

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

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THROWS PENTATHLON using 2010 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M30	Graham Hicks	Vic	3,444	14.12.08	44.89 592	13.94 725	50.57 882	52.09 620	13.07 625
M35	Darron Haworth	Qld	3,672	2.11.08	51.58 728	14.13 768	52.81 945	37.22 409	16.20 822
M40	Stuart Gyngell	NSW	3,946	16.4.06	43.48 659	17.63 1076	47.30 914	41.30 513	14.55 784
M45	Stuart Gyngell	NSW	4,199	12.4.09	43.75 747	17.22 1143	45.47 970	36.98 490	14.53 849
M50	Graeme Rose	Vic	4,037	22.7.95	50.48 841	13.36 830	42.64 737	51.08 779	16.22 850
M55	Graeme Rose	Vic	4,174	4.7.99	47.05 873	12.72 861	37.84 706	46.19 765	16.98 969
M60	Graeme Rose	Vic	4,242	16.4.06	48.38 898	13.14 876	39.36 702	43.12 752	19.03 1014
M65	Graeme Rose	Vic	4,325	12.4.09	43.98 917	12.12 882	38.97 774	40.46 786	17.05 966
M70	C. Murray-Lee	Qld	4,119	20.3.99	42.35 910	10.77 759	36.30 796	38.15 800	14.98 854
M75	C. Murray-Lee	Qld	4,116	8.11.04	35.25 857	9.82 760	32.94 812	36.25 868	13.40 819
M80	John Fraser	Vic	3,706	17.3.96	35.04 956	9.00 752	24.74 678	16.40 361	14.49 959
M85	John Fraser	Vic	3,679	12.12.99	27.51 963	7.60 735	21.73 713	11.84 332	12.80 936
M85	Feliks Jekabsons *New Specifications	Qld	*3,897	23.3.08	27.36(3kg) 882	9.10(3kg) 877	25.28 856	19.44 550	10.35 732
M90	John Fraser	Vic	4,005	13.3.05	24.63 1123	6.90 795	19.74 832	12.96 410	10.12 845

THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Y. Amerasekera	Vic	2,980	11.4.04	36.33 453	13.87 720	44.65 760	44.17 503	11.64 544
M35	Stuart Gyngell	NSW	3,611	2002	44.15 602	17.34 974	45.06 781	43.67 504	14.96 750
M40 & M45 – as above, in Australian records (Stuart Gyngell M40 3,946 & M45 4,199)									
M50	Graeme Rose	Vic	3,979	1996	47.56 783	12.88 795	41.28 709	49.48 782	17.21 910
M55	Graeme Rose	Vic	4,085	2001	43.32 792	12.29 827	38.90 730	49.48 832	15.99 904
M60 & M65 – as above, in Australian records (Graeme Rose M60 4,242 & M65 4,325)									
M70	C. Murray-Lee	Qld	4,146	1999	43.22 932	11.11 787	36.12 791	36.41 791	14.83 845

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

THROWS PENTATHLON - *AMA CHAMPIONSHIP RECORDS* - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M75	C. Murray-Lee	Qld	3,805	27.3.05	34.43 834	9.37 719	32.82 809	27.70 625	13.39 818
M80	Feliks Jekabsons	Qld	3,611	16.4.06	30.30 805	10.13 862	26.92 751	19.88 466	11.40 727

M85 – as above, in **Australian records** (Feliks Jekabsons 3,897)

THROWS PENTATHLON using 2010 WMA AGE FACTORS - WOMEN

W30	Byrony Glass	WA	3,831	12.4.09	56.99 1104	11.63 637	38.13 618	22.83 342	17.29 1130
W35	Chris Schultz	Vic	3,795	7.12.87	38.24 752	14.77 882	45.10 787	36.58 645	12.68 729
W40	Jayne Hardy	ACT	3,929	20.4.03	41.86 915	10.46 635	37.62 692	39.32 766	14.27 921
W45	Chris Schultz	Vic	4,174	26.7.97	37.24 873	12.68 870	42.46 875	31.12 645	12.94 911
W50	Chris Schultz	Vic	4,371	13.7.01	37.88 902	13.87 1028	40.35 911	32.18 711	12.94 819
W55	Mary Thomas	NSW	4,285	7.8.99	35.00 909	11.65 925	29.79 711	41.02 1043	10.32 697
W60	Helen Searle	NSW	4,789	24.4.00	41.81 1251	12.22 1086	29.61 797	24.32 619	15.48 1036
W65	Helen Searle	Qld	5,013	17.1.06	38.49 1282	11.23 1106	27.08 822	23.23 670	15.30 1133
W70	Helen Searle	Qld	4,800	Oct 2009	34.46 1292	9.54 1043	21.55 738	21.31 703	12.65 1024
W75	Gwen Davidson	Vic	3,948	23.8.98	23.60 970	6.81 816	18.22 736	14.74 545	9.91 881
W75	Heather Doherty	Qld	*4,053	12.4.09	22.99(2kg) 842	8.20(2kg) 862	21.28(750g) 769	19.29 743	10.29(4kg) 837
W80	Gwen Davidson	Vic	3,935	23.3.03	21.67 1056	6.24 872	14.99 752	11.87 518	7.47 737
W80	Raema McMillan	WA	*3,871	4.4.10	22.36(2kg) 966	7.03(2kg) 833	15.57(750g) 649	14.87 674	8.33(4kg) 749
W85	Ruth Frith	NSW	3,977	7.3.98	15.48 885	5.57 928	13.25 882	9.82 531	6.51 751
W90	Ruth Frith	Qld	4,337	24.4.00	13.13 961	5.22 1087	11.81 756	9.33 683	6.00 850
W95	Ruth Frith	Qld	*4,539	Oct 2006	13.71(2kg) 1136	4.99(2kg) 1003	9.49(750g) 831	7.01 750	5.58(4kg) 819
W100	Ruth Frith	Qld	*5,743	23.8.09	10.16(2kg) 1203	4.27(2kg) 1114	9.04(750g) 1292	6.43 1307	4.42(4kg) 827

THROWS PENTATHLON - *AMA CHAMPIONSHIP RECORDS* - WOMEN

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010**THROWS PENTATHLON - AMA CHAMPIONSHIP RECORDS - WOMEN**

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W35	Jane Hardy	ACT	3,584	2002	44.77 910	11.09 627	39.25 668	37.36 661	12.52 718
W40 – as above, in Australian records (Jane Hardy 3,929)									
W45	Chris Schultz	Vic	4,160	1996	36.32 847	13.16 909	42.16 868	32.12 669	12.40 867
W50	M. Parviaiven	NSW	4,252	13.4.98	51.73 1301	9.11 627	34.85 767	22.40 489	16.29 1068
W55	Helen Searle	NSW	4,213	13.4.98	43.20 1165	11.23 887	28.92 687	23.94 595	12.58 879
W60 & W65 – as above, in Australian records (Helen Searle W60 4,789 & W65 4,939)									
W70	Helen Searle	Qld	4,572	4.4.10	32.51 1207	9.67 1059	21.96 754	18.38 593	11.95 959
W75	Gwen Davidson	Vic	3,845	1999	22.48 916	6.33 749	18.83 765	14.82 548	9.77 867
Plus with new specifications, above in Australian records (Heather Doherty 4,053)									
W80	Gwen Davidson	Vic	3,799	2003	20.54 991	5.86 809	15.36 774	11.66 508	7.29 717
W80	Raema McMillan	WA	*3,871	4.4.10	22.36 966	7.03 833	15.57 649	14.87 674	8.33 749
*New Specifications									
W85	Ruth Frith	NSW	4,489	13.4.98	14.48 911	5.52 1161	12.84 755	10.62 667	6.43 995
W90 & W95 – as above, in Australian records (Ruth Frith W90 4,337 & W95 4,539)									
W100	Ruth Frith	Qld	*5,426	4.4.10	10.02(2kg) 1184	4.37(2kg) 1144	8.14(750g) 1145	5.90 1189	4.13(4kg) 764
*New Specifications									

PENTATHLON w/Discus & 200m, using 2010 WMA AGE FACTORS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Warren Evans	Qld	3,275	12.4.03	6.61 723	49.65 583	23.29 758	47.03 809	5:29.50 402
M35	Terry Baldwin	Vic	3,494	1.3.98	6.57 760	52.78 640	22.8 817	33.88 551	4:35.3 726
M40	Ray Mooney	Vic	3,236	11/87	5.71 635	45.24 576	25.85 635	31.82 564	4:30.91 826
M45	Lloyd Mitchelson	NSW	3,864	5/85	5.70 716	49.24 703	24.6 812	34.22 690	4:24.5 943
M50	Terry Hicks	Vic	3,566	27.2.05	5.75 828	37.36 528	25.39 890	22.25 324	4:28.30 996
M55	Don Fraser	ACT	3,619	1.4.94	5.65 913	34.06 549	25.65 868	29.22 513	5:18.2 776
M60	Rudi Hochreiter	Vic	3,858 WR	3.12.87	4.91 792	40.54 698	27.14 822	39.36 702	5:21.58 844

M65	Rudi Hochreiter	Vic	3,798	28.3.92	4.70 845	35.78 676	28.42 808	40.16 803	6:15 666
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AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

PENTATHLON w/Discus & 200m, using 2010 WMA AGE FACTORS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M70	Mike Johnson	Vic	3,816	15.10.91	4.75 1015	28.00 571	28.1 917	24.76 497	6:06.4 816
M75	David Carr	WA	3,284	8.3.08	3.22 580	18.70 407	30.5 947	17.02 417	5:28.1 1111
M80	Fred O'Connor	NSW	3,247	12.4.04	3.58 840	26.30 664	36.37 661	25.27 696	9:22 386
M85	Harry Gathercole	Qld	2,326	1.4.94	2.83 646	14.44 434	37.81 797	14.98 449	DNF 0
M90	Vic Younger	Vic	1,884	16.3.03	2.53 659	15.05 498	58.1 223	13.11 504	DNF 0

PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - MEN

M30	Terry Baldwin	Vic	2,828	1996	5.86 556	39.26 431	23.4 726	32.28 509	4:52.1 606
M35	C. Tompkins	NSW	3,150	4.4.88	6.59 764	43.70 504	23.99 729	33.20 537	4:52.97 616
M40	C. Tompkins	NSW	3,069	1993	6.03 713	42.82 537	24.42 758	31.26 552	5:24.63 509
M45	John Gordon	NSW	3,513	1993	5.56 679	44.52 620	24.80 794	28.68 555	4:36.52 865
M50	Ken Daniels	ACT	3,209	27.3.89	5.18 666	37.96 563	25.6 851	26.64 410	5:13.7 719
M55	– as above, in Australian records (Don Fraser 3,619)								
M60	Quentin Anthony	ACT	3,617	20.4.92	5.02 828	38.78 660	26.84 846	36.04 630	5:58.2 653
M65	Mike Johnston	Vic	3,325	1.4.91	4.82 888	28.06 498	28.7 768	29.06 452	5:54.4 719
M70	Mike Johnston	Vic	3,547	1993	4.46 898	24.44 480	29.46 831	25.24 509	6:03.78 829
M75	Fred O'Connor	NSW	3,010	2001	3.63 707	26.68 596	32.90 717	26.31 618	8:32.08 372
M80	– as above, in Australian records (Fred O'Connor 3,247)								
M85	Max McKay	NSW	1,008	5.4.10	2.47 475	1.30 0	53.71 127	13.85 406	13:56.24 0

PENTATHLON now obsolete w/Discus & 200m, using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W30	Lynette Smith	NSW	3,255	28.3.05	4.95 546	38.88 646	27.72 653	38.99 635	2:23.65 775
W35	Peta Bird	NSW	3,101	11.3.95	5.01 631	31.60 544	25.6 880	27.96 443	2:38.2 603

W40	Jan Hynes	Qld	3,546	15.3.87	5.47 871	24.88 449	25.8 949	25.76 438	2:25.6 839
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AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

PENTATHLON now obsolete w/Discus & 200m, using 2010 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W45	Jan Hynes	Qld	3,720	2.3.91	5.15 868	23.38 461	26.6 970	26.76 505	2:26.2 916
W50	Una Lund	Qld	3,698	16.10.91	4.68 807	32.68 757	28.0 947	34.92 769	3:20.4 418
W55	Wilma Perkins	Qld	3,430	26.2.05	4.10 697	23.68 587	29.74 926	23.32 531	3:01.15 689
W60	Peggy MacIver	WA	3,161	18.3.07	3.74 665	16.90 402	30.9 923	15.01 350	2:58.6 821
W65	Joyce Bannister	ACT	3,263	24.2.91	3.73 789	19.78 556	33.5 846	16.92 469	3:34.4 603
W70	Gwen Davidson	Vic	3,065	7.3.93	3.51 831	16.78 533	35.9 837	16.70 544	4:34 320
W75	Patricia Carr	WA	2,577	18.3.07	3.02 741	13.73 501	41.8 669	13.86 531	5:47.5 135
W80	Shirley Brasher	Tas	2,510	24.3.08	2.06 416	9.52 398	49.20 568	10.51 492	4:56.24 636

PENTATHLON now obsolete w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - WOMEN

W30 – as above, in **Australian records** (Lynette Smith 3,255)

W35	Eileen Hindle	WA	2,787	20.4.87	5.53 789	18.50 282	26.4 810	21.22 314	2:39.1 592
W40	Jan Hynes	Qld	3,357	4.4.88	5.12 753	22.36 395	26.10 944	25.72 437	2:26.47 828
W45	Chris Battersby	Vic	3,162	1.4.91	4.39 603	27.33 554	29.5 735	29.34 565	2:43.4 705
W50	Chris Battersby	Vic	3,292	1.4.94	4.24 645	28.58 650	30.27 788	26.54 554	2:55.79 655
W55	Margaret Taylor	ACT	2,922	21.4.03	4.28 768	17.16 400	30.75 850	16.55 348	3:14.69 556
W60	Pat Carr	WA	2,743	1.4.94	3.75 671	17.98 433	33.6 733	15.84 374	3:28.53 532
W65	Lydia Widera	Vic	3,129	1.4.91	3.24 570	20.72 587	36.3 666	23.36 691	3:33.0 615
W70	Gwen Davidson	Vic	3,054	1993	3.21 680	17.76 570	34.88 918	16.88 551	4:31.47 335

W80 – as above, in **Australian records** (Shirley Brasher 2,510)

PENTATHLON “NEW/OCEANIA” w/Shot Put & 100m – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Lynette Smith	NSW	2,463	'04 Raratonga ?	?	8.49 431	4.23 362	? ?	2:38.68 588
*W30	Wilma Perkins	Qld	2,829	1984	12.70 787	9.42 492	5.25 628	*28.71 452	2:49.4 470

W35	Lynette Smith	NSW	2,803	13.4.09	14.05 596	9.85 543	4.85 584	31.37 539	2:43.63 541
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AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

PENTATHLON “NEW/OCEANIA” w/Shot Put & 100m – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
*W35	Wilma Pekins	Qld	3,088	9.3.86	12.5 815	9.16 496	5.47 771	28.98 491	2:46.0 515
W40	Julie Brims	Qld	2,891	2006	13.05 866	7.45 416	4.63 595	21.48 376	2:41.96 638
*W40	Jan Hynes	Qld	3,601	9.3.86	12.5 920	9.55 569	5.59 912	21.62 379	2:27.0 821
W45	Lisa Crouch	Qld	3,154	14.3.09	13.62 897	10.16 670	4.63 686	28.81 590	2:26.57 911
W50	Christine Bridle	Vic	3,191	15.3.09	14.52 873	8.55 580	4.12 603	23.82 525	3:00.09 610
W55	Wilma Perkins	Qld	3,932?	'04 Raratonga	14.08 1062	? ?	4.28 768	? ?	3:08.32 617
W60	Margaret Taylor	ACT	3,509	13.4.09	14.81 1056	7.18 581	4.24 880	16.38 387	3:20.34 605
W65	Marge Allison	Qld	3,587	6.2.10	16.10 970	6.73 606	3.19 548	20.35 575	3:04.35 888
W70	unclaimed								
W75	Shirley Brasher	Tas	2,446	2002	21.28 593	4.48 492	2.36 406	7.62 240	4:04.96 715
W80	Shirley Brasher	Tas	2,285	1.8.08	23.75 481	4.56 600	1.94 352	6.41 240	5:00.03 612

PENTATHLON - NEW AMA CHAMPIONSHIP RECORDS - w/Shot Put & 100m

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Melissa Foster	WA	2,017	5.4.10	14.03 599	8.80 451	4.66 469	21.05 308	3:21.68 190
W35	– as above, in Australian records (Lynette Smith 2,803)								
W40	Jennifer Baldwin	Vic	2,502	5.4.10	14.32 657	8.30 478	4.42 532	20.91 363	2:57.38 472
W45	Debbie Lance	Tas	3,008	13.4.09	13.37 941	6.15 357	4.11 514	21.29 412	2:36.70 784
W50	Donna Emerson	Qld	2,263	5.4.10	16.59 575	8.88 608	3.58 423	20.34 435	3:46.48 222
W55	Adele Lucas	Tas	2,752	5.4.10	16.07 759	6.86 490	3.89 617	12.67 273	3:08.69 613
W60	– as above, in Australian records (W60 Margaret Taylor 3,509)								
W65	Peggy Macliver	WA	3,572	5.4.10	16.00 983	6.41 571	3.50 683	18.42 511	3:10.62 824

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

DECATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Matt McEwan	Qld	7,705	15.2.03	11.23 810	7.20 862	15.08 795	1.97 785	49.78 825
				16.2.03	15.22 796	42.91 724	4.80 849	56.64 687	4:57.93 572
M35	John Gan	Qld	5,298	18.2.06	12.54 578	5.83 589	10.47 537	1.54 449	56.41 621
				19.2.06	18.45 499	31.25 498	2.70 296	55.85 686	5:05.22 545
M40	Troy McLaren	Qld	5,175	18.2.06	12.35 685	5.77 648	8.31 441	1.60 520	56.55 686
				19.2.06	19.81 443	28.97 502	2.50 284	37.33 450	5:23.24 516
M45	John Gordon	NSW	6,446	10/93	12.40 748	5.56 679	8.90 528	1.63 619	58.22 694
					17.84 696	32.50 647	2.70 379	44.32 617	4:40.55 839
M50	Terry Hicks	Vic	6,167	20.11.04	13.11 691	5.57 776	8.06 452	1.50 577	56.33 846
				21.11.04	19.45 461	28.47 447	2.40 342	37.45 553	4:24.34 1022
M55	Terry Hicks	Vic	5,928	19.12.09	13.78 651	5.16 760	8.29 518	1.45 610	57.98 860
				20.12.09	22.01 324	24.51 410	2.30 364	33.90 520	4:54.79 911
M60	Rudi Hochreiter	Vic	6,911	27.7.89	13.18 841	4.82 762	11.53 752	1.41 653	63.21 745
				28.7.89	19.62 554	41.46 748	2.30 423	42.12 731	5:48.33 702
M65	Don Fraser	ACT	6,746	19.2.05	13.56 861	4.80 881	9.07 627	1.35 687	67.67 680
				20.2.05	19.62 629	33.68 648	2.20 457	37.14 708	6:36.60 568
M70	Don Fraser	ACT	6,503	28.2.09	14.87 736	4.39 869	8.53 575	1.19 593	70.65 694
				1.3.09	15.63 735	29.82 626	2.00 451	32.07 677	7:06.95 547
M75	Fred O'Connor	NSW	6,793	29.7.99	14.91 850	3.99 859	9.15 700	1.21 731	78.34 610
				30.7.99	15.86 776	29.65 715	1.90 496	25.88 574	7:58.9 482
M80	Fred O'Connor	NSW	5,593	18.2.06	17.35 633	3.16 648	8.36 689	1.09 687	1:42.07 260
				19.2.06	19.30 603	22.40 600	1.70 496	26.29 664	9:48.57 313
M85	Vic Younger	Qld	4,705	1999	19.13 595	3.17 818	6.55 616	1.10 859	2:47.21 0
					27.34 161	17.82 559	1.70 626	17.22 471	DNF 0
M90	Vic Younger	Vic	3,217 WR	22.2.03	31.69 0	2.25 508	5.86 656	0.92 705	DNF 0
				23.2.03	49.76 0	13.72 533	1.15 391	13.30 424	DNF 0

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

DECATHLON (M80 3kg Shot from 11/2004) - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M	
M30	Warren Evans	Qld	6,352	22.2.03	11.64 723	6.39 673	12.20 619	1.73 577	53.70 652	
				23.2.03	16.15 689	44.02 747	4.65 804	53.38 639	6:08.95 229	
M35	Jason Burt	Qld	4,919	28.2.09	12.27 629	5.70 561	10.02 509	1.56 464	54.28 707	
				1.3.09	20.38 335	27.95 432	3.00 369	41.92 478	5:25.75 435	
M40	Andrew Wheeler	Qld	4,165	2002	14.70 301	4.69 404	8.58 459	1.45 404	67.32 317	
					21.87 286	29.40 511	3.10 439	41.13 510	5:19.84 534	
M45	Matthew Muell	ACT	5,370	2008	12.79 675	5.18 582	8.63 508	1.77 758	60.42 611	
					18.62 620	24.37 452	2.60 352	27.39 329	5:43.90 483	
M50	Bruce Bodsworth	Qld	4,885	21.2.04	13.33 651	4.62 516	7.18 391	1.39 472	60.73 674	
					20.46 377	27.65 430	2.20 284	34.46 498	5:37.24 592	
M55	Nelson Viney	Qld	5,192	22.2.03	13.40 717	4.79 648	7.43 452	1.25 411	66.80 541	
				23.2.03	21.85 336	22.58 368	3.25 696	29.55 435	5:54.07 588	
M60	Greg Mamalis	NSW	5,875	22.2.03	13.95 703	4.89 785	10.00 636	1.34 577	70.36 507	
				23.3.03	18.67 642	30.38 509	2.65 554	27.19 420	6:21.87 542	
M65 & M70 – as above, in Australian records (Don Fraser M65 6,746 & M70 6,503)										
M75	Frank Pieters	Qld	3,740	21.2.04	17.25 504	2.69 352	8.05 600	1.03 496	1:49.52 33	
				22.2.04	30.75 0	27.48 652	1.90 496	27.07 607	DNF 0	
M80	Rad Leovic	ACT	3,806	28.2.09	19.40 383	2.88 527	7.26 582	0.98 528	1:43.54 235	
				1.3.09	25.46 168	12.70 289	NH 0	17.66 399	7:49.17 695	

M90 – as above, in **Australian records** (Vic Younger 3,217)

HEPTATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Lynette Smith	NSW	3,886	15/16.1.05	19.08 383	1.58 712	9.21 478	28.46 595	4.55 441	35.22 576	2:29.39 701
W35	Marie Kay	NSW	4,939	29/30.8.99	15.76 773	1.59 818	10.39 580	26.47 824	5.25 703	34.82 609	2:35.73 632
W40	Marie Kay	NSW	5,609	4/5.7.01	12.61 851	1.64 978	10.14 612	26.68 893	5.55 899	33.11 629	2:32.82 747
W45	Marie Kay	NSW	6,006 WR	8.09	12.32	1.60	10.79	26.96	5.05	32.30	2:41.70

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 12 May 2010

HEPTATHLON using 2010 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W50	Wilma Perkins	Qld	4,910	2/3.7.2003	14.64 707	1.26 666	9.60 668	28.47 929	4.27 657	27.49 621	2:55.07 662
W55	Wilma Perkins	Qld	5,200	19/20.2.05	15.15 813	1.23 724	9.15 697	30.30 883	4.40 816	24.13 600	3:03.31 667
W60	Marge Allison	Qld	5,076	28/29.7.08	15.10 843	1.24 855	6.93 556	31.90 868	3.66 634	18.48 448	2:53.86 872
W65	Marge Allison	Vic	5,305	1/2.5.10	15.85 939	1.14 818	7.12 649	32.56 928	3.25 573	18.75 522	3:05.49 876

HEPTATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Leanne McMurdy	Qld	3,192	22/23.2.03	19.08 383	1.42 534	8.10 406	28.00 631	4.69 477	21.97 326	2:52.82 435
W35	Jennifer Baldwin	Vic	3,945	9/10.2.02	18.35 480	1.41 599	9.01 486	28.23 680	4.78 562	29.06 493	2:34.63 645
W40	Deann Mayfield	Qld	3,910	22/23.2.03	16.08 388	1.66 1016	6.91 378	28.97 706	3.89 381	18.35 308	2:34.00 733
W45	Christine Bridle	Vic	3,839	22/23.2.03	16.21 520	1.30 621	7.53 464	29.80 731	3.95 466	20.38 390	2:48.46 647
W50	Wilma Perkins	Qld	4,406	22/23.2.03	15.77 563	1.24 632	9.45 655	29.91 816	4.34 683	22.71 497	3:05.02 560

W55 – as above, in **Australian records** (Wilma Perkins 5,200)

INDOORS PENTATHLON using 2002 WMA AGE FACTORS - MEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	1000M
M50	Roger Pilkington	ACT	1,405	2.3.10	dnf 0		1.32 472	7.13 376	3.25 217		4:12.78 340
M55	Steve McGugan	NSW	2,995	2.3.10	10.13 843		1.42 653	8.90 566	4.17 500		4:09.19 433
M60	Viddy Vermacans	Qld	2,597	2.3.10	12.51 442		1.28 585	8.06 499	4.12 571		4:09.49 500
M70	Don Chambers	Vic	3,131	2.3.10	10.73 1002		1.11 569	8.85 577	3.70 644		5:00.31 339
M80	Rad Leovic	ACT	3,036	2008	15.33		0.99	7.37	2.91		4:47.96

INDOORS PENTATHLON using 2002 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	PTS	DATE	60m	HURDLES	HIGH JUMP	SHOT	PUT	LONG JUMP	800M
W40	Marie Kay	NSW	3,311	16.3.04	9.71 854		1.45 724	8.80 550	5.13 744		2:57.32 439
W45	Marie Kay	NSW	4,403WR	18.3.06	9.43 1066		1.51 928	10.02 740	5.41 959		2:39.79 710

W50	Marie Kay	Qld	4,906WR	1.3.10	9.55 1130	1.51 1067	12.30 999	5.16 1001	2:46.78 709
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