1/10 - not accepted by WMA									
W75	Heather Doherty	Qld	3,890	24.4.11	23.30 856	7.41 765	22.26 811	18.22 697	9.48 761
New Specifications - after 1/1/10 – WR pending by WMA									
W80	Gwen Davidson	Vic	3,935	23.3.03	21.67 1056	6.24 872	14.99 752	11.87 518	7.47 737
Old Specifications									
W80	Raema McMillan	WA	3,862	4.4.10	22.36(2kg) 966	7.03(2kg) 833	15.57(750g) 640	14.87 674	8.33(4kg) 749
New Specifications									
W85	Ruth Frith	NSW	3,977	7.3.98	15.48 885	5.57 928	13.25 882	9.82 531	6.51 751
Old specifications									
W90	Ruth Frith	Qld	4,337	24.4.00	13.13 961	5.22 1087	11.81 756	9.33 683	6.00 850
Old specifications									
W95	Ruth Frith	Qld	4,539	Oct 2006	13.71(2kg) 1136	4.99(2kg) 1003	9.49(750g) 831	7.01 750	5.58(4kg) 819
New Specifications - before 1/1/10 – WR not accepted by WMA									
W100	Ruth Frith	Qld	5,743	23.8.09	10.16(2kg) 1203	4.27(2kg) 1114	9.04(750g) 1292	6.43 1307	4.42(4kg) 827
New Specifications - before 1/1/10 – WR not accepted by WMA									
W100	Ruth Frith	Qld	5,570	2.4.11	10.14 1200	3.96 1022	9.30 1335	5.63 1129	4.68 884
New Specifications - after 1/1/10 – WR pending by WMA									

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - WOMEN

W30 – as above in **Australian records** Byrony Glass 3,831

W35	Jane Hardy	ACT	3,584	2002	44.77 910	11.09 627	39.25 668	37.36 661	12.52 718
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W40 – as above in **Australian records** Jane Hardy 3,929

W45	Chris Schultz	Vic	4,160	1996	36.32 847	13.16 909	42.16 868	32.12 669	12.40 867
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AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 1 May 2011

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT	
W50	M. Parviaiven	NSW	4,252	13.4.98	51.73 1301	9.11 627	34.85 767	22.40 489	16.29 1068	
W55	Helen Searle	NSW	4,213	13.4.98	43.20 1165	11.23 887	28.92 687	23.94 595	12.58 879	
W60 & W65 – as above in Australian records Helen Searle W60 4,789 & W65 4,939										
W70	Helen Searle	Qld	4,572	4.4.10	32.51 1207	9.67 1059	21.96 754	18.38 593	11.95 959	
W75 – as above in Australian records with new specifications Heather Doherty 4,053 before 1/1/10 & 3,890 after 1/1/10 (WR pending by WMA)										
W80	Raema McMillan	WA	3,862	4.4.10	22.36 966	7.03 833	15.57 640	14.87 674	8.33 749	
W85	Ruth Frith	NSW	4,489	13.4.98	14.48	5.52 911	12.84 1161	10.62 755	6.43 667	995
W90 & W95 – as above in Australian records Ruth Frith W90 4,337 old specifications & W95 4,539 new specifications										
W100	Ruth Frith	Qld	5,426	4.4.10	10.02(2kg) 1184	4.37(2kg) 1144	8.14(750g) 1145	5.90 1189	4.13(4kg) 764	

PENTATHLON w/Discus & 200m - using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Warren Evans	Qld	3,275	12.4.03	6.61 723	49.65 583	23.29 758	47.03 809	5:29.50 402
M35	Terry Baldwin	Vic	3,494	1.3.98	6.57 760	52.78 640	22.8 817	33.88 551	4:35.3 726
M40	Ray Mooney	Vic	3,236	11/87	5.71 635	45.24 576	25.85 635	31.82 564	4:30.91 826
M45	Lloyd Mitchelson	NSW	3,864	5/85	5.70 716	49.24 703	24.6 812	34.22 690	4:24.5 943
M50	Terry Hicks	Vic	3,566	27.2.05	5.75 828	37.36 528	25.39 890	22.25 324	4:28.30 996
M55	Don Fraser	ACT	3,619	1.4.94	5.65 913	34.06 549	25.65 868	29.22 513	5:18.2 776
M60	Rudi Hochreiter	Vic	3,858	3.12.87	4.91 792	40.54 698	27.14 822	39.36 702	5:21.58 844
M65	Rudi Hochreiter	Vic	3,798	28.3.92	4.70 845	35.78 676	28.42 808	40.16 803	6:15 666
M70	Mike Johnson	Vic	3,816	15.10.91	4.75 1015	28.00 571	28.1 917	24.76 497	6:06.4 816
M75	David Carr	WA	3,284	8.3.08	3.22 544	18.70 376	30.5 865	17.02 355	5:28.1 1144
M80	Fred O'Connor	NSW	3,247	12.4.04	3.58 840	26.30 664	36.37 661	25.27 696	9:22 386
M85	Maurice Dauphinet	Qld	2,770	24.4.11	2.88 670	18.63 521	42.89 527	20.35 658	10:46.52 394

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 1 May 2011

PENTATHLON w/Discus & 200m - using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M90	Vic Younger	Vic	1,884	16.3.03	2.53 659	15.05 498	58.1 223	13.11 504	DNF 0

PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Geoff Gibbons	Tas	2,938	24.4.11	5.96 578	47.52 552	24.31 665	29.07 446	4:37.39 697
M35	Clayton Tompkins	NSW	3,150	4.4.88	6.59 764	43.70 504	23.99 729	33.20 537	4:52.97 616
M40	Clayton Tompkins	NSW	3,069	1993	6.03 713	42.82 537	24.42 758	31.26 552	5:24.63 509
M45	John Gordon	NSW	3,513	1993	5.56 679	44.52 620	24.80 794	28.68 555	4:36.52 865
M50	Ken Daniels	ACT	3,209	27.3.89	5.18 666	37.96 563	25.6 851	26.64 410	5:13.7 719
M55	– as above in Australian records Don Fraser 3,619								
M60	Quentin Anthony	ACT	3,617	20.4.92	5.02 828	38.78 660	26.84 846	36.04 630	5:58.2 653
M65	Mike Johnston	Vic	3,325	1.4.91	4.82 888	28.06 498	28.7 768	29.06 452	5:54.4 719
M70	Mike Johnston	Vic	3,547	1993	4.46 898	24.44 480	29.46 831	25.24 509	6:03.78 829
M75	Fred O'Connor	NSW	3,010	2001	3.63 707	26.68 596	32.90 717	26.31 618	8:32.08 372
M80	– as above in Australian records Fred O'Connor 3,247								
M85	– as above in Australian records Maurice Dauphinet 2,770								
M90	Peter Kennedy	WA	1,359	5.4.10	1.36 229	9.79 371	72.48 66	11.23 519	14:29.78 174

PENTATHLON now obsolete w/Discus & 200m, using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W30	Lynette Smith	NSW	3,255	28.3.05	4.95 546	38.88 646	27.72 653	38.99 635	2:23.65 775
W35	Peta Bird	NSW	3,101	11.3.95	5.01 631	31.60 544	25.6 880	27.96 443	2:38.2 603
W40	Jan Hynes	Qld	3,546	15.3.87	5.47 871	24.88 449	25.8 949	25.76 438	2:25.6 839
W45	Jan Hynes	Qld	3,720	2.3.91	5.15 868	23.38 461	26.6 970	26.76 505	2:26.2 916
W50	Una Lund	Qld	3,698	16.10.91	4.68 807	32.68 757	28.0 947	34.92 769	3:20.4 418
W55	Wilma Perkins	Qld	3,430	26.2.05	4.10 697	23.68 587	29.74 926	23.32 531	3:01.15 689

PENTATHLON now obsolete w/Discus & 200m, using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W60	Peggy MacIver	WA	3,161	18.3.07	3.74 665	16.90 402	30.9 923	15.01 350	2:58.6 821
W65	Joyce Bannister	ACT	3,263	24.2.91	3.73 789	19.78 556	33.5 846	16.92 469	3:34.4 603
W70	Gwen Davidson	Vic	3,065	7.3.93	3.51 831	16.78 533	35.9 837	16.70 544	4:34 320
W75	Patricia Carr	WA	2,506	18.3.07	3.02 741	13.73 501	41.8 669	13.86 460	5:47.5 135
W80	Shirley Brasher	Tas	2,510	24.3.08	2.06 416	9.52 398	49.20 568	10.51 492	4:56.24 636

PENTATHLON now obsolete w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - WOMEN

W30 – as above in **Australian records** (Lynette Smith 3,255)

W35	Eileen Hindle	WA	2,787	20.4.87	5.53 789	18.50 282	26.4 810	21.22 314	2:39.1 592
W40	Jan Hynes	Qld	3,357	4.4.88	5.12 753	22.36 395	26.10 944	25.72 437	2:26.47 828
W45	Chris Battersby	Vic	3,162	1.4.91	4.39 603	27.33 554	29.5 735	29.34 565	2:43.4 705
W50	Chris Battersby	Vic	3,292	1.4.94	4.24 645	28.58 650	30.27 788	26.54 554	2:55.79 655
W55	Margaret Taylor	ACT	2,922	21.4.03	4.28 768	17.16 400	30.75 850	16.55 348	3:14.69 556
W60	Pat Carr	WA	2,743	1.4.94	3.75 671	17.98 433	33.6 733	15.84 374	3:28.53 532
W65	Lydia Widera	Vic	3,129	1.4.91	3.24 570	20.72 587	36.3 666	23.36 691	3:33.0 615
W70	Gwen Davidson	Vic	3,054	1993	3.21 680	17.76 570	34.88 918	16.88 551	4:31.47 335

W80 – as above in **Australian records** Shirley Brasher 2,510

PENTATHLON w/Shot Put & 100m, using 2010 WMA AGE FACTORS – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Lynette Smith	NSW	2,463	'04 Raratonga ?	? ?	8.49 431	4.23 362	? ?	2:38.68 588
*W30	Wilma Perkins	Qld	2,864	1984	12.70 822	9.42 492	5.25 628	*28.71 452	2:49.4 470
W35	Lynette Smith	NSW	2,825	13.4.09	14.05 618	9.85 543	4.85 584	31.37 539	2:43.63 541
*W35	Wilma Pekins	Qld	3,110	9.3.86	12.5 837	9.16 496	5.47 771	28.98 491	2:46.0 515
W40	Lynette Smith	NSW	2,960	9.1.11	14.49 629	9.48 564	4.61 589	34.36 656	2:52.54 522

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 1 May 2011

PENTATHLON w/Shot Put & 100m, using 2010 WMA AGE FACTORS – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
*W40	Jan Hynes	Qld	3,601	9.3.86	12.5 920	9.55 569	5.59 912	21.62 379	2:27.0 821
W45	Lisa Crouch	Qld	3,572	14.3.09	13.62 853	10.16 670	4.63 686	28.81 590	2:37.55 773
W50	Christine Bridle	Vic	3,114	15.3.09	14.52 796	8.55 580	4.12 603	23.82 525	3:00.09 610
W55	Wilma Perkins	Qld	approx3,800	'04 Raratonga	14.08 960	? ?	4.28 768	? ?	3:08.32 617
W60	Margaret Taylor	ACT	3,394	13.4.09	14.81 941	7.18 581	4.24 880	16.38 387	3:20.34 605
W65	Marge Allison	Qld	3,468	6.2.10	16.10 851	6.73 606	3.19 548	20.35 575	3:04.35 888
W70	Jan Morrey	Vic	3,052	6.3.11	15.60 1042	5.38 528	2.45 343	11.43 335	3:29.51 804
W75	Shirley Brasher	Tas	2,339	2002	21.28 486	4.48 492	2.36 406	7.62 240	4:04.96 715
W80	Shirley Brasher	Tas	2,227	1.8.08	23.75	4.56 423	1.94 600	6.41 352	5:00.03 240

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PENTATHLON w/Shot Put & 100m - AMA CHAMPIONSHIP RECORDS – WOMEN

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Melissa Foster	WA	2,172	24.4.11	13.88 623	9.03 466	5.12 592	20.88 305	3:22.30 186
W35	– as above in Australian records Lynette Smith 2,825								
W40	Lynette Smith	NSW	2,838	24.4.11	14.74 592	9.81 587	4.50 557	29.66 553	2:49.99 549
W45	Debbie Lance	Tas	2,963	13.4.09	13.37 896	6.15 357	4.11 514	21.29 412	2:36.70 784
W50	Robyn Preston	Qld	2,544	24.4.11	16.64 496	7.65 506	3.64 443	19.47 393	2:51.04 706
W55	Adele Lucas	Tas	2,653	5.4.10	16.07 660	6.86 490	3.89 617	12.67 273	3:08.69 613
W60	– as above in Australian records Margaret Taylor 3,394								
W65	Peggy Macliver	WA	3,453	5.4.10	16.00 864	6.41 571	3.50 683	18.42 511	3:10.62 824

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 10 July 2011

DECATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Matt McEwan	Qld	7,705	15.2.03	11.23 810	7.20 862	15.08 795	1.97 785	49.78 825
				16.2.03	15.22 796	42.91 724	4.80 849	56.64 687	4:57.93 572
M35	John Gan	Qld	5,298	18.2.06	12.54 578	5.83 589	10.47 537	1.54 449	56.41 621
				19.2.06	18.45 499	31.25 498	2.70 296	55.85 686	5:05.22 545
M40	Mark Jeffery	WA	6,036	6.7.11	12.63 631	5.90 682	10.95 618	1.75 653	56.96 669
					18.95 518	33.89 610	2.80 359	49.18 639	4:58.02 657
M45	John Gordon	NSW	6,446	10/93	12.40 748	5.56 679	8.90 528	1.63 619	58.22 694
					17.84 696	32.50 647	2.70 379	44.32 617	4:40.55 839
M50	Terry Hicks	Vic	6,167	20.11.04	13.11 691	5.57 776	8.06 452	1.50 577	56.33 846
				21.11.04	19.45 461	28.47 447	2.40 342	37.45 553	4:24.34 1022
M55	Terry Hicks	Vic	5,928	19.12.09	13.78 651	5.16 760	8.29 518	1.45 610	57.98 860
				20.12.09	22.01 324	24.51 410	2.30 364	33.90 520	4:54.79 911
M60	Rudi Hochreiter	Vic	6,911	27.7.89	13.18 841	4.82 762	11.53 752	1.41 653	63.21 745
				28.7.89	19.62 554	41.46 748	2.30 423	42.12 731	5:48.33 702
M65	Don Fraser	ACT	6,746	19.2.05	13.56 861	4.80 881	9.07 627	1.35 687	67.67 680
				20.2.05	19.62 629	33.68 648	2.20 457	37.14 708	6:36.60 568
M70	Don Fraser	ACT	6,503	28.2.09	14.87 736	4.39 869	8.53 575	1.19 593	70.65 694
				1.3.09	15.63 735	29.82 626	2.00 451	32.07 677	7:06.95 547
M75	Fred O'Connor	NSW	6,793	29.7.99	14.91 850	3.99 859	9.15 700	1.21 731	78.34 610
				30.7.99	15.86 776	29.65 715	1.90 496	25.88 574	7:58.9 482
M80	Fred O'Connor	NSW	5,593	18.2.06	17.35 633	3.16 648	8.36 689	1.09 687	1:42.07 260
				19.2.06	19.30 603	22.40 600	1.70 496	26.29 664	9:48.57 313
M85	Vic Younger	Qld	4,705	1999	19.13 595 27.34 161	3.17 818 17.82 559	6.55 616 1.70 626	1.10 859 17.22 471	2:47.21 0 DNF 0
M90	Vic Younger	Vic	3,217 WR	22.2.03	31.69 0	2.25 508	5.86 656	0.92 705	DNF 0
				23.2.03	49.76 0	13.72 533	1.15 391	13.30 424	DNF 0

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 9 July 2011

DECATHLON (M80 3kg Shot from 11/2004) - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	POINTS	DATE	100M	LONG J	SHOTPUT	HIGH J	400M
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					HURDLES	DISCUS	POLE V	JAVELIN	1500M
M30	Warren Evans	Qld	6,352	22.2.03	11.64 723	6.39 673	12.20 619	1.73 577	53.70 652
				23.2.03	16.15 689	44.02 747	4.65 804	53.38 639	6:08.95 229
M35	Jason Burt	Qld	4,919	28.2.09	12.27 629	5.70 561	10.02 509	1.56 464	54.28 707
				1.3.09	20.38 335	27.95 432	3.00 369	41.92 478	5:25.75 435
M40	Andrew Wheeler	Qld	4,165	2002	14.70 301	4.69 404	8.58 459	1.45 404	67.32 317
					21.87 286	29.40 511	3.10 439	41.13 510	5:19.84 534
M45	Matthew Muell	ACT	5,370	2008	12.79 675	5.18 582	8.63 508	1.77 758	60.42 611
					18.62 620	24.37 452	2.60 352	27.39 329	5:43.90 483
M50	Bruce Bodsworth	Qld	4,885	21.2.04	13.33 651	4.62 516	7.18 391	1.39 472	60.73 674
					20.46 377	27.65 430	2.20 284	34.46 498	5:37.24 592
M55	Nelson Viney	Qld	5,192	22.2.03	13.40 717	4.79 648	7.43 452	1.25 411	66.80 541
				23.2.03	21.85 336	22.58 368	3.25 696	29.55 435	5:54.07 588
M60	Greg Mamalis	NSW	5,875	22.2.03	13.95 703	4.89 785	10.00 636	1.34 577	70.36 507
				23.3.03	18.67 642	30.38 509	2.65 554	27.19 420	6:21.87 542
M65 & M70 – as above in Australian records Don Fraser M65 6,746 & M70 6,503									
M75	Frank Pieters	Qld	3,740	21.2.04	17.25 504	2.69 352	8.05 600	1.03 496	1:49.52 33
				22.2.04	30.75 0	27.48 652	1.90 496	27.07 607	DNF 0
M80	Rad Leovic	ACT	3,806	28.2.09	19.40 383	2.88 527	7.26 582	0.98 528	1:43.54 235
				1.3.09	25.46 168	12.70 289	NH 0	17.66 399	7:49.17 695
M90 – as above in Australian records Vic Younger 3,217									

HEPTATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Lynette Smith	NSW	3,886	15/16.1.05	19.08 383	1.58 712	9.21 478	28.46 595	4.55 441	35.22 576	2:29.39 701
W35	Marie Kay	NSW	4,939	29/30.8.99	15.76 773	1.59 818	10.39 580	26.47 824	5.25 703	34.82 609	2:35.73 632
W40	Marie Kay	NSW	5,609	4/5.7.01	12.61 851	1.64 978	10.14 612	26.68 893	5.55 899	33.11 629	2:32.82 747
W45	Marie Kay	Qld	6,006 WR	8.09	12.32 1058	1.60 1041	10.79 719	26.96 960	5.05 831	32.30 673	2:41.70 724
W50	Marie Kay	Qld	6,202	6/7.7.11	12.93 953	1.51 1041	11.52 829	27.77 986	5.13 985	31.97 706	2:51.40 702

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 1 May 2011

HEPTATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
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W55	Wilma Perkins	Qld	5,200	19/20.2.05	15.15 813	1.23 724	9.15 697	30.30 883	4.40 816	24.13 600	3:03.31 667
W60	Marge Allison	Qld	5,076	28/29.7.08	15.10 843	1.24 855	6.93 556	31.90 868	3.66 634	18.48 448	2:53.86 872
W65	Marge Allison	Vic	5,305	1/2.5.10	15.85 939	1.14 818	7.12 649	32.56 928	3.25 573	18.75 522	3:05.49 876

HEPTATHLON - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Leanne McMurdy	Qld	3,192	22/23.2.03	19.08 383	1.42 534	8.10 406	28.00 631	4.69 477	21.97 326	2:52.82 435
W35	Jennifer Baldwin	Vic	3,945	9/10.2.02	18.35 480	1.41 599	9.01 486	28.23 680	4.78 562	29.06 493	2:34.63 645
W40	Deann Mayfield	Qld	3,910	22/23.2.03	16.08 388	1.66 1016	6.91 378	28.97 706	3.89 381	18.35 308	2:34.00 733
W45	Christine Bridle	Vic	3,839	22/23.2.03	16.21 520	1.30 621	7.53 464	29.80 731	3.95 466	20.38 390	2:48.46 647
W50	Wilma Perkins	Qld	4,406	22/23.2.03	15.77 563	1.24 632	9.45 655	29.91 816	4.34 683	22.71 497	3:05.02 560

W55 – as above in **Australian records** Wilma Perkins 5,200

INDOORS PENTATHLON using 2002 WMA AGE FACTORS - MEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	1000M
M50	Roger Pilkington	ACT	1,405	2.3.10	dnf 0	1.32 472	7.13 376	3.25 217	4:12.78 340		
M55	Steve McGugan	NSW	2,995	2.3.10	10.13 843	1.42 653	8.90 566	4.17 500	4:09.19 433		
M60	Viddy Vermacans	Qld	*2,505 *Rescored with 2010 Tables	2.3.10	12.51 468	1.28 512	8.06 489	4.12 544	4:09.49 492		
M70	Don Chambers	Vic	3,131	2.3.10	10.73 1002	1.11 569	8.85 577	3.70 644	5:00.31 339		
M80	Rad Leovic	ACT	3,036	2008	15.33	0.99	7.37	2.91	4:47.96		

INDOORS PENTATHLON using 2002 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	800M
W40	Marie Kay	NSW	3,311	16.3.04	9.71 854	1.45 724	8.80 550	5.13 744	2:57.32 439		
W45	Marie Kay	NSW	4,403 WR	18.3.06	9.43 1066	1.51 928	10.02 740	5.41 959	2:39.79 710		
W50	Marie Kay	Qld	4,906 WR	1.3.10	9.55 1130	1.51 1067	12.30 999	5.16 1001	2:46.78 709		
W65	Marge Allison	Qld	4,199	1.3.10	11.53 1064	1.17 978	6.57 682	3.13 551	3:08.99 924		