

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

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WEIGHT PENTATHLON using 2002 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M30	Graham Hicks	Vic	3,444	14.12.08	44.89 592	13.94 725	50.57 882	52.09 620	13.07 625
M35	Darron Haworth	Qld	3,620	2.11.08	51.58 703	14.13 736	52.81 929	37.22 425	16.20 827
M40	Stuart Gyngell	NSW	3,747	16.4.06	43.48 569	17.63 981	47.30 814	41.30 538	14.55 788
M45	Stuart Gyngell	NSW	3,950	12.4.09	43.75 707	17.22 1047	45.47 823	36.98 521	14.53 852
M50	Graeme Rose	Vic	4,078	22.7.95	50.48 823	13.36 809	42.64 718	51.08 818	16.22 910
M55	Graeme Rose	Vic	4,288	4.7.99	47.05 861	12.72 864	37.84 696	46.19 812	16.98 1055
M60	Graeme Rose	Vic	4,538	16.4.06	48.38 977	13.14 894	39.36 750	43.12 796	19.03 1121
M65	Graeme Rose	Vic	4,766	12.4.09	43.98 1006	12.12 964	38.97 845	40.46 840	17.05 1111
M70	C. Murray-Lee	Qld	4,432	20.3.99	42.35 981	10.77 729	36.30 897	38.15 838	14.98 987
M75	C. Murray-Lee	Qld	4,604	8.11.04	35.25 945	9.82 776	32.94 942	36.25 933	13.40 1008
M80	John Fraser	Vic	4,357	17.3.96	35.04 1155	9.00 853	24.74 810	16.40 353	14.49 1186
M85	John Fraser	Vic	4,444	12.12.99	27.51 1123	7.60 888	21.73 871	11.84 313	12.80 1249
M85	Feliks Jekabsons	Qld	*4,505	23.3.08	27.36(3kg) 948	9.10(3kg) 930	25.28 1043	19.44 601	10.35 983
M90	John Fraser	Vic	5,201	13.3.05	24.63 1362	6.90 1066	19.74 1029	12.96 536	10.12 1208

WEIGHT PENTATHLON - AMA CHAMPIONSHIP RECORDS - MEN

M30	Y. Amerasekera	Vic	2,980	11.4.04	36.33 453	13.87 720	44.65 760	44.17 503	11.64 544
M35	Stuart Gyngell	NSW	3,559	2002	44.15 580	17.34 934	45.06 768	43.67 523	14.96 754
M40 & M45 – as above, in Australian records (Stuart Gyngell M40 3,747 & M45 3,950)									
M50	Graeme Rose	Vic	3,994	1996	47.56 767	12.88 776	41.28 691	49.48 787	17.21 973

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

WEIGHT PENTATHLON - *AMA CHAMPIONSHIP RECORDS* - MEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
M55	Graeme Rose	Vic	4,200	2001	43.32 781	12.29 830	38.90 720	49.48 883	15.99 986
M60 & M65 – as above, in Australian records (Graeme Rose M60 4,538 & M65 4,766)									
M70	C. Murray-Lee	Qld	4,421	1999	43.22 1004	11.11 757	36.12 892	36.41 792	14.83 976
M75	C. Murray-Lee	Qld	4,272	27.3.05	34.43 919	9.37 734	32.82 938	27.70 673	13.39 1008
M80	Feliks Jekabsons	Qld	4,208	16.4.06	30.30 975	10.13 978	26.92 896	19.88 456	11.40 903

M85 – as above, in **Australian records** (Feliks Jekabsons 4,505)

WEIGHT PENTATHLON using 2002 WMA AGE FACTORS - WOMEN

W30	Byrony Glass	WA	3,831	12.4.09	56.99 1104	11.63 637	38.13 618	22.83 342	17.29 1130
W35	Chris Schultz	Vic	3,945	7.12.87	38.24 789	14.77 900	45.10 780	36.58 602	12.68 874
W40	Jayne Hardy	ACT	4,236	20.4.03	41.86 1031	10.46 678	37.62 686	39.32 726	14.27 1115
W45	Chris Schultz	Vic	4,686	26.7.97	37.24 1077	12.68 975	42.46 869	31.12 642	12.94 1123
W50	Chris Schultz	Vic	4,535	13.7.01	37.88 874	13.87 1147	40.35 905	32.18 742	12.94 867
W55	Mary Thomas	NSW	4,502	7.8.99	35.00 890	11.65 1042	29.79 708	41.02 1121	10.32 741
W60	Helen Searle	NSW	5,081	24.4.00	41.81 1241	12.22 1233	29.61 794	24.32 715	15.48 1098
W65	Helen Searle	Qld	5,387	17.1.06	38.49 1291	11.23 1270	27.08 819	23.23 772	15.30 1235
W70	Heather Doherty	Qld	4,636	27.3.05	23.93 861	8.49 1064	25.23 879	24.01 926	10.22 906
W75	Gwen Davidson	Vic	4,371	23.8.98	23.60 1015	6.81 972	18.22 716	14.74 628	9.91 1040
W75	Heather Doherty	Qld	*4,986	12.4.09	22.99(2kg) 984	8.20(2kg) 1203	21.28(750g) 860	19.29 854	10.29(4kg) 1085
*New Specifications									
W80	Gwen Davidson	Vic	4,419	23.3.03	21.67 1134	6.24 1064	14.99 702	11.87 597	7.47 922
W85	Ruth Frith	NSW	4,561	7.3.98	15.48 987	5.57 1172	13.25 783	9.82 610	6.51 1009

W90	Ruth Frith	Qld	5,558	24.4.00	13.13 1131	5.22 1442	11.81 947	9.33 778	6.00 1260
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AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

WEIGHT PENTATHLON using 2002 WMA AGE FACTORS – WOMEN

AGE	NAME	STATE	POINTS	DATE	HAMMER	SHOTPUT	DISCUS	JAVELIN	WEIGHT
W95	Ruth Frith	Qld	*7,383	16.4.06	12.42(2kg) 1662	4.95(2kg) 1964	9.44(750g) 1139	7.19 869	5.48(4kg) 1749

WEIGHT PENTATHLON - AMA CHAMPIONSHIP RECORDS - WOMEN

W30 – as above, in **Australian records** (Byrony Glass 3,831)

W35	Jane Hardy	ACT	3,736	2002	44.77 954	11.09 642	39.25 662	37.36 617	12.52 861
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W40 – as above, in **Australian records** (Jane Hardy 4,236)

W45	Chris Schultz	Vic	4,662	1996	36.32 1046	13.16 1018	42.16 862	32.12 666	12.40 1070
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W50	M. Parviaiven	NSW	4,345	13.4.98	51.73 1262	9.11 704	34.85 762	22.40 487	16.29 1130
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W55	Helen Searle	NSW	4,366	13.4.98	43.20 1142	11.23 999	28.92 683	23.94 609	12.58 933
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W60, W65 & W70 – as above, in **Australian records** (Helen Searle W60 5,081 & W65 5,387 Heather Doherty W70 4,636)

W75	Gwen Davidson	Vic	4,251	1999	22.48 958	6.33 893	18.83 745	14.82 632	9.77 1023
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Plus with new specifications, above in **Australian records** (Heather Doherty 4,986)

W80	Gwen Davidson	Vic	4,257	2003	20.54 1065	5.86 990	15.36 722	11.66 584	7.29 896
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W85	Ruth Frith	NSW	4,489	13.4.98	14.48 911	5.52 1161	12.84 755	10.62 667	6.43 995
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W90	Ruth Frith	NSW	5,558	24.4.00	13.13 1131	5.22 1442	11.81 947	9.33 778	6.00 1260
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W95 – as above, in **Australian records** (Ruth Frith 7,383)

PENTATHLON w/Discus & 200m, using 2002 WMA AGE FACTORS – MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M30	Warren Evans	Qld	3,275	12.4.03	6.61 723	49.65 583	23.29 758	47.03 809	5:29.50 402
M35	Terry Baldwin	Vic	3,589	1.3.98	6.57 790	52.78 664	22.8 861	33.88 541	4:35.3 733
			4,090 (original scoring)		891	770	1008	573	848
M40	Ray Mooney	Vic	3,311	11/87	5.71 661	45.24 604	25.85 695	31.82 500	4:30.91 851
			3,393 (original scoring)		633	634	733	523	870

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

PENTATHLON w/Discus & 200m, using 2002 WMA AGE FACTORS - MEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	1500M
M45	Lloyd Mitchelson	NSW	3,935	5/85	5.70	49.24	24.6	34.22	4:24.5
					746	745	884	582	978
			4,163 (original scoring)		759	863	936	653	952
M50	Terry Hicks	Vic	3,662	27.2.05	5.75	37.36	25.39	22.25	4:28.30
						864	556	894	315
M55	Don Fraser	ACT	3,775	1.4.94	5.65	34.06	25.65	29.22	5:18.2
					955	557	948	506	809
			4,101 (original scoring)		1060	673	1021	538	809
M60	Rudi Hochreiter	Vic	4,081 WR	3.12.87	4.91	40.54	27.14	39.36	5:21.58
					830	738	898	750	865
			4,470 (original scoring)		949	855	977	822	867
M65	Rudi Hochreiter	Vic	4,019	28.3.92	4.70	35.78	28.42	40.16	6:15
						888	723	868	876
			4,602 (original scoring)		1050	825	1042	935	750
M70	Mike Johnson	Vic	3,945	15.10.91	4.75	28.00	28.1	24.76	6:06.4
						1071	572	961	563
			4,653 (original scoring)		1292	648	1251	517	945
M75	David Carr	WA	3,462	8.3.08	3.22	18.70	30.5	17.02	5:28.1
						580	407	947	417
M80	Fred O'Connor	NSW	3,456	12.4.04	3.58	26.30	36.37	25.27	9:22
						896	651	774	831
M85	Harry Gathercole	Qld	2,632	1.4.94	2.83	14.44	37.81	14.98	DNF
					734	410	934	554	0
			1,927 (original scoring)		539	222	917	249	0
M90	Vic Younger	Vic	2,672	16.3.03	2.53	15.05	58.1	13.11	DNF
						985	646	412	629

PENTATHLON w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - MEN

M30	Terry Baldwin	Vic	2,828	1996	5.86	39.26	23.4	32.28	4:52.1
					556	431	726	509	606
			3,456 (original scoring)		678	526	954	534	764
M35	C. Tompkins	NSW	3,243	4.4.88	6.59	43.70	23.99	33.20	4:52.97
					795	524	773	528	623
			3,719 (original scoring)		897	606	900	556	760
M40	C. Tompkins	NSW	3,148	1993	6.03	42.82	24.42	31.26	5:24.63
					743	564	819	489	533
			3,292 (original scoring)		729	590	862	510	601
M45	John Gordon	NSW	3,601	1993	5.56	44.52	24.80	28.68	4:36.52
					709	658	867	467	900
			3,784 (original scoring)		759	504	917	712	892
M50	Ken Daniels	ACT	3,275	27.3.89	5.18	37.96	25.6	26.64	5:13.7
					697	567	855	399	757
			3,519 (original scoring)		712	699	936	416	756
M55 – as above, in Australian records (Don Fraser 3,775)									
M60	Quentin Anthony	ACT	3,838	20.4.92	5.02	38.78	26.84	36.04	5:58.2
					869	699	922	674	674
			4,221 (original scoring)		999	805	1004	729	684

M65	Mike Johnston	Vic	3,652	1.4.91	4.82	28.06	28.7	29.06	5:54.4
					935	534	828	591	764
			4,142 (original scoring)		1110	577	1017	590	848

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

PENTATHLON now obsolete w/Discus & 200m, using 2002 WMA AGE FACTORS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
M70	Mike Johnston	Vic	3,673	1993	4.46	24.44	29.46	25.24	6:03.78
					947	481	877	577	791
			4,269 (original scoring)		1133	519	1128	533	956
M75	Fred O'Connor	NSW	3,256	2001	3.63	26.68	32.90	26.31	8:32.08
					750	642	805	719	340
			3,139 (original scoring)						
M80	– as above, in Australian records (Fred O'Connor 3,457)								
M85	Harry Gathercole	Vic	2,546	1993	2.66	13.36	37.14	15.10	DNF
					644	369	974	559	0
			1,274 (original scoring)		222	141	707	204	0
W30	Lynette Smith	NSW	3,255	28.3.05	4.95	38.88	27.72	38.99	2:23.65
					546	646	653	635	775
W35	Peta Bird	NSW	2,965	11.3.95	5.01	31.60	25.6	27.96	2:38.2
					614	507	811	439	594
W40	Jan Hynes	Qld	3,443	15.3.87	5.47	24.88	25.8	25.76	2:25.6
					856	424	927	434	802
W45	Jan Hynes	Qld	3,698	2.3.91	5.15	23.38	26.6	26.76	2:26.2
					862	459	997	501	879
W50	Una Lund	Qld	3,719	16.10.91	4.68	32.68	28.0	34.92	3:20.4
					810	756	1012	764	377
W55	Wilma Perkins	Qld	3,532	26.2.05	4.10	23.68	29.74	23.32	3:01.15
					709	602	1017	528	676
W60	Peggy MacIver	WA	3,373	18.3.07	3.74	16.90	30.9	15.01	2:58.6
					686	467	1031	349	840
W65	Joyce Bannister	ACT	3,577	24.2.91	3.73	19.78	33.5	16.92	3:34.4
					825	642	975	467	684
W70	Gwen Davidson	Vic	3,373	7.3.93	3.51	16.78	35.9	16.70	4:34
					883	616	908	539	427
W75	Patricia Carr	WA	2,797	18.3.07	3.02	13.73	41.8	13.86	5:47.5
					795	578	667	516	241
W80	Shirley Brasher	Tas	2,558	24.3.08	2.06	9.52	49.20	10.51	4:56.24
					441	460	542	374	741

PENTATHLON now obsolete w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W30	– as above, in Australian records (Lynette Smith 3,255)								
W35	Eileen Hindle	WA	2,668	20.4.87	5.53	18.50	26.4	21.22	2:39.1
					771	261	742	311	583
			3,014 (original scoring)		859	253	876	259	767
W40	Jan Hynes	Qld	3,259	4.4.88	5.12	22.36	26.10	25.72	2:26.47
					741	372	921	434	791
			3,501 (original scoring)		811	387	968	411	924
W45	Chris Battersby	Vic	3,143	1.4.91	4.39	27.33	29.5	29.34	2:43.4
					601	552	762	560	668
			3,422 (original scoring)		640	579	805	554	844

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

PENTATHLON now obsolete w/Discus & 200m - AMA CHAMPIONSHIP RECORDS - WOMEN

AGE	NAME	STATE	POINTS	DATE	LONG J	JAVELIN	200M	DISCUS	800M
W50	Chris Battersby	Vic	3,307	1.4.94	4.24	28.58	30.27	26.54	2:55.79
					648	602	852	595	610
			3,490e (original scoring)		711	617	858	494	810
W55	Margaret Taylor	ACT	3,025	21.4.03	4.28	17.16	30.75	16.55	3:14.69
					780	411	941	346	547
W60	Pat Carr	WA	2,957	1.4.94	3.75	17.98	33.6	15.84	3:28.53
					691	503	840	373	550
			3,118 (original scoring)		875	419	912	221	691
W65	Lydia Widera	Vic	3,436	1.4.91	3.24	20.72	36.3	23.36	3:33.0
					598	677	776	688	697
			3,527 (original scoring)		632	636	936	587	736
W70	Gwen Davidson	Vic	3,362	1993	3.21	17.76	34.88	16.88	4:31.47
					726	657	990	546	443
			2,798 (original scoring)		848	439	968	295	248

W80 – as above, in **Australian records** (Shirley Brasher 2,558)

PENTATHLON “NEW/OCEANIA” w/Shot Put & 100m – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W30	Lynette Smith	NSW	2,463	'04 Raratonga ?		8.49	4.23	?	2:38.68
						?	431	362	?
*W30	Wilma Perkins	Qld	2,829	1984	12.70	9.42	5.25	*28.71	2:49.4
					787	492	628	452	470
			3,259 (original scoring)		1030	474	777	293	685
W35	Lynette Smith	NSW	2,754	13.4.09	14.05	9.85	4.85	31.37	2:43.63
						596	556	567	503
*W35	Wilma Pekins	Qld	3,039	9.3.86	12.5	9.16	5.47	28.98	2:46.0
					815	508	753	457	506
			3,487 (original scoring)		860	452	843	620	712
W40	Julie Brims	Qld	2,856	2006	13.05	7.45	4.63	21.48	2:41.96
						866	447	587	354
*W40	Jan Hynes	Qld	3,568	9.3.86	12.5	9.55	5.59	21.62	2:27.0
					920	608	899	357	784
			3,695 (original score)		900	526	966	383	920
*W40	Eileen Hindle	WA	2,916?	1992 Norfolk Island - missing detail – can't re-score with 2002 factors					
W45	Lisa Crouch	Qld	3,653	14.3.09	13.62	10.16	4.63	28.81	2:37.55
						897	753	680	587
W50	Christine Bridle	Vic	3,221	15.3.09	14.52	8.55	4.12	23.82	3:00.09
						873	652	606	524
W55	Wilma Perkins	Qld	3,932	'04 Raratonga	14.08	?	4.28	?	3:08.32
						1062	?	780	?
W60	Margaret Taylor	ACT	3,699	13.4.09	14.81	7.18	4.24	16.38	3:20.34
						1056	664	905	450
W65	Lesley Hamilton	Qld	2,897	13.4.09	17.59	6.66	2.60	18.48	3:56.02
						768	693	336	593

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

PENTATHLON “NEW/OCEANIA” w/Shot Put & 100m – WOMEN *Pre-2000 Javelins

AGE	NAME	STATE	POINTS	DATE	100m	SHOT PUT	LONG J	JAVELIN	800M
W75	Shirley Brasher	Tas	2,769	2002	21.28 593	4.48 592	2.36 441	7.62 282	4:04.96 861
W80	Shirley Brasher	Tas	2,593	1.8.08	23.75 481	4.56 738	1.94 376	6.41 281	5:00.03 717

PENTATHLON - NEW AMA CHAMPIONSHIP RECORDS - w/Shot Put & 100m

W30	Anne Venema	Qld	1,940	13.4.09	14.67 503	7.48 366	3.71 244	20.75 303	2:44.32 524
W35 – as above, in Australian records (Lynette Smith 2,754)									
W40	B. Koribalski	NSW	2,073	13.4.09	15.06 546	7.57 456	3.98 398	21.14 347	3:09.65 326
W45	Debbie Lance	Tas	3,015	13.4.09	13.37 941	6.15 406	4.11 511	21.29 410	2:36.70 747
W50	Donna Emerson	Qld	2,229	13.4.09	16.09 642	8.62 658	3.37 362	19.93 424	3:54.41 143
W55	Adelle Lucas	Tas	2,819	13.4.09	15.64 819	6.60 531	3.72 565	11.43 245	3:02.76 659

W60 & W65 – as above, in **Australian records** (W60 Margaret Taylor 3,699 & W65 Lesley Hamilton 2,897)

DECATHLON using 2002 WMA AGE FACTORS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Matt McEwan	Qld	7,705	15.2.03	11.23 810	7.20 862	15.08 795	1.97 785	49.78 825
				16.2.03	15.22 796	42.91 724	4.80 849	56.64 687	4:57.93 572
M35	John Gan	Qld	5,334	18.2.06	12.54 573	5.83 613	10.47 514	1.54 480	56.41 610
				19.2.06	18.45 482	31.25 489	2.70 309	55.85 712	5:05.22 552
M40	Troy McLaren	Qld	5,242	18.2.06	12.35 693	5.77 677	8.31 398	1.60 593	56.55 687
				19.2.06	19.81 437	28.97 444	2.50 300	37.33 473	5:23.24 540
M45	John Gordon	NSW	6,528	10/93	12.40 765	5.56 709	8.90 480	1.63 705	58.22 701
					17.84 693	32.50 546	2.70 401	44.32 654	4:40.55 873
M50	Terry Hicks	Vic	6,319	20.11.04	13.11 711	5.57 809	8.06 440	1.50 653	56.33 856
				21.11.04	19.45 436	28.47 434	2.40 364	37.45 557	4:24.34 1059
M55	Terry Hicks	Vic	6,399	19.12.09	13.78 671	5.16 795	8.29 519	1.45 687	57.98 866
				20.12.09	22.01 349	24.51 404	2.30 389	33.90 554	4:54.79 1165

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

DECATHLON using 2002 WMA AGE FACTORS (M80 3kg Shot from 11/2004)

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M60	Rudi Hochreiter	Vic	7,204	27.7.89	13.18 854	4.82 799	11.53 768	1.41 740	63.21 741
				28.7.89	19.62 553	41.46 799	2.30 454	42.12 773	5:48.33 722
M65	Don Fraser	ACT	7,129	19.2.05	13.56 858	4.80 927	9.07 689	1.35 776	67.67 657
				20.2.05	19.62 695	33.68 708	2.20 496	37.14 757	6:36.60 566
M70	Don Fraser	ACT	6,762	28.2.09	14.87 707	4.39 918	8.53 552	1.19 670	70.65 737
				1.3.09	15.63 785	29.82 708	2.00 496	32.07 678	7:06.95 511
M75	Fred O'Connor	NSW	7,317	29.7.99	14.91 850	3.99 908	9.15 714	1.21 822	78.34 723
				30.7.99	15.86 853	29.65 830	1.90 551	25.88 618	7:58.9 448
M80	Fred O'Connor	NSW	6,082	18.2.06	17.35 657	3.16 691	8.36 783	1.09 776	1:42.07 345
				19.2.06	19.30 665	22.40 718	1.70 560	26.29 651	9:48.57 236
M85	Vic Younger	Qld	5,512	1999	19.13 633	3.17 925	6.55 747	1.10 953	2:47.21 0
					27.34 336	17.82 686	1.70 716	17.22 516	DNF 0
M90	Vic Younger	Vic	4,199 WR	22.2.03	31.69 0	2.25 776	5.86 884	0.92 831	DNF 0
				23.2.03	49.76 0	13.72 665	1.15 490	13.30 553	DNF 0

DECATHLON - AMA CHAMPIONSHIP RECORDS

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M30	Warren Evans	Qld	6,352	22.2.03	11.64 723	6.39 673	12.20 619	1.73 577	53.70 652
				23.2.03	16.15 689	44.02 747	4.65 804	53.38 639	6:08.95 229
M35	Jason Burt	Qld	4,953	28.2.09	12.27 624	5.70 584	10.02 487	1.56 496	54.28 442
				1.3.09	20.38 320	27.95 424	3.00 384	41.92 496	5:25.75 442
M40	Andrew Wheeler	Qld	4,215	2002	14.70 220	4.69 324	8.58 401	1.45 352	67.32 318
					21.87 280	29.40 453	3.10 462	41.13 536	5:19.84 558
M45	Matthew Muell	ACT	5,461	2008	12.79 691	5.18 608	8.63 462	1.77 850	60.42 618
					18.62 616	24.37 378	2.60 371	27.39 351	5:43.90 516
M50	Bruce Bodsworth	Qld	5,030	21.2.04	13.33 673	4.62 542	7.18 380	1.39 544	60.73 684

20.46	27.65	2.20	34.46	5:37.24
354	418	305	501	629

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

DECATHLON (M80 3kg Shot from 11/2004) - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	POINTS	DATE	100M HURDLES	LONG J DISCUS	SHOTPUT POLE V	HIGH J JAVELIN	400M 1500M
M55	Nelson Viney	Qld	5,434	22.2.03	13.40	4.79	7.43	1.25	66.80
					738	679	453	472	546
				23.2.03	21.85	22.58	3.25	29.55	5:54.07
					361	363	737	464	621
M60	Greg Mamalis	NSW	6,133	22.2.03	13.95	4.89	10.00	1.34	70.36
					717	823	649	653	504
				23.3.03	18.67	30.38	2.65	27.19	6:21.87
					641	546	592	446	562
M65 & M70 – as above, in Australian records (Don Fraser M65 7,129 & M70 6,762)									
M75	Frank Pieters	Qld	4,101	21.2.04	17.25	2.69	8.05	1.03	1:49.52
					502	378	612	560	86
				22.2.04	30.75	27.48	1.90	27.07	DNF
					0	758	551	654	0
M80	Rad Leovic	ACT	4,006	28.2.09	19.40	2.88	7.26	0.98	1:43.54
					405	565	560	602	317
				1.3.09	25.46	12.70	NH	17.66	7:49.17
					213	351	0	390	603

M90 – as above, in **Australian records** (Vic Younger 4,199)

HEPTATHLON using 2002 WMA AGE FACTORS

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Lynette Smith	NSW	3,886	15/16.1.05	19.08	1.58	9.21	28.46	4.55	35.22	2:29.39
					383	712	478	595	441	576	701
W35	Marie Kay	NSW	4,806	29/30.8.99	15.76	1.59	10.39	26.47	5.25	34.82	2:35.73
					784	795	593	757	686	568	623
W40	Marie Kay	NSW	5,698	4/5.7.01	12.61	1.64	10.14	26.68	5.55	33.11	2:32.82
					1007	978	653	871	883	595	711
W45	Marie Kay	NSW	6,185 WR	8.09	12.32	1.60	10.79	26.96	5.05	32.30	2:41.70
					1155	1054	808	986	825	670	687
W50	Wilma Perkins	Qld	5,119	2/3.7.2003	14.64	1.26	9.60	28.47	4.27	27.49	2:55.07
					790	689	749	993	620	620	618
W55	Wilma Perkins	Qld	5,471	19/20.2.05	15.15	1.23	9.15	30.30	4.40	24.13	3:03.31
					838	771	787	975	831	615	654
W60	Marj Allison	Qld	5,546	28/29.7.08	15.10	1.24	6.93	31.90	3.66	18.48	2:53.86
					929	941	636	975	654	519	892
W65	Gwen Davidson	Vic	4,722	27/28.7.89	20.09	1.20	6.95	33.12	3.10	14.70	4:12.65
					572	1041	729	1001	538	453	388

HEPTATHLON - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	PTS	DATE	HURDLES	HIGHJ	SHOT	200M	LONGJ	JAV	800M
W30	Leanne McMurdy	Qld	3,192	22/23.2.03	19.08	1.42	8.10	28.00	4.69	21.97	2:52.82
					383	534	406	631	477	326	435
W35	Jennifer Baldwin	Vic	3,822	9/10.2.02	18.35	1.41	9.01	28.23	4.78	29.06	2:34.63
					492	577	497	613	548	459	636

AUSTRALIAN MASTERS ATHLETICS – CLUB RECORDS as at 22 December 2009

HEPTATHLON - *AMA CHAMPIONSHIP RECORDS*

AGE	NAME	STATE	POINTS	DATE	HURDLES	HIGHJ	SHOTP	LONGJ	800m		
W40	Deann Mayfield	Qld	3,984	22/23.2.03	16.08 532	1.66 1003	6.91 405	28.97 684	3.89 374	18.35 290	2:34.00 696
W45	Christine Bridle	Vic	3,990	22/23.2.03	16.21 616	1.30 632	7.53 524	29.80 757	3.95 461	20.38 389	2:48.46 611
W50	Wilma Perkins	Qld	4,624	22/23.2.03	15.77 645	1.24 666	9.45 735	29.91 880	4.34 686	22.71 495	3:05.02 517

W55 – as above, in **Australian records** (Wilma Perkins 5,471)

INDOORS PENTATHLON using 2002 WMA AGE FACTORS

W40	Marie Kay	NSW	3,311	16/3/04	9.71 854	1.45 724	8.80 550	5.13 744	2:57.32 439
W45	Marie Kay	NSW	4,403	18/3/06	9.43 1066	1.51 928	10.02 740	5.41 959	2:39.79 710